



Nutrition Services Bellevue School District Middle School Lunch Menu May 2026

This is an equal opportunity provider.
Menus are subject to change.

Daily

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)
Pizza: Cheese (v) & Pepperoni (*contains pork*)
Grab n Go: Italian Turkey Combo Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)
Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries
 (v) indicates Vegetarian Entrée option which may contain egg and/or cheese

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

Monday

Tuesday

Wednesday

Thursday

Friday

SCHOOL LUNCH HERO DAY

A. Chicken Alfredo
 B. Vegetarian Alfredo (v) with Penne Pasta & Garlic Bread **04**

Mandarin Orange
 Chicken with Steamed Broccoli & Sticky Brown Rice **05**

Garlic Cheese Toast (v) with Marinara Dipping Sauce **06**

Classic Breaded Chicken Sandwich with Baked Fries & Bellevue Sauce **07**

Local! Scratch-made!
 Braised Beef Birria with Warm Corn Tortillas & Seasoned Black Beans **01**

A. Crispy Chicken Tenders
 B. Kickin' Nuggets (v) with Baked Fries, Wheat Roll & BBQ Sauce **11**

Chicken & Vegetable Dumpling Soup **12**

Mozzarella & Beef Pepperoni Stuffed Mini Calzones with Garlic Bread **13**

Scratch-made!
 A. Butter Chicken
 B. Butter Chickpeas (v) over Rice **14**

Fast Break Fuel!
Storm vs. Valkyries
 Nachos!
 A. Seasoned Beef & Beans
 B. Refried Beans (v) with Jalapeno Cheese Sauce & WG Tortilla Chips **08**

Italian Beef Meatballs with Penne Pasta & Garlic Bread **18**

Gluten Free Teriyaki Chicken with Steamed Green Beans & Sticky Brown Rice **19**

Dutch Waffle with Warm Apple Compote & A. Turkey Sausage
 B. Cheese Omelet (v) **20**

Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce **21**

Turkey Bacon Cheeseburger with Baked Tots & Bellevue Sauce **15**

Memorial Day
 No School **25**

Non-School Day **26**

Mac 'n' Cheese (v) with Steamed Broccoli & Wheat Roll **27**

Breaded Chicken Leg & Waffle with Warm Apple Compote **28**

Bone-in Chicken Wings with Cheesy Cornbread Muffin & BBQ or Buffalo Hot Sauce **22**

Local! Scratch-made!
 Muckleshoot Salmon Bowl with Rice, Steamed Edamame & Bellevue Sauce **29**



Middle School Breakfast Menu May 2026

Breakfast offered at ALL Middle Schools!

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

Mini Maple Waffles
(v)

Tuesday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Wednesday

Strawberry & Cheese Filled Mini Bagels (v)

Thursday

Pancake Wrapped Turkey Sausage

Friday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Offered Daily: Assorted Cereal (v); Banana Bread (v); Cinnamon Roll (v); Turkey Sausage, Egg & Cheese Sunrise Calzone

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!

Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

PayPams accepts Direct Withdrawals from a bank account for a \$1.95 transaction fee. PayPams also accepts credit card payments for a \$2.95 fee per family. Additionally, you may pay for meals by check (payable to Bellevue School District) or cash at your child's school.

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.90 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>