



SCHOOL WELLNESS ADVISORY COUNCIL

Meeting Agenda

September 17, 2019, 3:00 p.m., Wilmington High School Library

Goal 1: Engage School Wellness Champions
Goal 2: Engage Staff & Parents/Guardians in School Wellness Activities
Goal 3: Evaluate School Wellness Policy

Attendees: SWAC members
Facilitator: Doreen Crowe, Laura Stinson, Mary Palen
Note taker: Doreen Crowe
Time keeper: TBD

Meeting objectives:

- To continue creating school wellness surveys for students, parents/guardians & staff
- To create school wellness newsletter/calendar
- To share school wellness activities happening at each school or department

To prepare for this meeting, please:

- Come prepared to share wellness activities happening at your school or department
- Arrive on time, relaxed, rejuvenated & smiling 😊

Schedule [60 minutes]

Time	Minutes	Activity
3:00 – 3:10	10	Welcome, Introductions & Opening Activity – Doreen
3:10 – 3:20	10	Review Action Items & Plus/Delta from 5/22/19 meeting - Doreen
3:20 - 3:45	25	WPS School Wellness Newsletter - Laura
3:45 – 3:55	10	Share School Wellness Activities – Mary & <ul style="list-style-type: none"> • All School Wellness Champions
3:55-4:00	5	Plus/Delta: Assess what worked well about this meeting and what we would like to change for next time
		<u>Future Meeting Dates:</u> TUESDAYS <i>November 19, 2019, January 21, 2019, March 24, 2020, May 19, 2020</i>

It is the mission of the Wilmington Public School Wellness Advisory Council to educate, promote and support health and wellness to enhance life-long healthy behaviors.