

## **VARSITY AND JV WELCOME PACKET 2026**

Dear Parent/Guardian and Student:

Thank you for your interest in becoming a part of the Cheerleading Program at Pinellas Park High School. In this packet, you will find the PPHS Cheerleading Contract.

It is important that you are aware of the high level of commitment that is required and the standard of excellence that is expected from each of the cheerleaders. Before completing this packet, please consider the following:

**CHEERLEADING IS A COMMITMENT** and requires mandatory after school practices and attendance at events, both during and after school.

**CHEERLEADING IS A FINANCIAL OBLIGATION** and requires costs for various items such as uniforms, attire, spirit gear, and photoshoots. You will be given an estimated cost at the bottom of this packet.

**CHEERLEADING IS A PRIVILEGE** and requires a high standard in academic, behavior and social interactions. Cheerleaders are students first and athletes second and these three areas will be monitored throughout the season. This high standard of behavior also includes how cheerleaders portray themselves on social media.

Please read over the ENTIRE packet carefully.

### **Contact**

Email: [Hutchinsonas@Pcsb.org](mailto:Hutchinsonas@Pcsb.org)

Instagram: pphscheerleading1

Facebook: Pinellas Park HS Cheerleading

## **Requirements For Cheerleading**

(You Must Have All Requirements Completed Before Trying Out, No Extension)

- 2.0 GPA
- Updated SPORTS Physical (Turned into Mr. DeMartino before tryouts)
- Athletic clearance Online <https://athleticclearance.com>
- Sports Insurance (Will have to be renewed in July)
- Incoming freshmen must have a SPORTS physical, athletic clearance and school insurance turned into the Head coach first day of tryouts.
- **NEW- Electrocardiogram** takes 7 days to upload must be done before tryouts
- You must have a reliable ride to and from practices/Games

## **Cheerleading Tryout information**

### **Varsity/JV (Only upcoming Sophomores for JV)**

Dress Code for all events: Athletic shorts, shirt, shoes, and hair must be up. **No nails, no jewelry**

April 27<sup>th</sup>-30<sup>th</sup> 6:00PM-8:00PM

Location: Gym

April 30<sup>th</sup> you will be scored by judges.

Location: Gym

What to wear: Solid white shirt, Black shorts, Cheer shoes

## **Incoming JV Freshmen Tryouts**

Dress Code for all events: Athletic shorts, shirt, shoes, and hair must be up. **No nails, no jewelry**

June 8,10,12 6PM-8PM

Location: Gym

June 12<sup>th</sup> you will be scored by judges.

Location: Gym

What to wear: Solid white shirt, Black shorts, Cheer shoes



## **SCHEDULE FOR VARSITY BEFORE GAMES**

- Parent Meeting MAY 8<sup>TH</sup> 7PM Media Center  
(Payment Due)
- Spring Game Practices May 11<sup>th</sup> and 13<sup>th</sup> 6PM-8PM
- Spring Game May 15<sup>th</sup> Home
- Monday and Wednesdays Practices officially start  
**June 29<sup>th</sup> 6PM-8PM**
- July 20<sup>th</sup> Photoshoot Seniors start 5pm

## **SCHEDULE FOR JV BEFORE GAMES**

- Parent Meeting June 19<sup>th</sup> 7:00PM Media Center
- Practice officially starts Mondays & Wednesdays July 27<sup>th</sup>
- Photoshoot August 24<sup>th</sup> 5PM

## DEMERIT DOCUMENTATION

Cheerleader Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Please note that if a cheerleader receives 5 demerits, they will be benched for one game and placed on probation. If a cheerleader acquires 10 or more demerits, he/she will be removed from the squad. Additionally, extreme violation of rules will result in an automatic dismissal. If you are not in correct attire for a game (Bow not in hair or no show white socks) you will be sitting the game out.*

1. Demerit violation:

- Having Nail polish, Acrylic Nails**
- Gum/candy at practice or games
- Jewelry at practice or game (Absolutely nothing not even a clear piece)**
- Disrupting practices or games (unnecessary talking, playing, etc.)
- Talking during stunting
- Arriving late, leaving early, or not being picked up on time from practice or games
- Not being prepared for practice or games
- Not turning forms in on time
- Not participating in warm-ups and stretches
- Not assisting with or having mats out on time
- Other:

2. Demerit violations:

- Disrespectfulness/insubordination to coaches or bad attitude
- Failure to attend a practice/game without coach's knowledge and/or consent.
- Unsportsmanlike conduct
- ISS
- Stunting without a coach present or without permission
- Socializing during games
- Teacher complaints (as determined by coach)
- Inappropriate conduct at school-related activities
- Other: Not wearing correct uniform to school

10. Demerit violations:

- Out of school suspension
- Fighting
- Missing 3 Practices**
- New piercing during season you will be removed from squad**

Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Cheerleader Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_



**UNIFORM AGREEMENT 2026**

I, \_\_\_\_\_ (athlete), acknowledge that I am receiving a PPHS cheer uniform which includes a top, bottom, and long sleeves that are property of the Pinellas Park High school Cheer Association and need to be returned at the end of the season, as directed by the Cheer Director. I further recognize that it is my responsibility to ensure that I not only properly care for and launder the uniform, but that I return the uniform in the same condition in which it is received.

In addition, I agree that I will only wear the uniform as related to Pinellas Park High School Cheer Association activities as directed by the Cheer Director and not for personal activities or use.

By signing below, I acknowledge:

- Proper laundering of uniform (top, bottom, long sleeve):
  - Wash in cold water on gentle/delicate cycle, by itself with no other articles of clothing
  - Use perfume free, gentle detergent only
  - Hang dry only - no machine dry
- Missing or damaged uniforms:
  - If I misplace part or all my uniform, I agree to pay the Pinellas Park High School Cheer Association \$200.00, the cost of replacement, by the end of the current cheer season.
  - If I damage part or all my uniform, I agree to pay the Pinellas Park High School Cheer Association \$200.00, the cost of replacement, by the end of the current cheer season.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences, and implications of signing this document and that I agree to be bound by this document.

Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Cheerleader Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_



**VARSITY Cheer Package Due: MAY 8<sup>th</sup>**  
**(Senior Banner \$50)**

<b>Bloomers</b>	<b>\$10</b>
<b>Shorts</b>	<b>\$12</b>
<b>Shirt</b>	<b>\$25</b>
<b>Bow</b>	<b>\$25</b>
<b>Backpack</b>	<b>\$70 (Team Leader)</b>
<b>Pom Poms</b>	<b>\$30</b>
<b>Photoshoot</b>	<b>\$35</b>
<b>Cheer Fee (Uniform Rental)</b>	<b>\$50</b>
<b>Shoes</b>	<b>\$80</b>
<b>Jacket</b>	<b>\$60</b>
<b>Jersey</b>	<b>\$45</b>
<b>Long Sleeve</b>	<b>\$20</b>
<b>Total</b>	<b>\$462</b>

**JV Cheer Package Due: June 19<sup>th</sup>**

<b>Bloomers</b>	<b>\$10</b>
<b>Shorts</b>	<b>\$12</b>
<b>Shirt</b>	<b>\$20</b>
<b>Bow</b>	<b>\$20</b>
<b>Backpack</b>	<b>\$70 Team Leader</b>
<b>Pom Poms</b>	<b>\$30</b>
<b>Photoshoot</b>	<b>\$35</b>
<b>Cheer Fee (Uniform Rental)</b>	<b>\$50</b>
<b>Shoes</b>	<b>\$80</b>
<b>Total:</b>	<b>\$327</b>