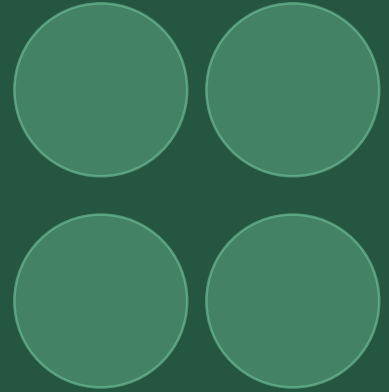


BUCKEYE UNION
ELEMENTARY SCHOOL DISTRICT

WellSAT Triennial Assessment Report

April 2026 | Wellness Policy Evaluation



Assessment Overview



58 total indicators evaluated across nutrition, physical education, and wellness policy domains.

✓ Strong Policies & Aligned Practices

35 indicators with Policy Score = 2 and Practice Score = 2

Food & Nutrition (FR/NES)

- Meal standards & Smart Snacks compliance
- Free drinking water access during meals
- Privacy protections for free/reduced meals
- Wellness policy publicized & triennial reporting
- Breakfast offered daily; families informed of eligibility

Employee Wellness (EW)

- Staff wellness strategies in place
- Staff model healthy behaviors for students

Nutrition Education (NE)

- Skills-based, interactive nutrition education
- Nutrition integrated across all subjects
- Agriculture & food systems addressed

Physical Education & Activity (PEPA)

- Written PE curriculum aligned to state standards
- PE taught by certified teachers with ongoing PD
- Daily recess & activity breaks provided
- No use of physical activity as punishment/tool
- Joint-use agreements support community access

Areas Needing Attention

Create Practice Implementation Plan

FR11

Class party food/beverage regulations — policy exists but not yet practiced

PEPA4

Elementary PE minutes per week — policy set, implementation not yet confirmed

Update Policies (Practice Ahead)

FR13

Wellness committee representation — practice score 2, policy score 1

FR16-18

Triennial evaluation & policy revision — being done but not codified

NES4

Meal participation strategies — policy score 0, practice score 2

NES5

Healthy food marketing — practice ahead of written policy

NES7-12

Local procurement, Smart Snack access, afterschool nutrition — practices exceed policy

Opportunities for Growth

FR1

Specific goals for nutrition education

NE2/3

Sequential nutrition education for all grades

NES6

Adequate meal time (10 min breakfast / 20 min lunch)

IC1/2

Active district- and school-level wellness committees

PEPA11/16

Family/community physical activity; walk/bike programs

NE6/NES13

Priority Recommendations

1

Strengthen Wellness Committee Governance

Formalize district- and school-level wellness committees (IC1/IC2) in policy and ensure regular, documented meetings.

Policy + Practice

2

Update Written Policies to Reflect Practice

Codify existing practices — meal participation strategies (NES4), triennial evaluations (FR16), and policy revisions (FR18) — into formal written policy.

Policy Update

3

Establish Nutrition Education Goals

Add specific, measurable nutrition education goals to the wellness policy (FR1) and ensure sequential nutrition education for elementary and middle school students (NE2/NE3).

Nutrition Education

4

Guarantee Adequate Meal Time

Establish formal policy ensuring at least 10 minutes for breakfast and 20 minutes for lunch, counted from when students are seated (NES6).

Meal Environment

5

Expand Class Party & PE Regulations

Create a practice implementation plan for regulating foods at school celebrations (FR11) and confirming minutes of elementary PE per week (PEPA4).

Implementation Plan

BUCKEYE UNION ELEMENTARY

Overall Assessment: Strong Foundation, Clear Path Forward

BUSD demonstrates strong wellness policy implementation across the majority of assessed indicators, with targeted opportunities to align written policies with existing practices and deepen nutrition education programming.