

Spring Hot LUNCH MENU

Thanks for your Participation!!



FOUR SEASONS
food service management

Available Daily Wraps, Sandwiches, Salads, Fresh fruit, Parfaits, Hummus & Crudite, Snacks & Drinks
Pre Order Available for Salads & Wraps & Vegetarian options @ fspreorder.com Order the day before Until 8:30 am day of

Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.

Salad/Wrap Bar

Choose rice to make it a bowl or burrito!

	Mon	Tue	Wed	Thu	Fri
Week 1 <i>April 13th</i>	Panini bacon cheeseburger Popcorn chicken <i>General Tso's chicken over rice</i> Spaghetti w/ garlic & oil Jamaican beef patty	Chicken Tenders Mini Tacos Sausage & peppers Cheese Ravioli	<i>Chicken quesadillas</i> Beef lo mein Pizza bites Mac & cheese wedges Chicken fries	Penne Alfredo Hamburger/cheeseburger Chicken parm Beef empanadas Chicken chunks	Pizza Pasta w/vodka sauce Mozzarella sticks Chicken nuggets Home made chicken cutlet Lemon potatoes
Week 2	Spaghetti w/butter sauce Popcorn chicken Grilled chicken or Pepper Steak over rice Turkey, bacon Panini	Chicken tenders Tortellini Alfredo Ham & Swiss Panini Beef, rice & cheese burrito	Baked ziti Crispy chicken sandwich French toast (3pc)w/bacon, breakfast potatoes Chicken fries Mac & cheese wedges	Chicken parm Roast beef Panini Hamburger/cheeseburger Onion rings Kale & vegetable steamed dumplings	Pasta w/Vodka sauce Pizza Mozzarella sticks Mac & cheese wedges Rice ball Chicken nuggets
Week 3	Pasta w/ marinara sauce Chicken Tenders <i>Beef empanadas</i> Greek Chicken Bowl Pizza bites	<i>Hot Turkey w/gravy served w/mashed potatoes, corn</i> Philly cheese steak sub Popcorn chicken Macaroni & Cheese	Chicken quesadillas Lasagna roll up w/ garlic bread Hot dog Buffalo Chicken Dumplings Potato Knish	Smashburger/cheeseburger Spaghetti w/ butter Chicken chunks Steak Fajitas over rice served w/tortilla chips <i>Mac & cheese wedges</i>	Pasta w/Vodka sauce Pizza Mozzarella sticks Cheese quesadillas Peppers potatoes & eggs sub Chicken nuggets
Week 4	Spaghetti w/ garlic & oil Popcorn chicken Jamaican beef patty Grilled cheese <i>Panini-Turkey, bacon & cheese</i>	Sweet & sour chicken Chicken tenders Beef Taco Tuesday <i>Pizza bites</i> <i>Grilled cheese</i>	Spicy Chicken wings Pasta primavera Chicken Quesadillas Grilled chicken burrito bowl Meatball sub	Hamburger/cheeseburger Baked ziti Chicken parm Onion rings Chicken fries	Pasta w/Vodka sauce Pizza Mozzarella sticks Panini- Eggplant, mozzarella & roasted peppers Mac & cheese wedges Chicken nuggets
Week 5	Macaroni & cheese Popcorn chicken Buffalo wings Chicken burrito w/rice & cheese	Chicken tenders Tortellini Alfredo w/peas Chicken Taco Tuesday Philly cheese steak	Spaghetti w/garlic & oil Chicken quesadillas Crispy chicken sandwich Roast beef platter	Chicken fries Chicken Stir-Fry Mac & cheese wedges Hamburger/cheeseburger Pancakes with bacon & potatoes	Pizza Pasta w/vodka sauce Mozzarella sticks Chicken nuggets Home made chicken cutlet Lemon potatoes

Featuring

Acai Bowls!

Spring Menu begins with Week 1– Monday April 13th

Please skip daily menu for school closings/ holidays & non- service days- Refer to your school calendar