

School Health Advisory Council Meeting Minutes  
April 2, 2026

## Members in Attendance

### Facilitator:

- Chris Hecker

### Community Members:

- Essence Castro (Co-Chair)
- Susan Brenz
- Cindy Carver
- Wendy Cowen
- Felicia Hayes
- Patty James
- Jill McCaskill
- Dr. Uzo Odili
- Bryan Robertson
- Elysia Ross

### Guests:

- Ron Patton
- Christian Rodriguez
- Stephanie Villanueva

### District Committee Members:

- Deborah Bartholomew
- Darin Crawford
- Emmy Durand
- Sarah Hoglund
- Melinda Hood
- Suzy Hunter
- Scott Hudson
- Irene Ruiz
- Elaine Waier
- Celia Weaver
- Angela Williams-Thomas

## Call to Order

- Essence Castro called the meeting to order at 9:37AM.
- Motion to call the meeting to order: Dr. Odili
- Second: Patty James

## Review and Approval of Minutes

- Led by Essence Castro

\*\* Note: A motion to approve and second was made before a quorum was established. Since it was determined later in the meeting that there was no quorum present, the February 2026 minutes will need to be added to agenda to be voted on at the next scheduled SHAC meeting.

This was the last SHAC meeting for 2025-2026 school year.

## Nutrition Services - Suzy Hunter

The director of Nutrition Services shared various programs that CFISD is involved with. Their mission statement is to serve food in love and care. They have exceeded their original goal of serving breakfast to students reaching approx. 34,000 students and looking to a new goal to reach 40% of the student population. The Grab and Go option has been successful as well as a new initiative for HS students called Cold Brew. The Nutrition Services also plays a key role in educating students as well as participating in and supporting other CFISD departments and community engagement events.

## CFISD Athletics Program - Ron Patton

The Associate director of Athletics shared their mission is to serve the students, community and to support their staff. Currently they serve 11,000 HS students and 7,600 MS students with over 500 coaches/teachers. Academics is top priority with 51% of students on A/B Honor Roll. He also shared updates on various CFISD team sports such as basketball, golf, tennis, etc.

## Review of Bylaws

The Bylaws subcommittee provided a final draft to each member present of the proposed changes to the CFISD SHAC Bylaws. Several proposed changes were submitted by the committee and voting members throughout this process. Since there was no quorum present, no voting occurred. This agenda item will be addressed at the next SHAC meeting for the 2026-2027 school year.



### **Physical Activity & Fitness Planning Subcommittee Update - Elaine Waier**

The Physical Activity & Fitness Planning subcommittee had its first successful Family Fitness week leading up to the annual Fun Run.

### **Wellness Subcommittee Update - Emmy Durand**

Emmy Durand shared that the Wellness Plan subcommittee completed its goals and is looking forward to input in the next school year.

### **Adjournment**

Meeting called for adjournment at 10:28 AM.

- Motion: Patty James
- Second: Jill McCaskill
- All in favor