

What is the NAMI Peer-to-Peer Education Program?

NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery.

Taught by trained leaders with lived experience, this program includes activities, discussions, and informative videos. However, as with all NAMI programs, it does not include recommendations for treatment approaches.

The National Alliance on Mental Illness (NAMI) of Lake County is offering this program beginning **Friday, May 15, 6-8pm.**

Peer-to-Peer is offered as an in-person session.

In-person at NLCO, 1 Victoria Sq, Suite 100, Painesville, OH 44077

Registration is required



Participant Perspectives

“NAMI Peer-to-Peer is uplifting, life-saving and an eye-opening experience that changed how I see myself.”

“The biggest thing I gained from this class was to become my own advocate and best friend.”

“Seeing my peers’ strength and dedication to their recovery was personally meaningful.”



To register, contact:

Joanna Mannon, CDCA
NAMI Lake County, OH
(440) 639-1200

joanna@namilake.org

Or scan with your smart phone



About NAMI Lake County, OH

NAMI Lake County, OH is a member of the most extensive National network for support, education and advocacy for individuals affected by mental health conditions. As a local affiliate, we deliver critical programs and services that make a difference in the lives of Lake County residents. Grounded in the belief that we are stronger together, NAMI Lake County, OH focuses on bringing relief to individuals and families affected by mental health conditions and leads the local conversation on mental health.