# Summer 2026 Menus















FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

# BREAKFAST

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **Menu Day** | **The Breakfast wrap** | **Sweet tooth** | **The full Monty** | **Eggs your way** | **Bagel bar** | **The continental** | **Lazy day Brunch** |
| **Hot items** | Bacon, sausage, grilled tomato, scrambled eggs Crispy potatoes | Belgian waffles, American pancakes cinnamon rolls Streaky bacon Boiled eggs | Bacon sausage eggs grilled tomato hash brown mushroom baked beans | Poached, fried scrambled boiled of frittata Baked beans | Sausage patty Fried eggs Streaky bacon Halloumi | Crispy fresh pastries Boiled eggs | Eggs Bennedict and Florentine Bubble and squeak Huevos Rancheros Sausage Plum tomatoes Hash brown bites |
| **Cold items** | Soft tortilla wrap, sliced cheese | Berry compote Toffee sauce | Bread and butter | Sliced ham chorizo | Sliced cheese Pastrami Smashed avocado | Sliced meats and cheese Jam doughnut | Selection of pastries and breads |
| **Daily breakfast items** | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt | Selection of cereals, breads creamy porridge jams and spreads Sliced fruit and yoghurt |
| **Hydration** | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water | Apple and Orange juice fresh milk and chilled water |

# LUNCH Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **SOUP** | All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose. | | | | | | |
| **MAIN MEALS** | Aromatic Beef keema masala | Baked pork loin escallops in a rich Stroganoff sauce | Roast crown of turkey with sage and onion stuffing and cranberry gravy | Basque style chicken with chorizo and roasted peppers | Crispy chicken tenders with a southern gravy | Gammon wedge and parsley sauce | Sunday Brunch |
| **TO NOURISH, NURTURE AND SUSTAIN** | Braised sag aloo gobi | Baked sweet potato escallops in a rich Stroganoff sauce | Roast vegetable and fetta en croute | Mozzarella and Padron pepper empanada | Spanish potato and onion tortilla | Chestnut mushroom and tarragon pie | |
| **SIDES** | Chana rice<br>Roast peshwari cauliflower<br>Poppadum bites | Field mushroom and leek gratin<br>Steamed cauliflower<br>Parmentier potatoes | Buttered baby potatoes<br>Roast carrots<br>Grean beans | Patatas bravas<br>Courgettes and peppers | Crispy shoestring chips<br>Creamed corn<br>Baked beans | Creamed potatoes<br>Garden peas<br>Buttered cabbage | |
| **DESSERT** | Red velvet slice | Tiramisu | Chocolate marble cake | Crema Catalana | Apple pie | Lemon meringue pudding and custard | |
| **EVERY DAY** | We offer daily a selection of salads, fresh fruit, pasta and jacket bars | | | | | | |

# LUNCH Week 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **SOUP** | All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose. | | | | | | |
| **MAIN MEALS** | Slow braised pork, chorizo and plum tomato ragu | Goan style braised lamb with crispy onions | Roast Loin of Pork with sage and apple stuffing roasting gravy | Beef chipotle chilli burrito bowl with black beans and pickled red onions | Traditional battered fish fillet with tartare sauce and lemon | Kiev Style chicken with garlic and herb butter | Sunday brunch |
| **TO NOURISH, NURTURE AND SUSTAIN** | Sun blushed tomato and pesto ragu | Vegetable and potato samosa with lime pickle | Blue cheese and pear gnocchi bake with a panko crust | 5 bean chipotle chilli bowl | Battered potato escallop with caper mayo | Quorn fillet Kiev style with garlic and herb butter | |
| **SIDES** | Rigatoni<br>Steamed courgettes<br>Sweetcorn | Turmeric and cardamon rice<br>Spinach and green beans<br>Bombay parsnips | Gratin potatoes<br>Roast carrots<br>Red cabbage | Steamed rice<br>Tortilla chips<br>Baked corn and peas | Chipped potatoes<br>Mushy peas<br>Baked beans | Lyonnaise potatoes<br>Broccoli and peas | |
| **DESSERT** | Victoria sponge cake | Mango and coconut rice pudding | Toffee cheesecake | Lemon curd roulade with crème fresh | Chocolate fudge sponge cake | Milk | |
| **EVERY DAY** | We offer daily a selection of fresh salads,<br>fresh fruit, pasta and jacket bars | | | | | | |

# LUNCH Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **SOUP** | All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose. | | | | | | |
| **MAIN MEALS** | Chicken and pineapple Dansak, lentils and coriander | Traditional shepherds pie with a rich gravy | Roast chicken breast with red onion and thyme gravy | Pesto and parmesan turkey escallops in a creamed sauce<br>Mozzarella and basil arancini | Loaded pizza subs with peperoni and mozzarella | Baked Pollock fillet with Welsh rarebit glaze | Sunday brunch |
| **TO NOURISH, NURTURE AND SUSTAIN** | Bombay spiced tofu with mango glaze | Fetta and olive potato cakes with tomato and onion salsa | Tomato and onion tart herb crust | | Loaded meat free pizza sub with vegan bacon and mozzarella | Grilled Field mushrooms with Welsh rarebit glaze | |
| **SIDES** | Bombay potatoes<br>Bang bang cauliflower<br>Steamed broccoli | Creamed potatoes<br>Carrots and peas | Roast potatoes<br>Buttered cabbage and kale<br>Green beans | Lemon and sage roast potatoes<br>Roast squash and cauliflower<br>Broad beans | French fries<br>Corn on the cob<br>BBQ beans | Buttered new season potatoes<br>French peas and broad beans | |
| **DESSERT** | Date and oat cake | Raspberry blondie | Pineapple crumble with custard | Lemon shortcake | Ice cream pots | Treacle tart | |
| **EVERY DAY** | We offer daily a selection of salads, fresh fruit, pasta and jacket bars | | | | | | |

# SUPPER

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **Speciality Night** | **Pizza Truck** | **Taste of the Orient** | **Hen Den** | **Italian Job** | **Curry House** | **Panini press** | **Burger bar** |
| **Main course** | Hand stretched dough with all the toppings | Wok fresh, sweet tangy and tasty succulent dishes from the takeaway menu | Butter milk marinated crispy chicken with soft wraps or subs | Traditional baked or poached dishes from the trattoria, smothered in sauce and good for your soul | Slow cooked rich and aromatic tastes of the subcontinent<br>Spiced just right | Have it your way, choose your protein, add your fillings choose your salad sauce it up | Succulent meat patties with gooey cheese, soft buns relish and pickles |
| **Meat free** | Packed with protein meat free and tasty | From tofu to sushi<br>Meat free favourites you will love | Spicey bean and lentil patties with soft wraps or subs | Protein packed meat free speciality dishes from the heart of Italy | No meat no problem tasty alternatives with lots of flavour | Vegan cheeses and meats customised by you | Free from meat burgers with gooey cheese , soft bus and pickles |
| **On the Side** | Sweet potato fries<br>Chopped salad<br>Sweet corn | Noodles, rice and oriental vegetables | Jacket potato wedges<br>Cajun slaw<br>Corn on the cob | Home made focaccia<br>Roasted Mediterranean vegetables | Fluffy rice<br>Naan breads and poppadums'<br>Tomato and cucumber salad | Crisp hash brown bites<br>Chopped salad and slaw | Shoestring fries<br>Courgettes and aubergine |
| **Sweet treat** | Chefs desert special | Chefs desert special | Chefs desert special | Chefs desert special | Chefs desert special | Chefs desert special | Chefs desert special |

**SELECTION OF FRESHLY CUT & WHOLE FRUITS**