



WILMINGTON PUBLIC SCHOOLS



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SOCIAL MEDIA, SOCIAL RELATIONSHIPS AND BULLYING VIRTUAL PARENT EVENT



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Before the pandemic, screen use, anxiety, and social problems (like bullying and fighting) were top concerns for parents. The last 2 years have made some of these issues even more challenging. This talk will examine how kids are doing emotionally and socially, in light of the pandemic and increased screen use. Research will be summarized, and practical approaches to family life that can help children develop emotional resilience, healthy social skills and friendships, and sensible screen and social media habits will be discussed during this presentation. We will discuss how to move forward to a healthier "new normal" and how to help parents be most productive in guiding their children towards a full social and emotional recovery.

*Fostering a
community of
inclusion, safety,
and respect*

OCTOBER 27, 2022

6:30 PM

[CLICK HERE TO REGISTER](#)

A link will be provided prior to the presentation

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