ARE YOU CONCERNED WITH HOW YOUR CHILD IS FEELING OR ACTING?

Are you feeling overwhelmed?

Is your child in crisis?

Do you feel like your child is struggling with mental health issues?

Riverside can help!

Riverside Community Care

FORMERLY THE GUIDANCE CENTER

We will help you gain confidence and skills to positively support your child.

We partner with parents and families and together we will:

- Create an assessment of your family's and child's strengths and needs
- Develop a plan based on that assessment
- Establish a care team of teachers, school counselors, state agency workers, friends, relatives, etc.
- Help you understand the resources available to you (mental health services, special education, diagnosis and medication help, medical care, social services, etc.)
- Create a safety and crisis plan
- Develop contacts with local parent or child support groups

Your team will consist of a Family Partner – a caregiver who has raised a child with emotional, behavioral, or mental health needs – and a Care Coordinator.

Services are for youth with serious emotional disturbances, under the age of 21

Serving families from Burlington, Cambridge, Somerville, Wilmington, Winchester, and Woburn

For more information please call 617-629-3919

Riverside Community Care

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www.riversidecc.org

LIVE UNITED

United Way

United Way of Massachusetts Bay and Merrimack Valley