

Meeting Minutes

Committee: School Wellness Advisory Council

Date: 11/04/25

Attendees: M Palen, C Minihane, R Brown, R Lord, N Golden, E Dunham, J Sullivan, A Hall, D Gauthier

Topic / Item	Discussion	Outcome	Action Plan
Administration of YRBS for MS/HS (Erin Dunham/Becky Brown)	Erin Dunham: School Committee will be announcing the proposed recommendations at the meeting on 11/5/25. Erin has met with Brian Caira and Ryan Gendron to discuss the use of a google form for parent opt outs. Need to decide location for students who are opted out (move to an alternate location or stay in the same room). Erin has spoken to JSI regarding our changes in the MS questions and definition change for the HS.	Will move forward with administration, hopefully in December prior to the break.	
Review of Guidelines for Pre K Students for Lunch (Mary Palen)	Required components include: **milk, 6 ounces, low fat or fat free, unflavored, **1/4 cup fruit (100% juice),**1/4 cup vegetable (100% veg juice), **whole	Long discussion with committee members about the impact of serving lunches at the Pre K levels (only 2.5 hours per day for curriculum), significant waste of food, and large proportion of students not liking protein	Starting in December, students in afternoon Pre K at the Boutwell will be served lunches such as cold sandwiches, the menu will be posted.

<p>Assessment of Current School Committee policy and Revisions Needed Based on the DESE Assessment Tools (Mary Palen/Danielle Gauthier)</p>	<p>grain, ½ ounce, **protein foods, 1/5 ounce. In addition, there are restrictions in place for choking hazards for children under 4.</p> <p>Every three years the SC policy needs to be reviewed. Danielle presented the results of the MA Local Wellness Policy Strength Checklist:</p> <p>Each section with questions answered as either yes, no or partially and responsible individual:</p> <p>**Implementation and Communication: Becky</p> <p>**School Meal Programming: Danielle Gauthier</p> <p>**Competitive Food and Beverage Standards: Danielle Gauthier</p> <p>**Nutrition and Food System Education: Danielle Gauthier</p> <p>**Physical Activity and Education: Jordan Buckland</p> <p>**Staff Wellness: Erin Dunham</p> <p>**Social-Emotional Climate and Caregiver Engagement:</p>	<p>options such as hummus and cheese sticks.</p>	<p>Becky will send out a copy of the current SC policy to the 4 main members and revisions will be made to the document. Will bring it back to the next meeting on January 20th. Revisions will be made so the SC sub committee will be able to see them.</p>
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<p>Board of Health</p> <p>Social Emotional Initiatives (Erin Dunham)</p>	<p>Erin Dunham</p> <p>No update with S Newhouse absent</p> <p>Panorama survey window for Fall 2025 was 10/14/25 to 10/31/25. Grades Pre K to 3: survey is completed by teachers and Grades 4-12: completed by students.</p> <p>Community Family Subcommittee: survey was distributed and results being collated</p>	<p>The data from the surveys is used to monitor and improve district, school wide, classroom and individual student success. There have been opportunities to review and share this data in various ways such as:</p> <ul style="list-style-type: none"> • <i>school committee meetings</i> • <i>staff/department meetings</i> • <i>school based team meetings (ie: SST, data, grade level, placement)</i> • <i>on an individual basis (ie: individual student/parent conference)</i> 	
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