



Dive Into Kindergarten... Make a Splash at L.O.E!



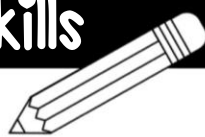
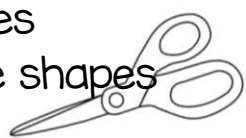
How can I tell if my child is ready for kindergarten?



Self-Help Skills

- ♥ Learn student number & teacher name
- ♥ Unpack backpack and put belongings in proper place
- ♥ Use the bathroom independently
- ♥ Open lunchbox and lunch containers
- ♥ Practice healthy hygiene
- ♥ Dress self (zippers, buttons, etc.)

Fine Motor Skills

- ♥ Hold a pencil 
- ♥ Write first name
- ♥ Use scissors to cut basic shapes
- ♥ Trace lines and shapes
- ♥ Color or draw simple shapes 
- ♥ Opening/closing glue

Social Skills

- ♥ Follow 2-step directions
- ♥ Practice self control- taking turns and keeping hands to self
- ♥ Communicate feelings and express needs verbally
- ♥ Take turns while playing games
- ♥ Clean up toys and belongings
- ♥ Complete short tasks *without* an adult's help
- ♥ Control emotions without tantrums

Academic Skills

- ♥ Follow direction from adults
- ♥ Sit quietly and listen to a story
- ♥ Identify some letters of the alphabet and those in your name
- ♥ Count to 10
- ♥ Sing and say ABCs

Trade screen time for time!

- ♥ Talk to your child about *everything*. Conversation is the beginning of learning to read.
- ♥ Read, read, read! Read *to* and *with* your child every day.
- ♥ Play games together- Charades, Go Fish, I Spy, board games, rhyming games
- ♥ Eat dinner together **DEVICE FREE**. Talk about your day, best part, hardest part, etc.
- ♥ Spend time together as a family- build something, do a craft, ride bikes, have a picnic.
- ♥ Make time for writing, drawing and creative play.
- ♥ Keep a consistent routine. Healthy *routines* at home help establish healthy *habits* at school
- ♥ Go outside and play!

