

# Emmett Food Service

## Monthly Board Report

**Michelle Daisson**  
**Child Nutrition Director**  
**March 2026**

# FRUITS & VEGGIES HIGHLIGHT

In February we offered:

Pineapple Strawberry

Sumo Mandarins

Red Muscato Grapes

Cherimoya

Yali Pears

Yellow Plums

Tomato Medley

Colored Cauliflower

**\*Shadow Butte, Carberry, Butte View and Sweet schools all qualified for fresh fruits and vegetables.**

**Students enjoy a variety of snacks daily.**

# FFV Treats



**Healthy Solutions 4 Kids**  
By Buyers Edge Platform

**YALI PEARS**

Yali Pears are native to Japan and China, but are mainly grown in California, Oregon, and Washington in the summer through fall.



Yali Pears have a sweet-tart taste with hints of spice, some say they have a pear flavor with a hint of melon!

**Nutrition & Fun Facts**

Yali Pears are a good source of VITAMIN C which helps strengthen your immune system, FIBER to help digest the food you eat, and POTASSIUM which helps balance fluid levels in your body.

- They are also known as "duck pears" or "Chinese white pears"!
- In Traditional Chinese Medicine, they are used to treat coughs!
- Yali Pears are named that because "ya" in Mandarin means "duck" and "li" means "pear"!

What is a vanishing fruit?  
A disap-pear!



**Healthy Solutions 4 Kids**  
By Buyers Edge Platform

**COLORED CAULIFLOWER**

Colored Cauliflower is grown seasonally mainly in California, Arizona, and Mexico.



Its flavor is mild, slightly sweet, and creamy with a hint of nuttiness.

**Nutrition & Fun Facts**

Orange Cauliflower is an excellent source of VITAMIN A which supports healthy organ functioning and improves skin health, Purple Cauliflower is a good source of VITAMIN C to help keep your immune system strong, and Green Cauliflower is a good source of FIBER which helps your body with digestion.

- Green Cauliflower is a natural cross between broccoli and white cauliflower!
- An antioxidant called anthocyanin makes cauliflower purple!

Why did the cauliflower win the talent show?  
Because it had the best stalk!



# MEAL SERVICE IN FEBRUARY

Number of Serving Days in February: 16

Breakfasts Served: 5,288 Avg. Daily: 331

Lunches Served: 14,791 Avg. Daily: 924

Total Meals Served: 20,586

# STUDENT FAVORITES

- Chicken Tenders w/Mashed Potatoes & Gravy
- Pepperoni Rippers
- Mini Corn Dogs
- Orange Chicken w/Eggroll
- Mini Pepperoni Calzone w/Pizza Sauce
- Crispitos w/Salsa

All meals served with choice of; fresh/canned fruit

Fresh/hot vegetables

Milk in a variety of flavors, white, chocolate, strawberry

# Eligibility Data

August District-Wide Free/Reduced: 54.27 %

September District-Wide Free/Reduced: 55.57%

October District-Wide Free/Reduced: 49.00%

November District-Wide Free/Reduced: 49.56%

December District-Wide Free/Reduced: 49.56%

January District-Wide Free/Reduced: 50.57%

February District-Wide Free/Reduced: 50.61%

# FUN FOOD FACTS

## THE NEED TO KNOW ABOUT WHITE STRAWBERRIES



**ORIGIN?**  
There are dozens of varieties as well as some hybrids. Cultivated for years in Asia, South America and other places. Best-known variety, a.k.a. White Jewel, comes from Japan.

**TASTE?**  
Very SWEET — something like a cross between a strawberry and a pineapple.

**HOW TO GROW?**  
Some greenhouses and the nursery section of retail stores have plants for sale, but your best bet for these is likely going to be to order them online. That way, you can get the specific varieties that will grow best in your area.

**WHY ARE THEY WHITE?**  
The ripening protein that changes the berry from white to red is either not present or at a very low level.

  

 @BCBSMICHIGAN