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# Hello, I'm Ms. Alyssa

School Counselor



## All About me

I am a school counselor who uses play therapy and a person-centered therapeutic approach to help children manage their emotions. I have worked with early childhood almost my whole career, and I love to use creativity and joy in my work.



## Fun Facts:

I love being creative! I draw, paint, write, and bake in my freetime. I love to travel! The further across the globe, the better. I enjoy running, especially if the weather is nice. I also play video games (Zelda is my favorite!) and I include my own kids in all my fun hobbies.

## My Favorites:

- Color: Pink
- Food: Sushi
- Candy: Sea Salt Chocolate
- Drink: Coffee
- Book: The Prydain Chronicles



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