



2026 PANTHER TRACK/XC CAMP

Who: 4th, 5th, and 6th grade students of the Schuylkill Valley School District

Dates: May 26th, May 27th, and May 28th **Rain Date:** May 29th only if May 28th is cancelled

Times: After school until 5:15 however final day awards may take longer (5:45ish) 4th grade will meet Mr. Reinert near the end of the school day (3:00ish) and walk to the H.S. track. 5th and 6th grade will be walked up to track area by Mrs. Seymour and/or other track coaches from the M.S. lobby

Location: S.V. track and surrounding Jumping and throwing areas (PICKUP will be @ *STADIUM* unless inclement weather for Middle School pickup)

What to bring: Athletic shorts/shirt, sneakers, water bottle, sunscreen, cinch bag possibly to carry belongings from event to event

Fee: \$35 which includes an SV Panther Track Camp t-shirt as well as awards

Objectives: Schuylkill Valley students of all abilities will be able to

- Have a general understanding of several track and field events
- Appreciate personal fitness and understand how it can help physical and emotional health
- Take part in an educational program of T &F/XC that is inspiring, informative, and challenging
- Have a better understanding of general speed drills/techniques to enable them to perform better in any sport
- Participate in a fun and safe competitive environment for students of all abilities

Itinerary: The first 2 days will consist of the students being placed in groups and rotating to different learning stations. Each station will have a SV coach and current/past SV HS Track & Field athletes. Our camp will culminate on the 3rd day with a fun competition of the events learned (students can pick their events). Also on the 3rd day, awards will be given out to some participants as well as a cool treat. Students will also be given the opportunity to get staff and friend autographs during the camp on their camp t-shirt.

****Please fill out the following info and return by May 8th with \$35 check written out to SVABC****

*** **Please return payment and form in an envelope to the office of the Middle School or Elementary School Attention: Todd Reinert**

Please direct your questions to treinert@schuylkillvalley.org

**** 4th grade parents: please also send a note in an envelope or email stating that your child may stay after school these 3 days for 3:00 dismissal to walk with Mr. Reinert to stadium**



Parent/Guardian Name: _____

Cell Phone: _____ Secondary Phone: _____

Parent Signature: _____ Date: _____

Camper Name: _____ Gender: _____ DOB: _____ Grade _____

Address: _____ City: _____ Zip: _____

Secondary Emergency Contact: _____ Relation: _____

Cell Phone: _____ Secondary Phone: _____

Email Address: _____

T-shirt size (circle): YS YM YL YXL AS AM AL AXL

Health History	Yes	No		Yes	No
Any hospitalization/operations			Heat stroke or exhaustion		
Seizures			Diabetes		
Vision Problems			Cancer		
Ear or hearing problems			Heart problems		
Dizziness or Fainting			Circulatory problems		
Head Injury/Loss of consciousness					
Neck or back injury					
Asthma or difficulty breathing					

Athlete allergies: _____

Current Health Conditions: _____

Current Medications: _____

I hereby give my permission for the above named minor to participate in all normal and usual activities associated with the sport of Track & Field. In the event of an emergency, accident, or injury which occurs while my child participates in the Track & Field camp and I am not present, I hereby give permission for the adult representatives of the T & F Booster Club to secure whatever medical treatment may be appropriate or required. Recognizing the possibility of physical injury associated with Track & Field, I hereby agree to release, discharge, and/or hold harmless the T & F Booster Club and the Schuylkill Valley School District and their officers, agencies, employees, students and volunteers from and against all liability, loss, damages, claims or actions (including legal costs and attorney fees) for any bodily injury and/or property damage, to the extent permissible by law arriving from or related to my child's participation. I understand that medical insurance is not the responsibility of the (SV T & F camp) that primary insurance coverage is my responsibility.

Parent/guardian signature: _____

