School Health Advisory Council Special Meeting Minutes 04/06/2026

-Meeting start time – 4:45p.m.

4:50p.m. Opening Statement

- Meeting called to order by Sara Humphrey, KISD Healthcare Coordinator.
- Prior meeting minutes were presented and agreed upon.

SHAC Roles and attendance talking points:

- Introduction of all in attendance.
- Discussed current methods being utilized to bring in more members/parents:
    - Table at 4E-Expo
    - Flyers at Open House
    - Social Media
    - Parent Square

- SHAC District Goals for 2026-26:
    - Bring in more parents and community members to create a board and enable voting.
    - Keeping SHAC meetings at 4:45-5:45 on Mondays next school year.

5:00p.m. Development of mission statement:

- SHAC is looking to create our mission statement to explain our purpose/intention for those joining the group.
    - "Providing all KISD students with quality health education and resources to develop healthy, active members of the community."

5:04p.m. Continued Discussion of Kinesiology CTE student's campus talks:

- Students in the CTE program will visit campuses to present to the dangers of smoking and vaping on their body to elementary students.
- Nurse Humphrey has been collaborating with Dr. Devlin and Mr. Lucero.
- Mr. Lucero joined meeting via phone. Discussed that CTE students could visit PE classes at elementary schools to talk about healthy hearts - implementing the new topics to presentation.
- Hoping to implement in the fall of 2026 to allow proper planning and preparation.
- Mr. Lucero and Nurse Humphrey would like to implement other topics based on how the first presentations are received by the students.

5:15 Closing Remarks:

- Continue efforts to grow attendance.
- Look forward to the introduction of the CTE Health Presentations at elementary schools.
- Thank you to everyone that continues to attend and support SHAC.

– 5:20 p.m. Meeting adjourned per Sara Humphrey