2026 MJHS Track and Field Practice & Meet Schedule

Practices: 3:00pm-4:15 (rides should be there no later 10 minutes after practice)

Meets: Begin at 4:30pm (can be delayed slightly) (we can not predict end times for our meets)

*All participants are bused to our meets. Parents, you may sign your child out from the meet when done. If they do not get signed out, but leave, they will **NOT** be allowed to participate in the next meet.

MARCH 2026						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
15	**16** **Practice**	**17** **NO School**	**18** **Practice &** **Road Runner** **Team Night** **(5-7pm)**	**19**	**20**	21
22	**23** **Practice**	**24**	**25** **Practice**	**26**	**27**	28

APRIL 2026						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
5	**6** **Practice**	**7** **Practice**	**8** **Practice**	**9** **Practice**	**10** **Meet @ NCHS**	11
12	**13** **Practice**	**14** **Practice**	**15** **Practice**	**16** **Meet @ Metea Valley HS**	**17** **No Practice**	18
19	**20** **Practice**	**21** **No Practice**	**22** **Practice**	**23** **Practice**	**24** **Practice**	25
26	**27** **Meet @ NCHS**	**28** **Practice**	**29** **Practice**	**30** **Practice**	1	2

MAY 2026						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
26	27	28	29	30	**1** **½ Day, No Practice**	2
3	**4** **Practice**	**5** **Practice**	**6** **Meet @ NNHS**	**7** **Practice**	**8** **Meet @ Neuqua Valley**	9
10	**11** **Practice**	**12** **Practice**	**13** **No Practice**	**14** **Practice**	**15** **Practice**	16
17	**18** **Conference Meet @ NNHS**	**19** **Conference Meet @ NNHS**	**20** **Practice (until 4pm)**	**21**	**22**	23

Meet Locations	Address
NCHS-Naperville Central High School	440 Aurora Ave, Naperville, IL
NNHS-Naperville North High School	899 N Mill Street, Naperville, IL
MVHS-Metea Valley High School	1801 N Eola Rd, Aurora, IL 60502
NVHS-Neuqua Valley High School	2360 95th St., Naperville, IL