

**Meeting Minutes**

Committee: School Wellness Advisory Council

Date: 10/07/25

Attendees: R Brown, J Buckland, E Dunham, N Golden, A Hall, R Lord, C Minihane, S Newhouse, J Sullivan, S Turner

<b>Topic / Item</b>	<b>Discussion</b>	<b>Outcome</b>	<b>Action Plan</b>
New Members	(1) New members were welcomed including student rep Allison Hall	Discussion that parent representation is very important, timing of the meetings may be the obstacle.	R Brown will reach out to principals to ask if they could include a message to families, optimal would be a parent from elem, MS and HS.
Product Dispensers	(1) Product dispensers for tampons and pads are now installed at the MS/HS, both schools have 4 dispensers (one in a gender-neutral bathroom). Reports of the dispensers “jamming” at the MS, it is designed with a delay feature.	Will continue to monitor for issues.	
Postponed YRBS from Spring 2025	(1) Stephen Turner presented information from the SC members, after much discussion in regard to question selections, the proposed sexual intercourse definition, importance of inclusivity of all students, focused attention on the opt out process, recommendations	Recommendations:  MS: grades 6-8 will complete the survey with the sexual behavior questions removed HS: grades 9-12 will complete the survey with proposed questions but the definition of sexual intercourse will revert to Spring 2023. These recommendations are only for the upcoming surveys this	School Committee will share the plan at an upcoming meeting.  Messaging to parents/guardians will be more informative with a slide presentation by Allison Hall available and the links to the actual questions will be more readily accessible.

<p>Triennial Review of School Policy ADF</p>	<p>will be forwarded to Jesse Fennelly</p> <p>(1) SC Policy ADF was last on Sept 8, 2021, requires every three review.</p>	<p>Fall. Recommendations were based on the evolving implementation of the DESE Comprehensive Health and PE curriculum. Members felt by Spring 2027, the curriculum would be fully in place and with confidence the district could say that the students had been taught the material reflected in the questions, especially at the MS grades. Members felt inclusivity of all students, including LGBTQ+ students was important and should be a focus for next survey around definitions.</p> <p>DESE has provided an online MA Local Wellness Policy Tool that consists of 2 parts: the strength checklist (designed to assist wellness committees in assessing and revising their local policy so that it is compliant with state and federal requirements) and the implementation (designed to assist wellness committees in assessing the level of compliance in implementing the local policy and to identify areas of strength and opportunities for growth). R Brown has registered the district so members can go into the tool.</p>	<p>The “opt out” process will include documentation of both parent and student requests. And messaging will include that students can skip any questions or stop the survey at any point if desired.</p> <p>Principals will hopefully select dates for the survey prior to the holiday break in December.</p> <p>The current SC policy will be sent out to members so everyone can begin to make recommendations for potential changes. Will be an agenda item for next meeting on November 4.</p>
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Wilmington Board of Health

Shelly Newhouse:  
Flu clinic at WMS for students  
and staff: October 21, 2025, 3:00  
to 5:00 PM, walk ins, ages 9 and  
up, regular and high dose available

Recorded By: R Brown