

Miles City John Polich Invite

April 24th, 2026

All events are timed finals. There will be no medals or ribbons. The order of running events will be boys and then girls. There will be three throws/jumps. (Farthest throw will be measured) No finals. Events are capped at 6 entries per team. 2 entries per relay. Coaches may be asked to work events. Cost per team is \$150.

TRACK EVENTS:

10:30	3200	B/G
	300 HURDLES	B/G
	100	B/G
	800	B/G
	110/100 HURDLES	B/G
	4 X 100 RELAY	B/G
	400	B/G
	1600	B/G
	200	B/G
	4 X 400 RELAY	B/G

FIELD EVENTS:

10:00	BOYS JAVELIN	1:00	GIRLS JAVELIN
	BOYS SHOT		GIRLS SHOT
	BOYS TRIPLE JUMP		GIRLS TRIPLE JUMP
	GIRLS DISCUS		BOYS DISCUS
	GIRLS POLE VAULT		BOYS POLE VAULT
	GIRLS LONG JUMP		BOYS LONG JUMP
	GIRLS HIGH JUMP		BOYS HIGH JUMP

WHEN 10:00 FIELD EVENTS FINISH WE WILL START THE NEXT FIELD EVENT BEFORE 1:00 SO WE CAN GET DONE IN A TIMELY MANNER.

High Jump Starting Heights: Boys 5', Girls 4'

Pole Vault Starting Heights: Boys 7', Girls 6'