



International Sharing School

After-School Activities 2025/2026

At International Sharing School, learning doesn't end when the school day does.

Our After School Activities Programme offers students the opportunity to explore their interests, develop new talents, and build meaningful relationships in a supportive and inspiring environment.

With over 30 engaging activities spanning the arts, sports, science, and technology, students are encouraged to challenge themselves, embrace creativity, and discover new passions.

These experiences enrich the school journey, nurturing confidence, collaboration, and a sense of purpose –skills that stay with them for life.

Every afternoon is a new opportunity to grow.

Parents must sign up their child(ren) for the activities exclusively through the [Schoolsbuddy Application](#). In your e-mail inbox you will receive a [tutorial on how to sign your child\(ren\)](#) up for the activities on Schoolsbuddy Application.



You can download the SchoolsBuddy App by scanning the QR code with your smartphone.

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The SchoolsBuddy App can be found on the App Store



The Activities

Discovering new interests and bonding with peers

In the following pages, you will find a full overview of the activities available at International Sharing School as part of our After School Activities Programme.

These activities are not included in the school's tuition fees, and each one has its own dedicated page outlining the schedule, location, associated costs, and other relevant information.

All registrations for the After School Activities Programme must be completed exclusively through the school's designated platform (SchoolsBuddy).



PYP Art

A creative journey where students discover a wide variety of painting techniques while working with high-quality, modern materials.

From watercolor and acrylic painting to collage, glitter and sticker crafts, clay modeling, stones and shells, DIY dreamcatchers, mandalas, Christmas decorations, and handmade greeting cards—every project is an opportunity to explore, imagine, and shine.

 EY 5 - PYP 5

 5 - 15 spots

 Tuesday

 1x/week: 210€

 16h10 - 17h00

 No additional fees

 ISS Junior School

MYP/DP Art

A creative journey where students discover a wide variety of painting techniques while working with high-quality, modern materials.

From watercolor and acrylic painting to collage, glitter and sticker crafts, clay modeling, stones and shells, DIY dreamcatchers, mandalas, Christmas decorations, and handmade greeting cards—every project is an opportunity to explore, imagine, and shine.

 MYP 1 - DP 2

 5 - 15 spots

 Wednesday

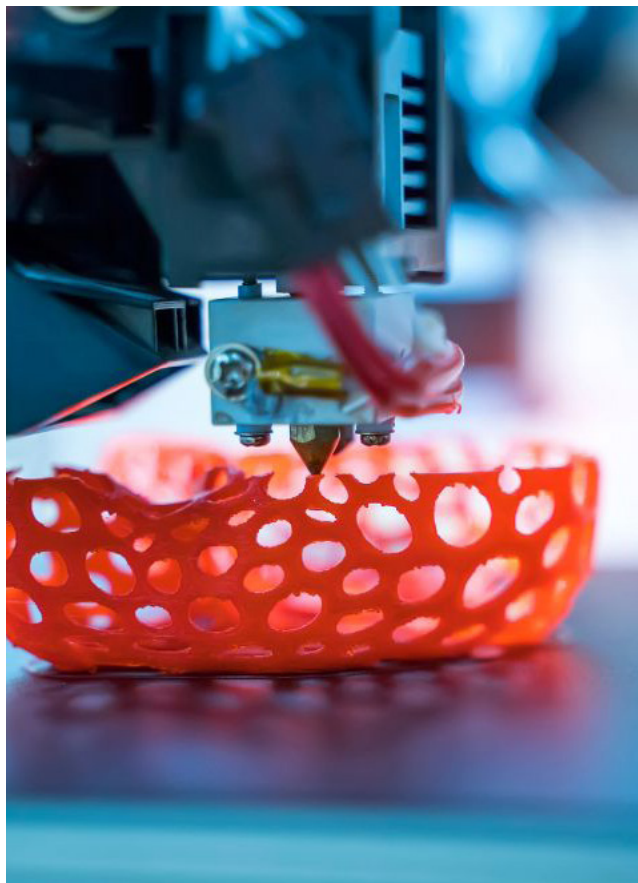
 1x/week: 210€

 16h10 - 17h00

 No additional fees

 ISS Senior School





3D Modeling & Programming

A hands-on technology class where students bring their ideas to life by designing and creating objects using 3D modeling software and programming tools. In this engaging environment, students explore the entire process from concept to creation.

This activity nurtures creativity, problem-solving, and technical skills while building a strong foundation in STEM knowledge.

 PYP 4 - MYP 5

 4 - 8 spots

 Wednesday

 1x/week: 230€

 16h10 - 17h00

 No additional fees

 ISS Junior School

Basketball

A dynamic and fast-paced sport that builds teamwork, coordination, and confidence.

Students develop essential skills such as dribbling, passing, shooting, and defense while improving agility, strength, and endurance.

Training sessions combine technique, fun drills, and friendly games, encouraging beginners and experienced players.

 PYP 1 - DP 2

 5 - unlimited spots

 Mon, Tue, Wed, Thu

 2x/week: 182€

 16h10 - 17h00

 Enrolment, Insurance, Medical Exam, Equipment for practice: 70€

 ISQ





Business MiniGames

A fun and interactive introduction to the world of business, designed for MYP students preparing for the DP Business Management course in the IB curriculum. Explore the world of entrepreneurship through weekly mini-games and hands-on business challenges.

Each week, your progress appears on the individual leaderboard, helping you track your growth and celebrate your achievements along the way.

 MYP 1 - MYP 5

 15 - 20 spots

 Tuesday

 1x/week: 175€

 16h10 - 17h00

 Bring a computer to the activity

 ISS Senior School

Climbing

A confidence-building activity where students learn to climb safely in a fun and supportive environment. Guided by experienced instructors, children develop strength, flexibility, coordination, and problem-solving skills as they explore different climbing routes and challenges.

Indoor climbing encourages perseverance, focus, and trust—helping students reach new heights both on the wall and in their personal growth.

 PYP 2 - MYP 5

 5 - 16 spots

 Wed, Thu

 1x/week: 220€

 16h30 - 17h30

 No additional fees

 Altíssimo do Cacém





Cooking Class

In a fun and hands-on cooking class led by both a nutritionist and a chef, children are introduced to the joy of healthy eating through simple, quick, and tasty recipes.

During the sessions, they experiment with fresh ingredients, discover exciting new flavours, and learn where their food comes from. Along the way, they also pick up essential kitchen skills such as safe chopping, measuring, mixing, and following recipes with confidence.

 G1: EY 3 - EY 4
G2: EY 5 - PYP 5

 G1: 6 - 10 spots
G2: 7 - 14 spots

 Wednesday

 G1: 240€ for 1x/week
G2: 330€ for 1x/week

 G1: 15h35 - 16h05
G2: 16h10 - 17h00

 Enrolment/Materials
fee: 60€ (annual)

 ISS Junior School

Crossfit

A high-energy fitness class designed to build strength, agility, and confidence through fun and varied workouts. Students develop coordination, balance, endurance, and teamwork while practicing age-appropriate CrossFit movements.

Each session combines games, challenges, and exercises that keep children motivated and engaged, helping them discover the joy of an active lifestyle.

 EY 5 - DP 2

 5 - unlimited spots

 Tuesday

 1x/week: 170€

 16h15 - 17h05

 Insurance: 15€

 AlphaDen Training
Center





Dance Ballet

An inspiring introduction to the beauty and discipline of classical ballet, tailored for children ages 5 to 12. In this class, students develop posture, balance, flexibility, and musicality while learning the fundamental positions and movements of ballet.

Through creative exercises and structured practice, children build strength and confidence, discovering how grace and technique come together in dance.

 EY 3 - EY 4

 5 - 25 spots

 Wed, Fri

 1x/week: 205€
2x/week: 261€

 15h35 - 16h05

 ISS Junior School

 Enrolment: 10€
Show Outfit: 35€ paid to directly to partner

Dance Modern & Jazz

An energetic and expressive class where children explore the rhythm, style, and fun of jazz dance.

Students learn dynamic movements, jumps, and turns while improving coordination, flexibility, and stage presence.

With upbeat music and engaging choreography, children build confidence and discover the joy of performing in a lively and creative environment.

 EY 5 - MYP 2

 4 - 25 spots

 Mon, Wed, Fri

 1x/week: 205€
2x/week: 261€
3x/week: 300€

 16h10 - 17h00

 ISS Junior School

 Enrolment: 10€
Show Outfit: 35€ paid to directly to partner





Football

The world's most popular sport, football is a fun and energetic way for students to develop teamwork, coordination, and confidence. In this activity, children learn the fundamentals of the game through age-appropriate drills, skill-building exercises, and friendly matches.

Guided by experienced coaches, players improve fitness, agility, and discipline while experiencing the excitement of working together as a team.

 PYP 1 - DP 2

 4 - 50 spots

 Mon, Tue, Wed, Thu

 2x/week: 167€

 16h10 - 17h00

 No additional fees

 ISS Football Pitch

Game Development with AI

A hands-on course where students explore the intersection of coding, technology, and innovation. They learn the foundations of programming and game design while applying artificial intelligence to create interactive, adaptive gameplay.

From coding logic and algorithms to AI-driven characters and problem-solving challenges, students gain practical skills in one of today's fastest-growing STEAM fields.

 Group 1: PYP
Group 2: MYP - DP

 5 - 12 spots

 Group 1: Thursday
Group 2: Monday

 1x/week: 230€

 Bring a computer to the activity

 16h10 - 17h00

 G1: ISS Junior School
G2: ISS Senior School





Graffiti

A creative and contemporary art class where students explore the world of street art in a safe and structured way.

They learn drawing and lettering techniques, experiment with shapes, colors, and textures, and are introduced to the use of spray paint.

Each project stimulates imagination, confidence, and individual expression.

 PYP - DP

 5 - 20 spots

 Wed, Thu

 1x/week: 268€
2x/week: 383€

 16h10 - 17h00

 ISS Senior School

 Materials Fee: 120€
(annual)

Gymnastics

A dynamic and engaging class that helps children develop coordination, strength, balance, and flexibility through a variety of fun and structured activities. Students are guided through exercises that challenge their abilities.

Gymnastics provides an excellent foundation for all sports and dance, supporting physical development while fostering confidence, resilience, and a love of movement. where fun and skill-building go hand in hand.

 G1: EY 3 - EY 4
G2: EY 5 - PYP 5

 G1: 5 - 15 spots
G2: 5 - 18 spots

 Tue, Thu

 1x/week: 150€
2x/week: 209€

 G1: 15h35 - 16h05
G2: 16h10 - 17h00

 No additional fees

 ISS Junior School





Happy Feet

A fun and dynamic class designed especially for our youngest students. Children listen to music and begin exploring movement together as a group, building confidence and coordination.

They experiment with playful activities—pausing with the music, balancing on benches, rolling, exploring their reflection in the mirror, and trying out a variety of dance styles such as Hip Hop, Contemporary, and Jazz.

 EY 3 - EY 4

 5 - 25 spots

 Monday

 1x/week: 205€

 15h35 - 16h05

 Enrolment: 10€
Show Outfit: 35€ paid to directly to partner

 ISS Junior School

Horse Riding

A unique opportunity for students to connect with animals, develop confidence, and enjoy the outdoors while learning to ride.

In addition to riding, students also learn how to care for horses—grooming, feeding, and understanding their needs. Our partner offers a farm setting where children are welcome to interact with other animals, such as goats and pigs, making the experience educational and memorable.

 EY 5 - DP 2

 5 spots

 Tue, Thu

 1x/week: 450€
2x/week: 862€

 Starts at 16h30

 Hípica de Oeiras

 Enrolment fee: 25€
Equipment to be discussed with partner





Jiu Jitsu

Gracie Jiu-Jitsu is more than just the most effective martial art for self-defense—it's a powerful tool for personal growth and transformation. With nearly 30 years of direct training, Professor Vinicius Fonseca brings deep knowledge and passion to every class.

Through the core principles and techniques of Gracie Jiu-Jitsu, students not only learn how to protect themselves, but also gain confidence and resilience.

 EY 4 - DP 2

 4 - 14 spots

 Mon, Wed, Fri

 1x/week: 265€
2x/week: 362€
3x/week: 433€

 16h10 - 17h00

 ISS Senior School

 Coordinate equipment fees with partner

Judo

A martial art that develops discipline, confidence, and respect while keeping students active and engaged. Classes combine technique with fun exercises to build balance, coordination, and strength in a safe and supportive environment.

Judo teaches much more than physical skills—it nurtures perseverance, focus, and respect for others, both on and off the mat.

 G1: EY 3 - EY 4
G2: EY 5 - PYP 5
G3: MYP 1 - MYP 5

 4 - 20 spots

 1x/week: 195€
2x/week: 214€

 Tue, Thu, Fri

 Enrolment fee: 25€

 G1: 15h35 - 16h05
G2 & 3: 16h10 - 17h00

 ISS Senior School





Padel

One of the fastest-growing sports in the world, Padel is fun, social, and easy to learn. Played in doubles on an enclosed court, it combines elements of tennis and squash, making it engaging for beginners and exciting for more experienced players.

In this class, students develop coordination, agility, and teamwork while learning key skills such as serving, rallying, and strategic play.

 PYP 1 - DP 2

 5 - unlimited spots

 Mon, Fri

 1x/week: 155€
2x/week: 228€

 16h30 - 17h30

 Oeiras Padel Academy

 No additional fees

Photography

This activity is open to all students who want to explore photography, whether using a phone, a digital camera, or even film.

You will learn how to use manual mode and understand the basics of ISO, aperture, and shutter speed. We will also explore creative techniques such as cyanotypes and slow shutter photography, as well as try out portrait and landscape photography

 MYP 1 - DP 2

 4 - 12 spots

 Monday

 1x/week: 265€

 16h10 - 17h00

 No additional fees

 ISS Senior School





Python with AI

A hands-on technology class where students are introduced to the fundamentals of programming with Python. Step by step, they learn coding basics and web design while exploring how artificial intelligence and machine learning can be applied in real-world projects.

Using professional tools such as Anaconda and PyCharm, students gain practical experience in coding, problem-solving, and digital creativity.

 MYP 3 - DP 2

 4 - 12 spots

 Thursday

 1x/week: 230€

 16h10 - 17h00

 Bring a computer to the activity

 ISS Senior School

Robotics

A fun and creative journey into robotics!

In this class, students dive into the Engineering Design Process—brainstorming ideas, designing, building, testing, and playing with their very own robots.

Using specialized kits and coding tools that range from beginner-friendly to more advanced, children discover how robots move, react, and overcome exciting challenges.

 PYP 1 - MYP 5

 4 - 14 spots

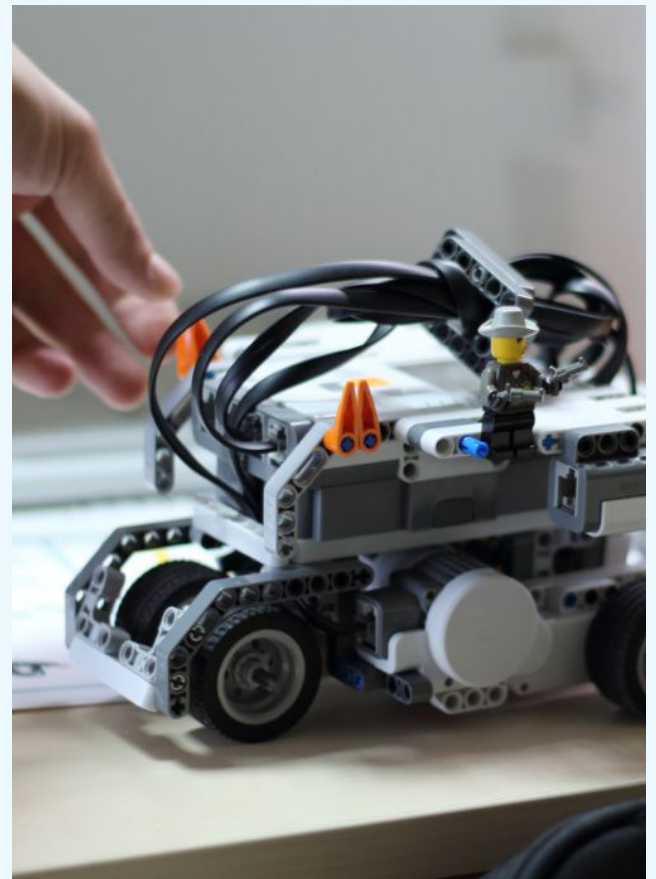
 Wednesday

 1x/week: 200€

 16h10 - 17h00

 No additional fees

 ISS Junior School





Rugby

Tag Rugby is a fun, fast-paced, and non-contact version of rugby that introduces children to the excitement of the sport while ensuring safety at all times. It encourages teamwork, coordination, and confidence.

Through engaging games and skill-building activities, students learn the core values of rugby – such as respect, discipline, and teamwork – while developing essential techniques like passing, catching, and evasion.

 G1: EY 3 - EY 4
G2: EY 5 - PYP 4
G3: PYP 5 - MYP 1

 5 - 20 spots

 1x/week: 105€

 Friday

 Enrolment, Insurance, Equipment and Medical Exam: 50€

 G1: 15h35 - 16h05
G2 & 3: 16h10 - 17h00

 ISS Football Pitch

Russian for Native Speakers

A language and literacy class designed to support native Russian-speaking students in maintaining and strengthening their mother tongue. Lessons focus on reading, writing, vocabulary enrichment, and grammar, while also exploring Russian culture and literature.

 G1: EY 3 - EY 4
G2: EY 5 - PYP 1
G3: PYP 2 - PYP 3
G4: PYP 4 - PYP 5

 G1: 3 - 6 spots
G2, 3 & 4: 4 - 8 spots

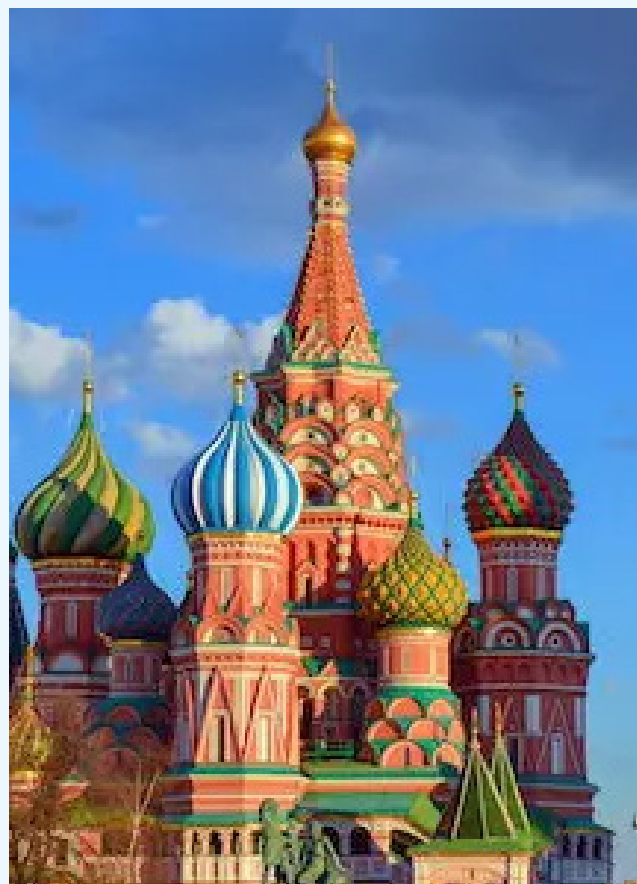
 1x/week: 195€

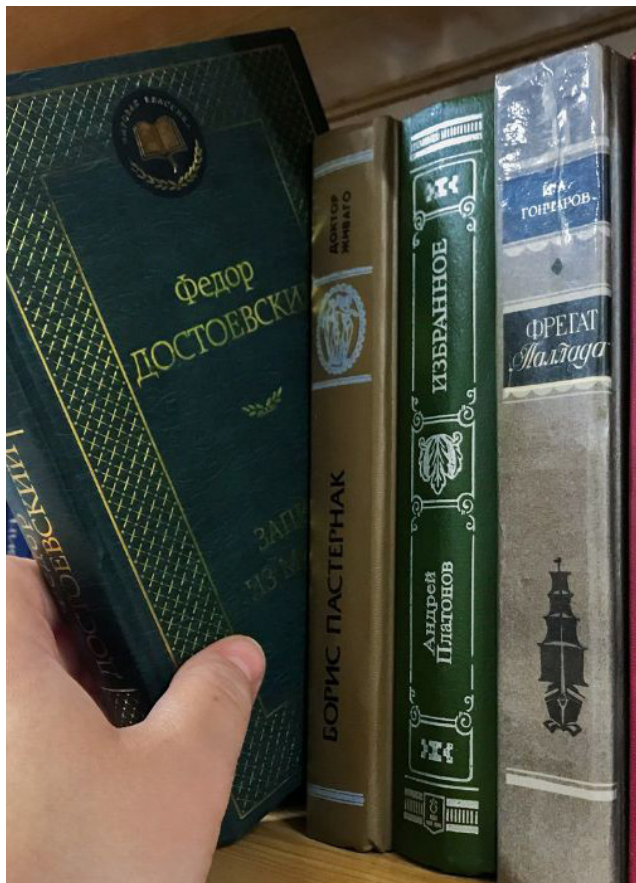
 G1 & 2: Monday
G3: Tuesday
G4: Wednesday

 No additional fees

 G1: 15h35 - 16h05
G2, 3 & 4: 16h10 - 17h00

 ISS Junior School





Russian Literature

An engaging class where students explore the richness of Russian literary heritage. Through age-appropriate texts, they are introduced to the works of classic and modern authors, discovering themes, characters, and cultural contexts that have shaped Russian identity.

Lessons combine reading, discussion, and creative activities to build critical thinking, interpretation, language skills, and achieve academic success in both Russian and the IB curriculum.

 MYP 1 - DP 2

 4 - unlimited spots

 Friday

 195€

 16h10 - 17h00

 No additional fees

 ISS Senior School

Sailing

An adventurous outdoor activity where students learn the fundamentals of sailing in a safe and structured environment. Using Optimist boats (perfect for beginners) and progressing to Laser boats (for more advanced sailors), children build confidence on the water while developing balance, coordination, and resilience.

Through hands-on practice, they learn to rig a boat, understand wind and weather conditions, and work independently or in pairs to navigate.

 PYP 3 - DP 2

 5 - 8 spots

 Wednesday

 1x/week: 345€

 16h30 - 17h30

 Check equipment with partner

 Posto Náutico do Sport Algés e Dafundo (SAD)





Skate

An exciting activity where students learn and practice skateboarding in our very own school skatepark. Guided by experienced instructors, children develop balance, coordination, and agility while mastering fundamental techniques such as stance, pushing and turning.

With a focus on safety and confidence-building, each session encourages creativity, perseverance, and self-expression.

 EY 5 - DP 2

 5 - 10 spots

 Mon to Fri

 1x/week: 210€
2x/week: 349€
3x/week: 423€

 16h10 - 17h00

 ISS Skate Park

 No additional fees

Surf

A thrilling water sport that combines fun, fitness, and a deep connection with the ocean. In this class, students learn the fundamentals of surfing, from paddling and balance to standing on the board and riding their first waves.

Guided by experienced instructors and always with a strong focus on safety, children build confidence in the water while improving strength, coordination, and resilience.

 PYP 1 - DP 2

 5 - unlimited spots

 Tuesday

 1x/week: 480€

 16h30 - 18h00

 Insurance: 25€

 Torre Beach or
Carcavelos Beach





Swimming

An essential life skill and a fun way to stay active, swimming helps children build confidence and safety in the water from an early age. Through age-appropriate lessons, students progress step by step—from getting comfortable in the pool and learning basic water safety, to developing correct techniques in strokes such as freestyle, backstroke, and breaststroke.

With experienced instructors guiding them, children improve coordination, strength, and endurance.

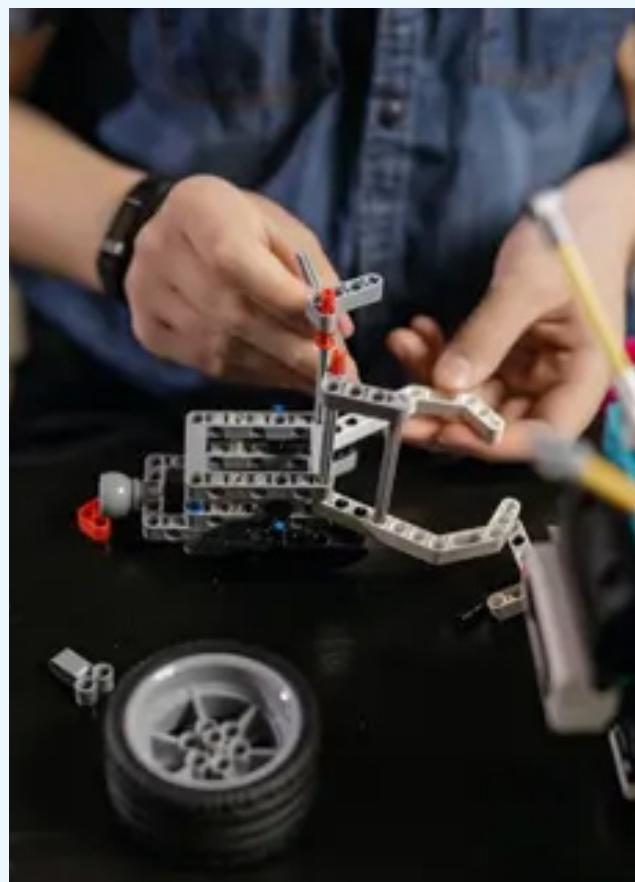
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|---------------------------------|---|
| EY 3 - PYP 4 | 14 - 16 spots |
| Mon, Tue, Wed, Thu | 1x/week: 230€
2x/week: 460€
3x/week: 690€ |
| 16h00 - 17h00 | |
| Holmes Place
Quinta da Fonte | Full year commitment |

The Inventors

A hands-on, STEM-based program that inspires creativity, problem-solving, and a love for innovation. Students work through fun projects combining science, technology, engineering, and mathematics, learning how to design, build, and test their own creations.

The Inventors nurtures imagination and STEM skills step by step, preparing students to become confident creators and innovators.

- | | |
|--|---------------------|
| G1: EY 5 - PYP 5
G2: MYP 1 - MYP 4 | 4 - unlimited spots |
| G1: Tue, Thu
G2: Thu | 1x/week: 200€ |
| G1: 15h35 - 16h05
G2: 16h10 - 17h00 | No additional fees |
| G1: ISS Junior School
G2: ISS Senior School | |





Volleyball

A dynamic team sport that builds cooperation, communication, and coordination. In this activity, students learn the fundamentals of volleyball—including serving, passing, setting, and spiking—through fun drills and friendly matches. Training also focuses on agility, reflexes, and teamwork.

Volleyball promotes discipline, resilience, and sportsmanship, while giving students the excitement of working together toward a common goal on the court.

 PYP 3 - DP 2

 4 - 42 spots

 Mon to Fri

 1x/week: 115€
2x/week: 182€

 16h10 - 17h30

 ISQ

 No additional fees

Timetables

Multiple activities available for your child

Our detailed timetables make it easy to see what's happening and when.

Organised by grade and day of the week, they help students and families plan their after school activities with ease.

Whether you're exploring arts, sports, or academic activities, you'll always know exactly where to be and what's next.

EY 3 & 3/4

From Happy Feet and Gymnastics to Judo, Ballet, Rugby, and Russian for Native Speakers, children in the EY 3 & EY 3/4 can try new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Feet 15h35 - 16h05 Russian for Native Speakers 15h35 - 16h05 Swimming 16h00 - 17h00	Gymnastics 15h35 - 16h05 Judo 15h35 - 16h05 Swimming 16h00 - 17h00	Cooking Class 15h35 - 16h05 Dance Ballet 15h35 - 16h05 Swimming 16h00 - 17h00	Gymnastics 15h35 - 16h05 Judo 15h35 - 16h05 Swimming 16h00 - 17h00	Dance Ballet 15h35 - 16h05 Rugby 15h35 - 16h05

EY 4

From Happy Feet and Gymnastics to Jiu Jitsu, Ballet, Rugby, and Russian for Native Speakers, children in the EY 4 can enjoy time with friends.

Monday	Tuesday	Wednesday	Thursday	Friday
Football 16h10 - 17h00 Happy Feet 15h35 - 16h05 Jiu Jitsu 16h10 - 17h00 Russian for Native Speakers 15h35 - 16h05 Swimming 16h00 - 17h00	Gymnastics 15h35 - 16h05 Judo 15h35 - 16h05 Swimming 16h00 - 17h00	Cooking Class 15h35 - 16h05 Dance Ballet 15h35 - 16h05 Football 16h10 - 17h00 Jiu Jitsu 16h10 - 17h00 Swimming 16h00 - 17h00	Gymnastics 15h35 - 16h05 Judo 15h35 - 16h05 Swimming 16h00 - 17h00	Dance Ballet 15h35 - 16h05 Jiu Jitsu 16h10 - 17h00 Rugby 15h35 - 16h05

EY 5

From Modern and Jazz Dance, Jiu Jitsu, and Skate to Arts for PYP, Crossfit, Gymnastics, Horse Riding, Judo, Russian for Native Speakers, The Inventors, Cooking Class and Rugby for the EY 5.

Monday	Tuesday	Wednesday	Thursday	Friday
Dance Jazz & Modern 16h10 - 17h00	Art PYP 16h10 - 17h00	Cooking Class 16h10 - 17h00	Gymnastics 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Football 16h10 - 17h00	Crossfit 16h15 - 17h05	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Jiu Jitsu 16h10 - 17h00
Jiu Jitsu 16h10 - 17h00	Gymnastics 16h10 - 17h00	Football 16h10 - 17h00	Judo 16h10 - 17h00	Rugby 16h10 - 17h00
Russian for Native Speakers 16h10 - 17h00	Horse Riding Starts at 16h30	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	Skate 16h10 - 17h00
Skate 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00	Swimming 16h00 - 17h00	
Swimming 16h00 - 17h00	Skate 16h10 - 17h00	Swimming 16h00 - 17h00	The Inventors 16h10 - 17h00	
	Swimming 16h00 - 17h00			
	The Inventors 16h10 - 17h00			

PYP 1

From Modern and Jazz Dance, Football, and Jiu Jitsu to Robotics, Game Development with AI, and Rugby, children in the PYP 1 can learn new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Art PYP 16h10 - 17h00	Basketball 16h10 - 17h00	Game Development with AI 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h15 - 17h05	Cooking Class 16h10 - 17h00	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Football 16h10 - 17h00	Gymnastics 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00	Gymnastics 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Football 16h10 - 17h00	Horse Riding Starts at 16h30	Rugby 16h10 - 17h00
Russian for Native Speakers 16h10 - 17h00	Judo 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Padel 16h30 - 17h30	Swimming 16h00 - 17h00	Jiu Jitsu 16h10 - 17h00	Swimming 16h00 - 17h00	
Swimming 16h00 - 17h00	Skate 16h10 - 17h00	Robotics 16h10 - 17h00	Skate 16h10 - 17h00	
Skate 16h10 - 17h00	Surf 16h30 - 18h00	Swimming 16h00 - 17h00	The Inventors 16h10 - 17h00	
	The Inventors 16h10 - 17h00	Skate 16h10 - 17h00		

PYP 2

From Modern and Jazz Dance, Football, Jiu Jitsu, and Climbing to Robotics, Game Development with AI, and Rugby, children in the PYP 2 can learn new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Art PYP 16h10 - 17h00	Basketball 16h10 - 17h00	Game Development with AI 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h15 - 17h05	Climbing 16h30 - 17h30	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Football 16h10 - 17h00	Gymnastics 16h10 - 17h00	Cooking Class 16h10 - 17h00	Gymnastics 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Rugby 16h10 - 17h00
Padel 16h30 - 17h30	Judo 16h10 - 17h00	Football 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Swimming 16h00 - 17h00	Russian for Native Speakers 16h10 - 17h00	Graffiti 16h10 - 17h00	Swimming 16h00 - 17h00	
Skate 16h10 - 17h00	Swimming 16h00 - 17h00	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	
	Skate 16h10 - 17h00	Robotics 16h10 - 17h00	The Inventors 16h10 - 17h00	
	Surf 16h30 - 18h00	Swimming 16h00 - 17h00		
	The Inventors 16h10 - 17h00	Skate 16h10 - 17h00		

PYP 3

From Modern and Jazz Dance, Football, Jiu Jitsu, Climbing, and Volleyball to Robotics, Game Development with AI, and Rugby, children in the PYP 3 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Art PYP 16h10 - 17h00	Basketball 16h10 - 17h00	Game Development with AI 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h15 - 17h05	Climbing 16h30 - 17h30	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Football 16h10 - 17h00	Gymnastics 16h10 - 17h00	Cooking Class 16h10 - 17h00	Gymnastics 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Rugby 16h10 - 17h00
Padel 16h30 - 17h30	Judo 16h10 - 17h00	Football 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Swimming 16h00 - 17h00	Russian for Native Speakers 16h10 - 17h00	Graffiti 16h10 - 17h00	Skate 16h10 - 17h00	
Skate 16h10 - 17h00	Skate 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Swimming 16h00 - 17h00	
	Surf 16h30 - 18h00	Robotics 16h10 - 17h00	The Inventors 16h10 - 17h00	
	Swimming 16h00 - 17h00	Sailing 16h30 - 17h30	Volleyball 16h10 - 17h30	
	The Inventors 16h10 - 17h00	Skate 16h10 - 17h00		
	Volleyball 16h10 - 17h30	Swimming 16h00 - 17h00		

PYP 4

From Modern and Jazz Dance, Football, Jiu Jitsu, Climbing, Volleyball, 3D Modelling and Programming, to Robotics and Game Development with AI, children in the PYP 4 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Art PYP 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Game Development with AI 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h10 - 17h00	Basketball 16h10 - 17h00	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Football 16h10 - 17h00	Gymnastics 16h10 - 17h00	Climbing 16h30 - 17h30	Gymnastics 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Cooking Class 16h10 - 17h00	Horse Riding Starts at 16h30	Rugby 16h10 - 17h00
Padel 16h30 - 17h30	Judo 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Skate 16h10 - 17h00	Skate 16h10 - 17h00	Football 16h10 - 17h00	Skate 16h10 - 17h00	
Swimming 16h00 - 17h00	Surf 16h30 - 18h00	Graffiti 16h10 - 17h00	Swimming 16h00 - 17h00	
	Swimming 16h00 - 17h00	Jiu Jitsu 16h10 - 17h00	The Inventors 16h10 - 17h00	
	The Inventors 16h10 - 17h00	Robotics 16h10 - 17h00	Volleyball 16h10 - 17h30	
	Volleyball 16h10 - 17h30	Russian for Native Speakers 16h10 - 17h00		
		Sailing 16h30 - 17h30		
		Skate 16h10 - 17h00		
		Swimming 16h00 - 17h00		

PYP 5

From Modern and Jazz Dance, Football, Jiu Jitsu, Climbing, Basketball, 3D Modelling and Programming, to Robotics and Padel, children in the PYP 5 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Art PYP 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Game Development with AI 16h10 - 17h00	Dance Jazz & Modern 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h10 - 17h00	Basketball 16h10 - 17h00	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Jiu Jitsu 16h10 - 17h00	Football 16h10 - 17h00	Climbing 16h30 - 17h30	Football 16h10 - 17h00	Padel 16h30 - 17h30
Padel 16h30 - 17h30	Gymnastics 16h10 - 17h00	Cooking Class 16h10 - 17h00	Gymnastics 16h10 - 17h00	Rugby 16h10 - 17h00
Skate 16h10 - 17h00	Horse Riding Starts at 16h30	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Skate 16h10 - 17h00
	Judo 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00	
	Skate 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	
	Surf 16h30 - 18h00	Robotics 16h10 - 17h00	The Inventors 16h10 - 17h00	
	The Inventors 16h10 - 17h00	Russian for Native Speakers 16h10 - 17h00	Volleyball 16h10 - 17h30	
	Volleyball 16h10 - 17h30	Sailing 16h30 - 17h30		
		Skate 16h10 - 17h00		

MYP 1

From Football, Jiu Jitsu, Basketball, 3D Modelling and Programming, to Robotics and Padel, children in the MYP 1 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Business MiniGames 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Climbing 16h30 - 17h30	Dance Jazz 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h15 - 17h00	Arts MYP DP 16h10 - 17h00	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Game Development with AI 16h10 - 17h00	Football 16h10 - 17h00	Basketball 16h10 - 17h00	Football 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Judo 16h10 - 17h00
Padel 16h30 - 17h30	Judo 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00	Rugby 16h10 - 17h00
Photography 16h10 - 17h00	Skate 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	Russian Literature 16h10 - 17h00
Skate 16h10 - 17h00	Surf 16h30 - 18h00	Robotics 16h10 - 17h00	The Inventors 16h10 - 17h00	Skate 16h10 - 17h00
	Volleyball 16h10 - 17h30	Sailing 16h30 - 17h30	Volleyball 16h10 - 17h30	
		Skate 16h10 - 17h00		

MYP 2

From Football, Jiu Jitsu, Basketball, 3D Modelling and Programming, to Business MiniGames and Climbing, children in the MYP 2 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball 16h10 - 17h00	Business MiniGames 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Climbing 16h30 - 17h30	Dance Jazz 16h10 - 17h00
Dance Jazz & Modern 16h10 - 17h00	Crossfit 16h15 - 17h00	Arts MYP DP 16h10 - 17h00	Graffiti 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Game Development with AI 16h10 - 17h00	Football 16h10 - 17h00	Basketball 16h10 - 17h00	Football 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Dance Jazz & Modern 16h10 - 17h00	Horse Riding Starts at 16h30	Judo 16h10 - 17h00
Padel 16h30 - 17h30	Judo 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00	Russian Literature 16h10 - 17h00
Photography 16h10 - 17h00	Skate 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	Skate 16h10 - 17h00
Skate 16h10 - 17h00	Surf 16h30 - 18h00	Robotics 16h10 - 17h00	The Inventors 16h10 - 17h00	
	Volleyball 16h10 - 17h30	Sailing 16h30 - 17h30	Volleyball 16h10 - 17h30	
		Skate 16h10 - 17h00		

MYP 3 & 4

From Football, Jiu Jitsu, Basketball, 3D Modelling and Programming, to Business MiniGames and Climbing, children in the MYP 3 & 4 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Football 16h10 - 17h00	Basketball 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Basketball 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Game Development with AI 16h10 - 17h00	Business MiniGames 16h10 - 17h00	Arts MYP DP 16h10 - 17h00	Climbing 16h30 - 17h30	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Crossfit 16h15 - 17h00	Football 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00
Padel 16h30 - 17h30	Horse Riding Starts at 16h30	Graffiti 16h10 - 17h00	Horse Riding Starts at 16h30	Russian Literature 16h10 - 17h00
Photography 16h10 - 17h00	Judo 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Skate 16h10 - 17h00	Skate 16h10 - 17h00	Robotics 16h10 - 17h00	Skate 16h10 - 17h00	Volleyball (Girls) 16h10 - 17h30
Volleyball 16h10 - 17h30	Surf 16h30 - 18h00	Sailing 16h30 - 17h30	The Inventors 16h10 - 17h00	
		Skate 16h10 - 17h00		
		Volleyball (Girls) 16h10 - 17h30		

MYP 5

From Arts for MYP and DP, Jiu Jitsu, Basketball, 3D Modelling and Programming, to Business MiniGames and Crossfit, children in the MYP 5 can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Football 16h10 - 17h00	Basketball 16h10 - 17h00	3D Modelling & Programming 16h10 - 17h00	Basketball 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Game Development with AI 16h10 - 17h00	Business MiniGames 16h10 - 17h00	Arts MYP DP 16h10 - 17h00	Climbing 16h30 - 17h30	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Crossfit 16h15 - 17h00	Football 16h10 - 17h00	Graffiti 16h10 - 17h00	Judo 16h10 - 17h00
Padel 16h30 - 17h30	Horse Riding Starts at 16h30	Graffiti 16h10 - 17h00	Horse Riding Starts at 16h30	Russian Literature 16h10 - 17h00
Photography 16h10 - 17h00	Judo 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Judo 16h10 - 17h00	Skate 16h10 - 17h00
Skate 16h10 - 17h00	Skate 16h10 - 17h00	Robotics 16h10 - 17h00	Skate 16h10 - 17h00	Volleyball (Girls) 16h10 - 17h30
Volleyball 16h10 - 17h30	Surf 16h30 - 18h00	Sailing 16h30 - 17h30		
		Skate 16h10 - 17h00		
		Volleyball (Girls) 16h10 - 17h30		

DP 1 & 2

From Arts for MYP and DP, Jiu Jitsu, Basketball, Sailing, to Football and Crossfit, children in the DP can explore new skills.

Monday	Tuesday	Wednesday	Thursday	Friday
Football 16h10 - 17h00	Basketball 16h10 - 17h00	Arts MYP DP 16h10 - 17h00	Basketball 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00
Game Development with AI 16h10 - 17h00	Crossfit 16h15 - 17h00	Graffiti 16h10 - 17h00	Graffiti 16h10 - 17h00	Padel 16h30 - 17h30
Jiu Jitsu 16h10 - 17h00	Horse Riding Starts at 16h30	Football 16h10 - 17h00	Horse Riding Starts at 16h30	Russian Literature 16h10 - 17h00
Padel 16h30 - 17h30	Skate 16h10 - 17h00	Jiu Jitsu 16h10 - 17h00	Skate 16h10 - 17h00	Skate 16h10 - 17h00
Photography 16h10 - 17h00	Surf 16h30 - 18h00	Sailing 16h30 - 17h30		Volleyball (Girls) 16h10 - 17h30
Skate 16h10 - 17h00		Skate 16h10 - 17h00		
Volleyball 16h10 - 17h30		Volleyball (Girls) 16h10 - 17h30		

Sharing Clubs

What we offer with the tuition

Our detailed timetables make it easy to see what's happening and when.

Organised by grade and day of the week, they help students and families plan their after school activities with ease.

Whether you're exploring arts, sports, or academic activities, you'll always know exactly where to be and what's next.



Sensory Games

A playful club where children discover textures, sounds, and movements through sensory activities. It supports motor skills, creativity, and curiosity.

-  Foundation 1 + 2
-  16h10 - 16h40
-  Monday
-  10 spots
-  Miss Filipa C.



Fun Lego I

This club sparks imagination and problem-solving as children build and create with Lego bricks. A fun way to develop teamwork and fine motor skills.

-  Foundation 1 + 2
-  16h10 - 16h40
-  Friday
-  10 spots
-  Miss Linda & Miss Sónia



Fun Movement I

Children explore body movement, rhythm, and balance through dance and games. It helps build coordination, confidence, and physical expression.

-  Foundation 1 + 2
-  16h10 - 16h40
-  Thursday
-  10 spots
-  Miss Lidiane & Miss Carla M.



Storytelling I

Through stories, role-play, and puppets, children develop listening and early literacy skills in a fun and interactive way.

-  Foundation 1 + 2
-  16h10 - 16h40
-  Tuesday
-  10 spots
-  Miss Inês & Miss Paulina



Creative Play-doh

A creative club where children use Play-doh to shape, build, and imagine. It enhances creativity, coordination, and sensory skills.

 EY 3 + 3/4 + 4

 16h10 - 16h40

 TBC

 15 spots

 Miss Joana D. & Miss Susana



Storytelling II

Children enjoy magical tales and participate in role-play to build imagination, vocabulary, and early communication skills.

 EY 3 + 3/4 + 4

 16h10 - 16h40

 Monday

 15 spots

 Miss Giulia & Miss Carla V.



Fun Lego II

Encourages creativity and collaboration through Lego challenges. Students learn to share, build, and problem-solve together.

 EY 3 + 3/4 + 4

 16h10 - 16h40

 Thursday

 15 spots

 Miss Marta N. & Miss Catarina G.



Fun Movement II

Energetic games and exercises that help children develop rhythm, flexibility, and confidence through movement with their peers.

 EY 3 + 3/4 + 4

 16h10 - 16h40

 Tuesday

 15 spots

 Miss Carla L. & Miss Carolina M.



Portuguese Storytelling

A bilingual club where children enjoy Portuguese stories and improve language skills while having fun with their peers.

 EY 5 + PYP 1 + PYP 2  16h10 - 17h00

 Friday  15 spots

 Miss Joana L.



Reading Club I

Students dive into age-appropriate books, share opinions, and foster a love for reading with each other while having fun.

 EY 5 + PYP 1 + PYP 2  16h10 - 17h00

 Thursday  15 spots

 Miss Mariana P.



Maths Club I

Playful and fun math challenges, puzzles, and games to strengthen logical thinking and problem-solving in younger children.

 EY 5 + PYP 1 + PYP 2  16h10 - 17h00

 Monday  15 spots

 Miss Marta F.



Fun Sports I

An energetic club with different fun sports and teamwork activities that build physical fitness and fair play among students.

 EY 5 + PYP 1 + PYP 2  16h10 - 17h00

 Tuesday  20 spots

 Mr. Vasco & Mr. Lewis



Homework Club I

A quiet space with guidance where students can complete homework and strengthen study skills while accompanied by a teacher.

-  PYP 2 + 3  16h10 - 17h00
-  Monday  10 spots
-  Miss Irene & Miss Nathalie



Fun Sports II

Engaging and exciting team sports and games to build physical skills, develop teamwork, and resilience among peers.

-  PYP 3 + 4 + 5  16h10 - 17h00
-  Friday  20 spots
-  Mr. Paulo & Mr. Lewis



Reading Club II

Students share books with each other, discuss stories, and expand their vocabulary while enjoying the pleasure of reading.

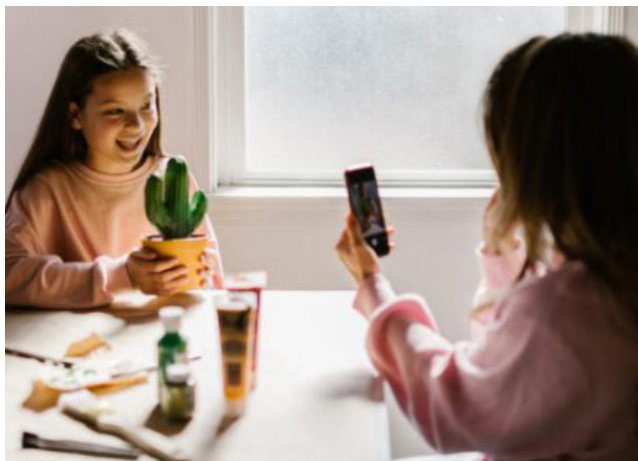
-  PYP 3 + 4 + 5  16h10 - 17h00
-  Tuesday  15 spots
-  Miss Caro



Maths Club II

Advanced math games and challenges that encourage logical reasoning and creative problem-solving for older students.

-  PYP 3 + 4 + 5  16h10 - 17h00
-  Monday  15 spots
-  Mr. Hugh



Props & Design

Students design and create stage props, working creatively behind the scenes to support school performances during the academic year.

-  PYP 3 + 4 + 5
-  16h10 - 17h00
-  Monday
-  15 spots
-  Miss Lúcia & Miss Filipa A.



Sharing News

Students practice reading, writing and gain confidence by sharing news, stories, and current events with their peers at school.

-  PYP 4 + 5
-  16h10 - 17h00
-  Tuesday
-  12 spots
-  Miss Marta V. & Miss Maria J.



Homework Club II

Provides structured time and support for completing assignments and reinforcing classroom learning with the help of teachers.

-  PYP 4 + 5
-  16h10 - 17h00
-  Monday
-  15 spots
-  Miss Catarina S.



Script Writing

Students create original scripts using their imagination and explore storytelling techniques, preparing for stage performance.

-  PYP 4 + 5
-  16h10 - 17h00
-  Thursday
-  8 spots
-  Miss Anne & Miss Zee



Musical Theatre

A creative club that combines singing, acting, and learning about stage technology. Students develop confidence and teamwork.

 PYP 1 + 2 + 3 + 4 + 5

 16h10 - 17h00

 Tue & Thu

 Unlimited spots

 Mr. Luís, Miss Mariana S., Miss Joana, Miss Maria U. & Miss Micaela



Student Council

Learn about UN SDG's and take action to make our school community more sustainable and develop leadership skills in our school community.

 By Student Election

 12h30 - 13:00

 Wednesday

 By Student Election

 Miss Mara & Miss Nicole

Terms & Conditions

Everything that you need to know

Commitment & Enrolment

Participation in each activity requires a **termly commitment that renews automatically at the start of each term**. Please note that there will be **no ASA during the final week of each term**.

Enrolment follows a **preference-based process** (not first-come, first-served) and will take place between September 9th and September 17th 2025. Once the enrolment period is closed, changes to the preferences/activities are not permitted, as the term commitment is already in place.

Enrolments after the enrolment period is over are permitted, assuming there are available spots in the activity. The fees applied will be calculated proportionately. Term 2 and Term 3 changes and cancelations must be done by email to asacoordinator@taguspark.sharingschool.org by:

- **Term 2:** until November 16th 2025.
- **Term 3:** until March 15th 2026.

Activities Duration

For **Term 1**, activities will take place between September 22nd and December 5th 2025, except during the mid term break (between October 27th and November 1st).

For **Term 2**, activities will take place between January 6th and March 27th 2026, except during the mid term break (between February 23rd to 27th 2026).

For **Term 3**, activities will take place between April 20th and June 26th 2026.

ASA Fair & Open Lessons

To support informed decision-making, families are invited to attend the **ASA Fair on September 9th, 2025, from 16:00 to 17:00**. Parents must accompany their children to the ASA Fair. Here, students and parents will have the opportunity to meet our trusted activity partners and learn more about the programme.

From **September 10th to 17th**, students may also participate in **open lessons**, giving them the chance to try different activities before making their final selections. Some Open Lessons may be charged, and if they take place offsite parents are responsible for transport to and from venue.

Official ASA classes will begin on **Monday, September 22nd, 2025**.

Activity Schedule & Logistics

Most **on-campus activities** at ISS will begin at **16:10** and end at **17:00**, providing a smooth transition from the academic day. *Some Early Years activities may follow slightly adjusted times to best suit the developmental needs of younger students.*

Offsite activities follow a different schedule to account for travel time. Start times may vary depending on the distance and location of the venue. In some cases—such as **Swimming**, which begins at **16:00**—students may be **excused from class at 15h30 to ensure timely arrival**.

ISS will provide **transport to the activity location**, provided there is a **minimum of 5 students enrolled** in that activity on a given day.

Please note: Parents are required to collect their children **directly from the offsite activity venue, as return transport is not provided**. This applies **even to students enrolled in the school bus service**—if a student participates in an offsite activity, families are responsible for arranging pick-up from the activity location on that day.

Enrolment Platform

All registrations for the After School Activities Programme must be completed through the school's designated platform ([SchoolsBuddy](#)).

Afterschool Clubs

In addition to the ASA Programme, International Sharing School also offers a selection of **Afterschool Clubs** that are **included in the school's tuition fees**.

For students in **Foundation 2 through to PYP 5**, these clubs offer a fun and enriching extension to the day and **still require enrolment through the SchoolsBuddy**, just like other afterschool activities.

For students in the **MYP and DP programmes**, a range of **Academic Enhancement Clubs** will also be available. These clubs are designed to support subject enrichment and student success, and **do not require prior enrolment**.

Should you have any doubts about our ASA Programme, please contact our ASA Coordinators, Andrea Lopes and Catarina Gaspar at asacoordinator@taguspark.sharingschool.org.

Music Academy

At ISS we also have a Music Academy, where students can pursue their singing and music playing skills. Taught by highly skilled and certified teachers, our students will be able to learn from some of the best in the area.

For Music Academy specific information, please contact the Music Academy Coordinator, Ms. Mafalda Marques (musicacademy@taguspark.sharingschool.org).



International sharing school

taguspark - oeiras valley - portugal