NUTRITION

The board recognizes that a healthy school environment prepares students for college, careers, and successful futures. Students who eat well-balanced meals are more likely to learn in the classroom. The board supports the district's increased emphasis on nutrition at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to provide students with access to nutritious food as stated in this policy and the accompanying procedure.

Nutrition and Food Services Program

The board supports the philosophy of the National School Lunch and School Breakfast Programs and will provide wholesome and nutritious meals for children in the district's schools. The board authorizes the superintendent or designee to administer the food services program, provided that any decision to enter into a contract with a food service management company will require the approval of the board. Expenditures for food supplies shall not exceed the estimated revenues.

The superintendent or designee is responsible for:

- Annually distributing meal applications and determining eligibility for school meals;
- Protecting the identity of students eligible for free and reduced-price meals;
- Ensuring meals meet USDA meal pattern requirements;
- Ensuring meal periods are in compliance with USDA regulations;
- Establishing a Food Safety Plan;
- Determining meal prices and submitting them to the board for approval annually;
- Maintaining a nonprofit school food service account;
- Ensuring all revenues are used solely for the school meal program;
- Establishing a meal charge policy if not serving meals at no cost to students;
- Accommodating children with special dietary needs;
- Ensuring compliance with USDA nondiscrimination policies;
- Following proper procurement procedures; and
- Ensuring compliance with the Smart Snacks in School nutrition standards.

Federal Programs

Participation in various federal programs related to nutrition, including the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA Smart Snacks in School nutrition standards, require a wellness policy. The district will address and follow its comprehensive wellness policy in accordance with Policy 6702 Wellness.

Legal References:

- RCW 28A.210.365 Food choice, physical activity, childhood fitness - Minimum standards - District waiver or exemption policy.

- RCW 28A.235.120Meal Programs - Establishment and Operation - Personnel - Agreements
- RCW 28A.235.130Milk for children at school expense
- RCW 28A.235.140 School breakfast programs
- RCW 28A. 235.145 School breakfast and lunch programs - Use of state funds
- RCW 28A. 235.150 School breakfast and lunch programs - Grants to increase participation - Increased state support
- RCW 28A.235.160 Requirements to implement school breakfast, lunch and summer food service programs - Exemptions
- RCW 28A.235.170 Washington grown fresh fruit and vegetable grant program
- RCW 28A.623.020Nonprofit program for elderly - Authorized - Restrictions
- RCW 69.04Intrastate Commerce in Food, Drugs and Cosmetics
- RCW 69.06.010Food and beverage service workers permit - Filing, duration - Minimum training requirements
- RCW 69.06.020Permit exclusive and valid throughout state - Fee
- RCW 69.06.030Diseased persons - May not work - Employer may not hire
- RCW 69.06.050 Permit to be secured within fourteen days from time of employment.
- RCW 69.06.070 Limited duty permit
- WAC 392-157-125 Time for meals
- 2 CFR Part 200 - Procurement
- 7 CFR, Parts 210 and 220
- 7 CFR, Part 245.5

Management Resources:

- 2024 - March Issue
- 2023 - July Issue
- 2022 - June June
- 2018 - May Policy Issue
- 2017 - July Issue
- 2017 - April Issue
- 2015 - June Issue
- 2014 - February Issue
- Recommendations for Waivers in High School Physical Education/Fitness Education, OSPI (September 2013)
- Wellness Policy Best Practices, OSPI (January 2013)
- Policy News, February 2005 Nutrition and Physical Fitness Policy
- Policy News, December 2004 Nutrition and Physical Fitness Update
- Alliance for a Healthier Generation Wellness Policies
- Comprehensive School Physical Activity Program
- OSPI Child Nutrition School Wellness Policy Best Practices for Policy Development, Implementation and Evaluation

Cross References:

- 3210 - Nondiscrimination

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