

# HOW WE HELP

WE ARE HERE TO UPLIFT AND EMPOWER. THAT'S WHY WE PROVIDE FOOD FOR TODAY AND FOOD FOR TOMORROW. SEE HOW OUR PROGRAMMING NOT ONLY HELPS MEET FOOD NEEDS FOR TODAY, BUT ALSO HELPS PAVE A PATH TO SELF-SUFFICIENCY.

# CONTACT US

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# OUR PROGRAMS

## FOOD FOR TODAY

- COMMUNITY FOOD PANTRIES
- FOOD BANK HEALTHY PANTRY CENTERS
- MOBILE PANTRIES
- HOME DELIVERY
- WEEKEND AND HOLIDAY FOOD FOR KIDS
- FOOD FOR SENIORS

## FOOD FOR TOMORROW

- BENEFITS OUTREACH ( SNAP, PURCHASE OF CARE, MEDICAID, TANF + MORE )
- CULINARY TRAINING
- WAREHOUSING/LOGISTICS TRAINING
- NUTRITION EDUCATION
- FINANCIAL COACHING THROUGH STAND BY ME