



SCHOOL WELLNESS NEWSLETTER



April 2026

INFORMATION FROM WYOMING CITY SCHOOLS' HEALTH SERVICES

MEDICATION POLICY



As we begin to think about the upcoming school year, we encourage families to plan ahead if your child will need medication at school.

For students needing to carry emergency medications (e.g., Epi-Pen or asthma inhaler), please be sure to complete the Self-Carry section of the prescription form.

A **Medication Authorization Form** must be on file to receive meds at school. For over-the-counter (OTC) meds, the form must be completed and signed by a parent/guardian. Prescription meds, as well as any not listed on the OTC form, require signatures from both the parent/guardian and the prescribing provider. All forms are valid for one school year and must be renewed annually.

If your child has a life-threatening food allergy, the school must also have a **healthcare provider's statement** on file confirming the diagnosis. This form must be submitted each year.

To ensure everything is in place for the start of the school, we recommend completing these forms over the summer. Forms can be faxed or emailed to the school, or uploaded to **Final Forms**.

IMMUNIZATION REMINDER

Students entering 7th and 12th grade are required to have the immunizations listed below before the first day of school.

Students entering 7th grade need:

- 1 dose of Tdap (tetanus, diphtheria, pertussis)
- 1 dose of MCV4 (meningitis)

Students entering 12th grade need:

- 2nd dose of MCV4 (meningitis)

Vaccination records can be sent to your child's school at any time over the summer.



MEDICATION PICK-UP

Please plan to stop by during school hours to pick up any medication your child has at school. Meds must be picked up by an adult and cannot be sent home with students.



If unable to pick up medications by the last day of school, please contact the clinic to make alternate arrangements. Any medications not picked up or arranged for will be safely discarded at the end of the day on May 29.

Please note: Due to the building move, medications for Elm students must be picked up by MAY 28.

INDIVIDUALIZED HEALTHCARE PLAN



In preparation for next school year, our health clinic staff will send Individualized Healthcare Plans (IHPs) to families of students with reported health conditions.

require an IHP include asthma, diabetes, severe allergies, seizure disorders, gastrointestinal conditions, and heart conditions.

All health information is kept confidential and shared only with staff who need it to ensure your child's safety and well-being.

An IHP helps us understand your child's health needs during the school day and outlines the care needed to support them. If there is a potential for a medical emergency, the plan may also include an Emergency Medical Action (EMA) plan. Conditions that may

IHPs will be sent out in April. We kindly ask that you complete and return the form to your child's school so we can have everything in place for a safe and smooth start to the '26-'27 school year.

Helpful Links

- [Medication Authorization Form](#)
- [Allergen-Free Food Options](#)
- [Vaccination Catch-Up Schedule](#)
- [School Vaccination Requirements](#)
- [Milford Nutrition Services](#)
- [Hamilton County Public Health Vaccination Services](#)
- [Food in the Classroom Guide](#)
- [Meal Account Restriction Form](#)

Health Clinic Contacts

ELM

Erin Jones
513-206-7315
jonese@wyomingcityschools.org

HILLTOP

Elbie Foote
513-206-7270
footee@wyomingcityschools.org

VERMONT

Teresa Gray
513-206-7345
grayt@wyomingcityschools.org

MIDDLE SCHOOL

Kerri Jones
513-206-7170
joneske@wyomingcityschools.org

HIGH SCHOOL

Nicole Murphy
513-206-7050
murphyn@wyomingcityschools.org

Tick Talk

Tickborne illnesses are increasing in Ohio as the range of ticks have expanded across the state. There are a dozen different tick species in Ohio, but only three are of significant public health importance as they are responsible for nearly all reported tickborne diseases: the American dog tick, the deer tick, and the lone star tick. Be "Tick Smart" this summer by learning about these disease-causing tick species, how to avoid them, and what to do if bitten.

Deer Tick

Transmits: [Lyme disease](#), [anaplasmosis](#), and [babesiosis](#).

Habitat: Woody, brushy areas, edge area between lawn and woods.

American Dog Tick

Transmits: [Rocky Mountain Spotted Fever \(RMSF\)](#)

Habitat: Overgrown areas, along weedy roadsides, paths, and hiking trails.

Lone Star Tick

Transmits: [Ehrlichiosis](#)

Habitat: Shady areas along roads and in meadows and woods.

BeTICK Smart!

Protect Yourself Against Lyme Disease*

- 1 Walk in the middle of trails; avoid tall grass, brush and leaf litter.
- 2 Use EPA-registered repellents with DEET according to label instructions.
- 3 Use permethrin for clothing according to label instructions.
- 4 Wear long pants, long sleeves and long socks; tuck pant legs into socks.
- 5 Wear light colors to make it easier to see ticks.
- 6 Check your whole body for ticks and promptly remove any you find; shower soon after being outside where ticks might be.
- 7 Continue doing tick checks 2 to 3 days after outdoor activities in tick infested areas.
- 8 Watch for symptoms which may include fever, headache, joint pain, muscle aches, fatigue or rash.
- 9 Tell your health care provider if you do get symptoms.
- 10 Ask your veterinarian about protection for your furry friends.



*Lyme disease is the most commonly reported tickborne disease in Ohio. The best way to prevent tickborne diseases is to prevent tick bites.

Protect • Check • Remove • Watch

Ohio.Gov/Tick



Numbers at a Glance—Reported Cases of Tickborne diseases in Ohio, 2025

Lyme Disease	RMSF	Ehrlichiosis	Babesiosis	Anaplasmosis
2647 cases	22 cases	29 cases	2 cases	35 cases

Ohio Department of Health: [Ohio Vectorborne Disease Surveillance Update](#)

Tick Species Identification Card

Protect • Check • Remove • Watch Ohio.Gov/Tick

BeTICK Smart!

- Wear repellent.
- Check for ticks daily.
- Shower soon after being outdoors.
- Call your doctor if you get a fever or rash following a tick bite.

- 1 Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
- 2 Pull upward with steady, even pressure to remove the tick. Avoid twisting or jerking.
- 3 Clean the bite area and your hands with rubbing alcohol, iodine scrub, or soap and water.

Actual Size Comparison **Ohio Tick ID Card**

Blacklegged (deer) tick



American dog (wood) tick



Lone star tick



Female, Male, Nymph, Larva



- (enlarged to show detail)
- A. Lone star tick, female
 - B. American dog tick, female
 - C. Blacklegged tick, female
 - D. Blacklegged tick, nymph