

Millikan Athletics  
**Freshman Orientation**  
**3/26/26**



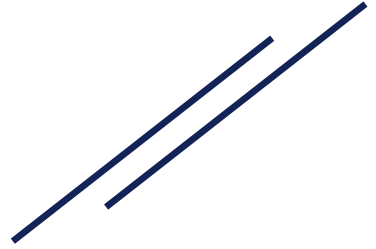


# Millikan Athletics

**Administration Team:**  
**Malcolm Turner- Athletics**  
**Administrator**

**Kacey Mendoza- Athletic Director**





Millikan Athletics  
**Freshman Orientation**  
**3/26/26**



**Agenda for Tonight**

6:00 PM-6:30 PM - Welcome Presentation  
in Auditorium

6:40 PM-7:00 PM - Meet with Coaches in  
Assigned Locations (Pick 1st sport)

7:10 PM - 7:30 PM - Meet with Coaches in  
Assigned Locations (Pick 2nd sport)

7:30 PM - End of Orientation



Note...

lbgmillikanathletics

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Millikan Athletics

🏆 Official Account of Millikan High School Athletics

🏠 Home of the Rams | #RamPride

📅 Games • Scores • Highlights

🔗 [www.canva.com/design/DAFlj2Wanw/28LLF0mnu9WLGbaZ0Qhfw/view?utm\\_content=DAF...](http://www.canva.com/design/DAFlj2Wanw/28LLF0mnu9WLGbaZ0Qhfw/view?utm_content=DAF...)



Softball



Baseball



Boys lacrosse



Interviews



Girls Lacrosse



B & G wrestling



G & B Swim



POSTS

REELS

SAVED

TAGGED

**MILLIKAN ATHLETICS** MARCH 29 - 30 ISSIC 4-30 NEW LETTER

**SPRING SPORTS CALENDAR**  
This Week's Games Schedule

<b>MON 5-12</b>	Football Team CIF
<b>TUE 5-13</b>	Football Orientation @ 4:00 PM Auditorium and breakout rooms
<b>WED 5-14</b>	Tennis Team CIF
<b>THUR 5-15</b>	Swim CIF
<b>FRI 5-16</b>	Swim CIF Tennis Team CIF Finals
<b>SAT 5-17</b>	Swim CIF Track & Field @ Phoenician HS time TBD vs CIF Finals

**SPORTS STAFF**

Head Coach: [Name]  
Assistant Coach: [Name]  
Manager: [Name]  
Referee: [Name]

**WE ARE MILLIKAN**

WE INVITE YOU TO JOIN THE

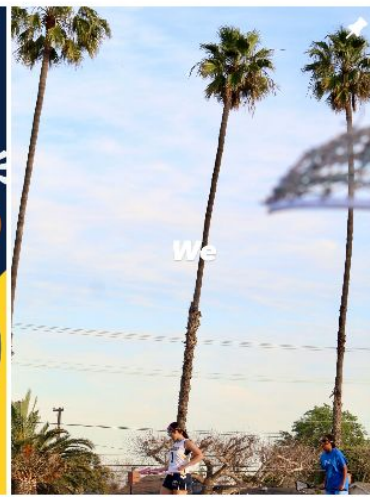
# MILLIKAN

9TH GRADE SPORTS ORIENTATION

MAY 13, 2025  
6:00 PM - 7:30 PM

MILLIKAN AUDITORIUM

**GO RAMS!**



@LBMILLIKANATHLETICS

2025-2026 Season Highlights

Moore League Champions:

- Flag Football
- Boys Golf
- Boys Basketball
- Boys Soccer
- Girls Soccer
- Boys Cross Country
- Baseball
- Softball
- Girls Golf



Recent CIF Champions:

- Girls Golf-2023
- Boys Tennis- 2025
- Girls Soccer-2026
- Cross Country Individual 2024
- Boys Wrestling Individual 2026





**Physicals - Summer**



1. Complete all pages of the Summer Clearance Form Packet
2. Make a copy of your physical and attach it to the packet
3. Submit the packet to your coach
4. At the end of the summer, get your packet back from the coach so you can use the physical for the school season



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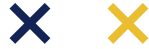
# Physicals - School Year- Starting May 1st for 2026-2027

1. Create an account on [www.AthleticClearance.com](http://www.AthleticClearance.com) ([Athletic Clearance Guide](#))
2. Print out the Confirmation Page, please be sure to sign and date
3. Attach the completed physical form to the confirmation page
4. Submit the Confirmation Page & Physical Exam form to the school nurse

**CHECK EVERY SPORT YOU PLAN TO PLAY OR TRYOUT FOR TO CLEAR IN ALL SPORTS AT THE SAME TIME!**

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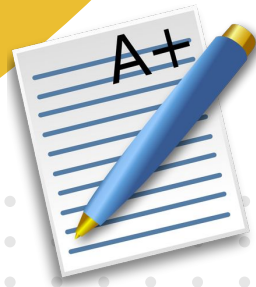
# Academic Eligibility for Freshman

**Fall 2024- All eligible to play to start, and must earn a 2.0 overall GPA by 1st report card in October**

**Winter/ Spring- Must have at least a 2.0 overall GPA and maintain a 2.0 overall GPA during their season**

**If an athlete falls below a 2.0- Academic probation one time per school year**

**An athlete can still play on probation but must be at/above a 2.0 by the next grading period or they are ineligible**



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## 2025-2026 Key Athletic Dates

June 22 Start of Dead Period  
July 6th- Practice Resumes



Sports Clearances due to Nurse  
Pre-Season Fall: **July 6, 2026**

Boys & Girls Cross Country, Football, Flag Football, Girls Golf,  
Tennis Volleyball and Boys Water Polo

- Drop off clearance paperwork in to nurse's office in 100 building between 8:30-4:30PM, M-F

Fall: **August 3, 2026**

- Drop off clearance paperwork in to nurse's office in 100 building between 8:30-4:30PM, M-F

Winter: **October 16, 2026**

Spring: **January 15, 2027**





**Athletic Support**



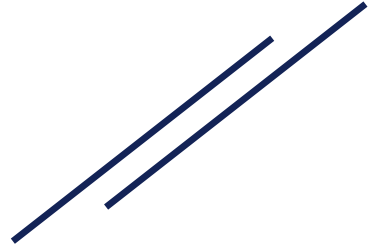
**Sport specific questions: Contact Head Coach**

**Clearance/ Eligibility: Sports Secretary: Gloria Garcia**

**Athletic Director- Kacey Mendoza**

**Assistant Principal over Sports- Malcolm Turner**





Room 701

# Coach Pellum Football



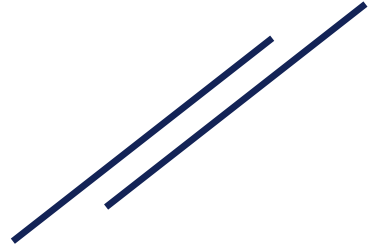
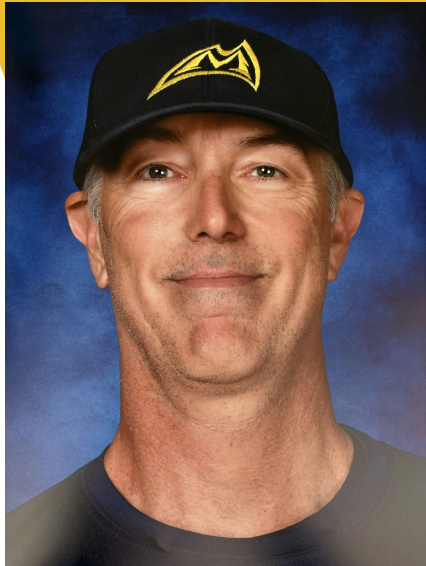
Room ASB 719

Coach Pellum  
Coach Mendoza  
Flag Football



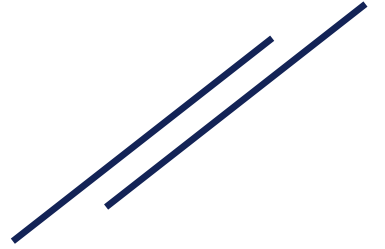
Room 2210

# Coach Johnson Boys Volleyball



Room 811

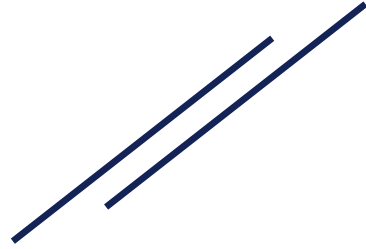
Girl's  
Volleyball  
Coach Tuaniga



Room 811

Coach De La Espriella  
Beach  
Volleyball

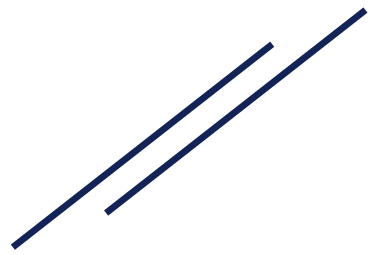




Room 421

# Coach Ramirez Cross Country

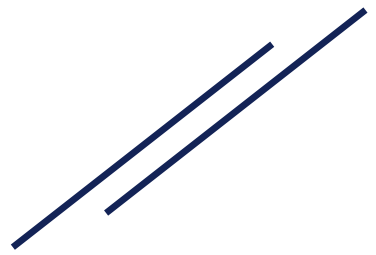




Room 820

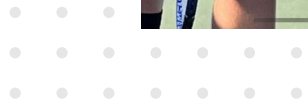
# Coach Tomlin Boys & Girls Golf

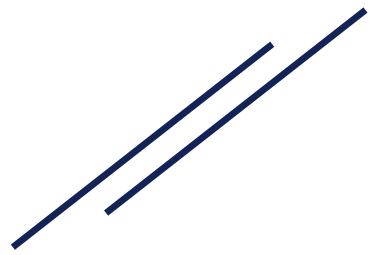




Room 812

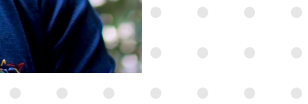
# Coach Pozgay Boys & Girls Tennis

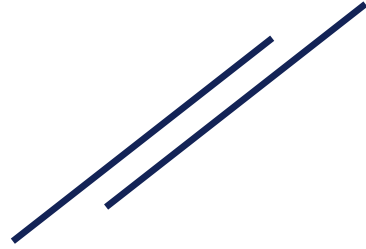




Room 825

Coach Carillo  
Girls Water Polo/  
Swim

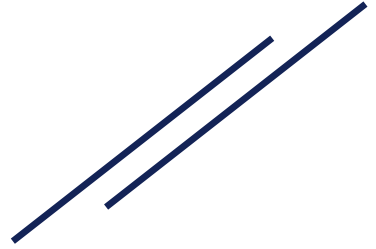




Room 826

Coach Lucas  
Boys Water Polo  
& Swim

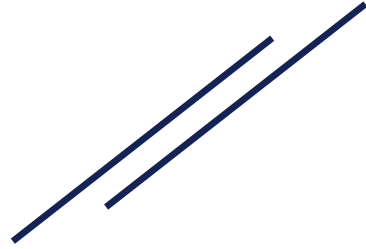




Small Gym

# Coach Morgan Girls Basketball

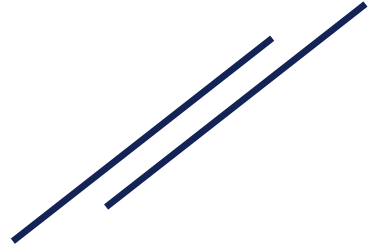




Big Gym

# Coach Price Boys Basketball

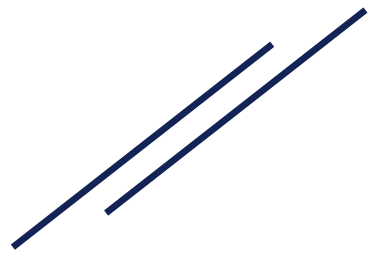




Big Gym

# Coach Schofield Boys Soccer





Room 814

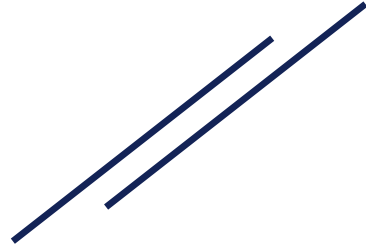
# Coach Nunez Girls Soccer



Wrestling Room  
(700 building)

Coach Lovato  
Boys & Girls  
Wrestling

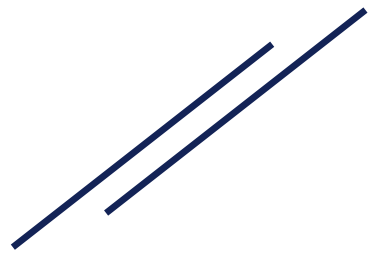




Room 11201

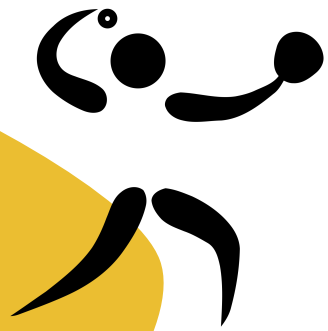
# Coach Keester Baseball





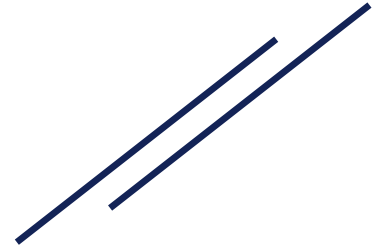
Room 813

# Coach Lehr Softball



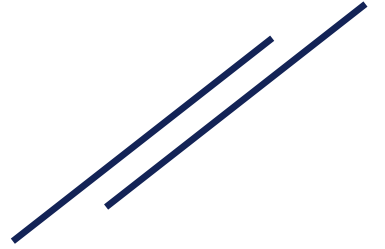
Room 823

# Coach Lovato Badminton



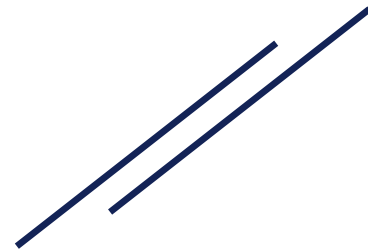
Room 11108

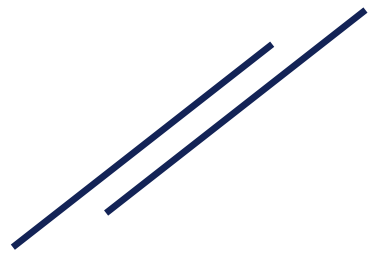
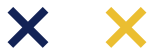
# Coach Jared Boys Lacrosse



Room 553

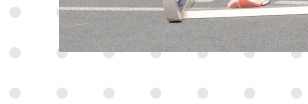
# Coach Boyd Girls Lacrosse





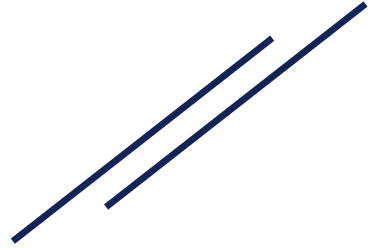
Room 815

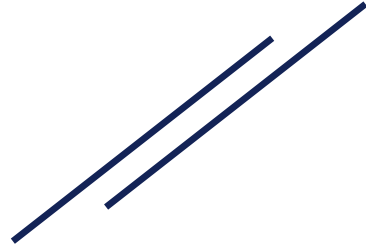
Coach Detra  
Boys & Girls  
Track & Field



Rm 816

# Coach Daisy Cheer/Song

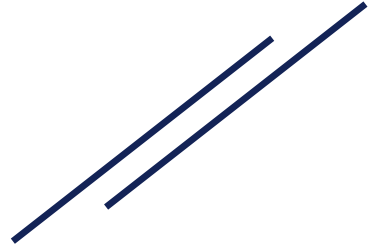




Room 557

# Coach Fast Surf





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