

# Beyond the Screen

Staying Safe, Confident,  
and Balanced Online

For youth ages 10–16

**Thurs, May 7**

**4:00–5:30 PM**

at the Family  
Opportunity Center

*\*refreshments will  
be provided*

## This event will

- Explore who you are beyond likes and follows
- Help build habits and self-esteem so you can unplug and enjoy real-life moments
- Provide tools to keep you safe online through the “THINK” method

**T**  
TRUE

**H**  
HELPFUL

**I**  
INSPIRING

**N**  
NECESSARY

**K**  
KIND

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**Family Opportunity Center**

6423 State Route 55  
Wingdale, NY



**Register here**