

PARKS & REC PRESS

APRIL YOUTH AND TEEN PROGRAMS

Check out our April Youth and Teens Programs!
Ages 10-17!

Egg Hunt Splash In:

Saturday, April 5 from 9:-10:05 a.m.

Splash into the pool and see how many eggs you can collect before Time runs out. Groups will be divided by age group!

Video Game Day:

Saturday, April 11 from 2:30-6 p.m.

Compete in local pick-up games and compete with other gamers to win prizes. We provide kids with gaming laptops, a Xbox, PS5, and Nintendo Switches. You can compete with others to win prizes and snacks and drinks are provided. It beats gaming at home alone!

Club 22:

Saturday, April 11 from 6:30-9:30 p.m

Too old for a babysitter too young to drive? We got you covered! Don't miss our last Club 22 event of the season happening on Saturday, April 11 from 6:30-9:30 p.m. at the Northglenn Recreation Center!

Each Club 22 offers exciting new activities and crafts that youth, ages 10-17, can take part in! This month, we've got axe throwing, NinajCross, pickleball, and volleyball! For our special DIY craft, youth can paint a flowerpot or plant chives! Pizza will be included with the entry fee. The fee is \$15 for early registration and \$17 at the door!

Register at www.northglenn.org/teens
Contact Kassy, our Youth and Teen Coordinator at kriggle@northglenn.org or **303.450.8844**.



3 VS. 3 OUTDOOR BASKETBALL

Does your kid love to play basketball? Come join our 3 vs. 3 coed Outdoor Basketball League for grades 3-8 on Tuesday nights June 16-July 14 from 6:15-7:30 p.m. at Alvin B. Thomas Park! Teams will consist of 5 players and will go on the court with 3 players at a time. The first team to reach 15 points will win!

Register today at www.tinyurl.com/3vs3outdoorbasketball

YOUTH ATHLETIC PERFORMANCE

There's still time to sign-up for Youth Athletic Performance every Tuesday and Thursdays April 2-30 from 4:30-5:30 p.m. in Studio Rooms 1 on the upstairs level of the Northglenn Recreation Center. Our instructor, Jason Gass brings nearly 30 years of strength and conditioning expertise to help youth become faster, stronger, and more confident through training. The fee to join is \$25 for residents and \$30 for non-residents. Ages 13-18.

Register at www.tinyurl.com/youthperformancetraining.

RHYTHMIC GYMNASTICS



Did you know that we have a floor gymnastics program at the Northglenn Recreation Center? Rhythmic gymnastics is designed to develop body coordination, strength, flexibility, and muscality while learning the foundations of rhythmic gymnastics. In this class, students will work with rope, ball, hoop, and ribbon in a playful yet structured environment. Please bring attire, a hair tie, water bottle, and gymnastics shoes. Apparatus will be provided. The next Rhythmic Gymnastics runs every Tuesday, April 7-May 12 from 4:30-5:30 p.m. at the Northglenn Recreation Center. The price is \$135 for residents and \$162 for non-residents. Ages 4-8.

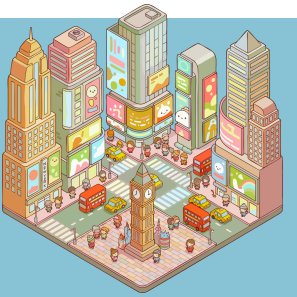
Register at www.tinyurl.com/northglennrhythmicgymnastics

SWIM LESSONS

Want to learn how to swim or brush up on your swimming techniques? Registration for May swim lessons opens up on April 15 for residents and April 16 for non-residents! We have a variety of different swim lesson classes such as Guppies, Jellyfish, Starfish, Angelfish, and Level 1-6. Ages 12 and under.

Go to www.northglenn.org/swimlessons for more information and to register.

NORTHGLENN MINI CITY



The City is launching its first ever Northglenn Mini City event on July 17 from 1-3 p.m. in the Northglenn Recreation Center Community Rooms and we want you to be part of it!

This interactive, kid sized city will let children step into real world careers and experience the businesses that keep Northglenn running. From banks and restaurants to medical offices and markets, kids will learn through fun, hands-on play. The event is perfect for kids ages 2-10!

Go to www.northglenn.org/children for more information or contact Cara Hockaday at 303.450.8776 or chockaday@northglenn.org.

AXE THROWING CLASS



Ready to try something new? Join our Youth & Teen Axe Throwing League and build your skills while competing with others your age! The Youth and Teen Axe Throwing League takes place on Saturdays, March 7 – April 4 from 12-1 p.m. at Lizzie's Axe Throwing on 970 W 104th Ave, Northglenn, CO 80234. Ages 11-14. \$45 for residents and \$50 for non-residents.

Participants will learn proper techniques and safety from trained instructors while developing the skills needed to compete in a fun league setting



For more information and to register for recreation programs, call **303.450.8800**, or visit www.northglenn.org/registration



PRENSA DE PARQUES Y RECREACIÓN

ABRIL PROGRAMAS PARA JÓVENES Y ADOLESCENTES

¡Consulta nuestros programas para jóvenes y adolescentes del mes de abril!
¡Para edades de 10 a 17 años!

Sumérgete en la búsqueda de huevos:

Sábado 5 de abril de 9:00-10:05 a.m.
Sumérgete en la piscina y descubre cuántos huevos puedes recolectar antes de que se acabe el tiempo. ¡Los grupos se dividirán por edad!

Día del videojuego:

Sábado 11 de abril de 2:30 a 6:00 horas.
Compíte en juegos locales y compíte con otros jugadores para ganar premios. Proporcionamos a los niños portátiles para juegos, una Xbox, una PS5 y una Nintendo Switch. Puedes competir con otros para ganar premios y te ofrecemos refrigerios y bebidas. ¡Es mucho mejor que jugar solo en casa!

Club 22:

Sábado 11 de abril de 6:30 a 9:30 horas
¿Demasiado mayor para una niñera o demasiado joven para conducir?
¡Te tenemos cubierto! ¡No te pierdas nuestro último evento del Club 22 de la temporada el sábado 11 de abril de 6:30 a 9:30 h en el Centro Recreativo Northglenn!

Cada Club 22 ofrece nuevas y emocionantes actividades y manualidades para jóvenes de 10 a 17 años. ¡Este mes tenemos lanzamiento de hacha, NinajCross, pickleball y voleibol! Para nuestra manualidad especial, los jóvenes pueden pintar una maceta o plantar cebollino. La pizza estará incluida en la entrada. ¡La inscripción anticipada cuesta \$15 y \$17 en la entrada!

Regístrese en www.northglenn.org/teens
Comuníquese con Kassy, nuestra coordinadora de jóvenes y adolescentes en kriggle@northglenn.org o 303.450.8844.



BALONCESTO AL AIRE LIBRE 3 CONTRA 3

¿A tu hijo le encanta jugar al baloncesto?
¡Únete a nuestra liga mixta de baloncesto al aire libre de 3 contra 3 para estudiantes de 3.º a 8.º grado los martes por la noche, del 16 de junio al 14 de julio, de 6:15 a 7:30 h, en el Parque Alvin B. Thomas! Los equipos estarán formados por 5 jugadores y saldrán a la cancha con 3 jugadores a la vez. ¡El primer equipo en llegar a 15 puntos ganará!

Regístrate hoy en www.tinyurl.com/3vs3outdoorbasketball

RENDIMIENTO ATLÉTICO JUVENIL

Aún tienes tiempo para inscribirte en el programa de Rendimiento Atlético Juvenil, todos los martes y jueves del 2 al 30 de abril, de 4:30 a 5:30, en las Salas de Estudio 1, en la planta alta del Centro Recreativo Northglenn. Nuestro instructor, Jason Gass, cuenta con casi 30 años de experiencia en fuerza y acondicionamiento para ayudar a los jóvenes a ser más rápidos, fuertes y seguros mediante el entrenamiento. La cuota de inscripción es de \$25 para residentes y \$30 para no residentes. Edades: 13-18 años.

Regístrate en www.tinyurl.com/youthperformancetraining.

GIMNASIA RÍTMICA



¿Sabías que en el Centro Recreativo Northglenn contamos con un programa de gimnasia de suelo? La gimnasia rítmica está diseñada para desarrollar la coordinación, la fuerza, la flexibilidad y la musculatura, a la vez que se aprenden los fundamentos de la gimnasia rítmica. En esta clase, los estudiantes trabajarán con cuerda, pelota, aro y cinta en un ambiente lúdico pero estructurado. Por favor, trae ropa deportiva, un secador de pelo, una botella de agua y zapatillas de gimnasia. Se proporcionarán aparatos. La próxima gimnasia rítmica se llevará a cabo todos los martes, del 7 de abril al 12 de mayo, de 4:30 a 5:30 p. m. en el Centro de Recreación Northglenn. El precio es de \$135 para residentes y \$162 para no residentes. Edades: de 4 a 8 años.

Regístrate en www.tinyurl.com/northglennrhythmicgymnastics

CLASES DE NATACIÓN

¿Quieres aprender a nadar o perfeccionar tus técnicas? ¡Las inscripciones para las clases de natación de mayo abren el 15 de abril para residentes y el 16 de abril para no residentes! Ofrecemos una variedad de clases de natación, como Guppies, Medusas, Estrellas de mar, Peces ángel y niveles 1-6. Para niños de 12 años o menos.

Visite www.northglenn.org/swimlessons para obtener más información y registrarse.

MINI CIUDAD DE NORTHGLENN

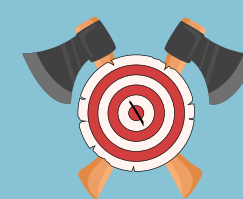


La ciudad está lanzando su primer evento Northglenn Mini City el 17 de julio de 1:00 a 3:00 p. m. en las salas comunitarias del centro de recreación Northglenn y ¡queremos que seas parte de él!

Esta ciudad interactiva, ideal para niños, permitirá a los niños adentrarse en carreras profesionales y conocer los negocios que impulsan el funcionamiento de Northglenn. Desde bancos y restaurantes hasta consultorios médicos y mercados, los niños aprenderán a través del juego práctico y divertido. ¡El evento es perfecto para niños de 2 a 10 años!

Visite www.northglenn.org/children para obtener más información o comuníquese con Cara Hockaday al 303.450.8776 o hockaday@northglenn.org.

CLASE DE LANZAMIENTO DE HACHA



¿Listo para probar algo nuevo? ¡Únete a nuestra Liga de Lanzamiento de Hachas para Jóvenes y Adolescentes y perfecciona tus habilidades compitiendo con otros de tu edad! La Liga de Lanzamiento de Hachas para Jóvenes y Adolescentes se lleva a cabo los sábados del 7 de marzo al 4 de abril, de 12:00 a 1:00 h, en Lizzie's Axe Throwing, ubicado en 970 W 104th Ave, Northglenn, CO 80234. Edades: 11-14 años. \$45 para residentes y \$50 para no residentes.

Los participantes aprenderán técnicas adecuadas y de seguridad de instructores capacitados mientras desarrollan las habilidades necesarias para competir en un entorno de liga divertido.



Para obtener más información e inscribirse en los programas de recreación, llame al 303.450.8800 o visite www.northglenn.org/registration



Have you noticed your child
Worried? Anxious? Overwhelmed?
Therapy can help!

Accepting new clients and most major insurances.



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www.themarriageandfamilyclinic.com

720-648-8285



**AGES
10-17**

Come join us for a kid's night out at the Northglenn Recreation Center! This month we've got axe throwing, Ninjacross, pickleball, and volleyball! For crafts youth can paint a flowerpot or plant chives! Pizza is included in the entry fee.

APRIL 11 | 6:30-9:30 PM

NORTHGLENN RECREATION CENTER

\$15 ENTRY

\$17 AT THE DOOR

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**WANT TO SIGN
UP IN ADVANCE?
SCAN HERE!**



**BRING THIS FLYER WITH
YOU! GET \$1 OFF YOUR
ENTRY FEE.**

2022

**SIGLOS
10-17**



¡Ven a disfrutar de una noche infantil en el Centro Recreativo Northglenn! Este mes tenemos lanzamiento de hacha, Ninjacross, pickleball y voleibol. Para las manualidades, los jóvenes pueden pintar una maceta o plantar cebollino. La pizza está incluida en la entrada.

11 DE ABRIL | 18:30-21:30 P.M.

CENTRO RECREATIVO DE NORTHGLENN

\$15 ENTRADA

\$17 EN LA PUERTA

*Estos materiales no están patrocinados ni respaldados por Adams 12 Five Star Schools, su Junta, el Superintendente o esta escuela.



**¿QUIERES
INSCRIBIRTE
CON
ANTICIPACIÓN?
¡ESCANEE AQUÍ!**



**¡Trae este folleto! ¡Obtén \$1
de descuento en tu entrada!**

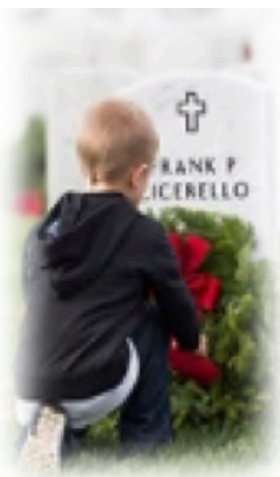
Join Us in Our Mission

Remember ★ Honor ★ Teach



★ **December 19, 2026** ★

National Wreaths Across America Day



Help L.E.I. Security & Patrol honor local heroes!

Sponsor a wreath today to be placed on a veteran's grave this December at Fort Logan National Cemetery

Scan the QR code to make a donation online or visit www.wreathscrossamerica.org/C00336



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#RememberMe



Urgent Care & **SEASONAL ALLERGIES**

In Colorado, spring allergies typically begin in February and continue through May or June. Our urgent care providers can help your family manage symptoms and get relief.

VISIT NOW



- Denver Metro locations
- Open 7 days a week
- Evening hours
- Walk-in or pre-register online
- All ages welcome!

**OPEN
EVERY
DAY!**

 **Text Us!**

 **advurgent.com**



Urgent Care y **ALERGIAS ESTACIONALES**

En Colorado, las alergias primaverales suelen comenzar en febrero y continuar hasta mayo o junio. Nuestros profesionales de atención de urgencias pueden ayudar a su familia a controlar los síntomas y obtener alivio.

VISITA



- Ubicaciones de Denver
- Abierto 7 días
- Horas de la tarde
- Preséntese o preinscríbese en línea
- Todas las edades son bienvenidas!

**ABIERTO
TODOS LOS
DIAS**

 **Mensaje por Texto!**

 **advurgent.com**



JR ROCKETS

YOUTH FOOTBALL

Player Recruiting & Development Program



JUNIOR COLORADO ROCKETS FOOTBALL

Developing the Next Generation of Student-Athletes

📍 PRACTICE LOCATION

Vantage Pointe High School
10900 Huron St,
Broomfield, Colorado

📋 PROGRAM FOCUS

- ✓ Football fundamentals
- ✓ Speed and agility development
- ✓ Position-specific training
- ✓ Teamwork and leadership
- ✓ Game IQ and discipline

🕒 PRACTICE SCHEDULE

Saturday — 10:30 AM

👤 AGE GROUPS

Ages 5 – 17

➤ PROGRAM PAGE

(Scan QR Code for Program Info)

<https://www.facebook.com/share/1CAP12Xc52/?mibextid=wwXifr>



🕒 WHY JR ROCKETS

- Community-based youth football program
- Experienced coaching staff
- Focus on character and development
- Preparing athletes for middle school and high school programs

📍 COMMUNITY PARTNERSHIP

We are actively working with local schools and athletic programs to help grow youth football participation and develop future student athletes

“Built on Perseverance. Trained for Excellence.”



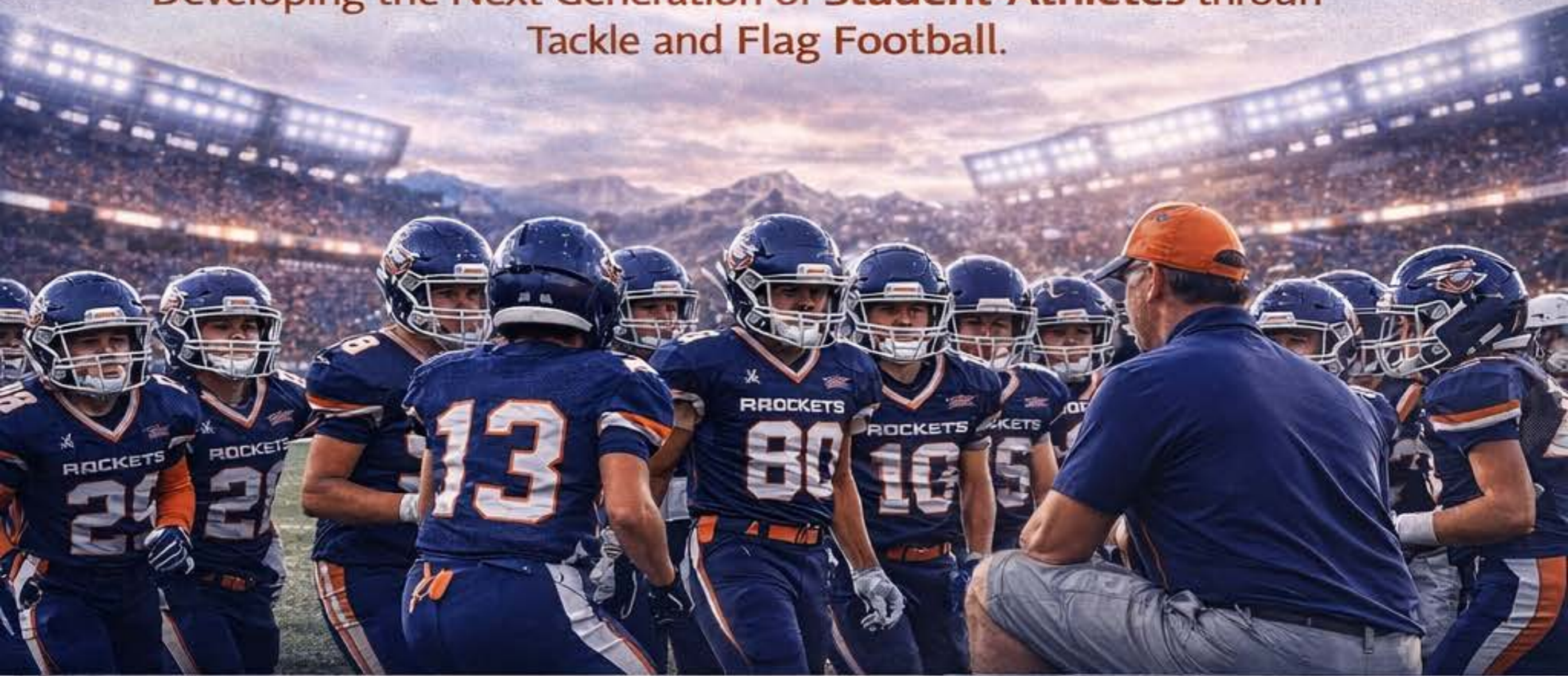
JR ROCKETS

YOUTH FOOTBALL

Tackle • Flag • Coed Women's Flag

SCHOOL PARTNERSHIP PROGRAM

Developing the Next Generation of **Student-Athletes** through Tackle and Flag Football.



PROGRAM OVERVIEW

- Community-based, competitive youth football program
- Ages 5–17: Tackle, Flag, and Coed Women's Flag football teams
- Experienced, certified coaching staff focused on player development and safety
- Preparing young athletes for middle school and high school flash



🔥 PLAYER DEVELOPMENT PIPELINE

- Ages 5–17
- Tackle Football
- Flag Football
- Coed Women's Flag Football

📌 WHY JR ROCKETS

- Community-based youth football program
- Experienced coaching staff
- Focus on character and development
- Preparing athletes for middle school and girls/coed flag football programs in locals.

“Built on Perseverance. Trained for Excellence.”



FÚTBOL JUVENIL

Tackle • Flag • Flag Femenil Mixto

TEMPORADA DE PRIMAVERA

31 DE MARZO – 16 DE MAYO

Torneos de verano a partir de finales de mayo.

Fechas por definir



- ▶ Edades 5–17
- ▶ Fútbol Tackle
- ▶ Flag Football
- ▶ Flag Femenil Mixto



Fechas por definir

📱 Escanee para más información

☎ (720) 499-8269

✉ JrRocketsFootball.com

✉ corockets303@gmail.com

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YOUTH FOOTBALL

Tackle • Flag • Coed Women's Flag

SPRING SEASON

MARCH 31ST – MAY 16TH

Summer Tournaments Start *Late May*

Dates TBD



- ▶ Ages 5–17
- ▶ Tackle Football
- ▶ Flag Football
- ▶ Coed Women's Flag Football



Dates TBD

📱 Scan for Program Info

☎ (720) 499-8269

✉ JrRocketsFootball.com

✉ corockets303@gmail.com

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Colorado Legends Basketball

19 years of Quality basketball

Summer Camp 2026

All ages, Boys & Girls

Tuesdays and Thursdays

June 2nd thru July 30th, 2025

No Camp on June 23rd-25th

730am-5pm

Located at Adams City HS

For all levels of skill!!

Visit our website

www.colegends.com

For more info

call 303-257-2074

Or email Cololegendelite@gmail.com

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MATHNASIUM®

Stop the 'Summer Slide' Before it Starts!

Save **\$100** When You Pre-Enroll for Summer*



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Mathnasium of North Westminster 303.280.6284

*See center for details.

Contact us today!

2026 Summer Camp



JUNE 1ST - AUGUST 7TH

Save Your Child's Spot in Thornton's Best Summer Camp! Spaces are going quickly! Grades K-5th!

- Martial Arts
- Parkour
- Indoor Games
- Legos & STEM
- Outdoor Sports
- Field Trips
- Arts & Crafts
- And more



(303) 908-4332

12421 Washington St
Thornton, CO 80241

www.PeakSummerCamp.com

SUMMER DAY CAMP 2026



Get ready for a summer filled with **excitement, discovery, and unforgettable memories!**

Each week, campers will head out on **fun and engaging field trips**—exploring local attractions, enjoying nature excursions, and experiencing hands-on learning adventures.

Back at camp, every day is packed with:

- **Creative arts and crafts**
- **Team-building games**
- **Themed activities**



Our campers will have meaningful opportunities to **learn, grow, and build confidence** in a safe, welcoming environment rooted in **community, kindness, and encouragement.**

Don't miss out on this incredible summer experience!

Register now and join us for a season of exploration, friendship, and fun-filled field trips!



Scan here for more information



CAMPAMENTO DE VERANO 2026



Prepárense para un verano lleno de **emoción, descubrimiento y recuerdos inolvidables.**

Cada semana, los niños irán a **excursiones divertidas y entretenidas**— explorando atracciones locales, la naturaleza y viviendo aventuras prácticas.

Cada día está lleno de:

- Arte y manualidades creativas
- Juegos divertidos
- Actividades Tematicas



Nuestros campistas tendrán oportunidades significativas para **aprender, crecer y desarrollar confianza** en un ambiente seguro, acogedor, basado en **la comunidad, la amabilidad y el ánimo.**

¡No te pierdas esta increíble experiencia de verano!

¡Regístrate ahora y únete a nosotros para una temporada de exploración, amistad y paseos!



Scan here for more information

