



# MENU

HS Week 32: 04.13.26-04.17.26

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Swedish Beef Meatballs</b> with Buttered Penne Noodles Seasoned Green Beans Dinner Roll	<b>Bean and Cheese Burrito</b> Choice of Beef or Chicken Cheese Queso or Enchiladas Sauce Black Beans Brown Rice	<b>Sweet and Sour Chicken</b> <b>Popcorn Chicken</b> With Brown Rice Steamed Broccoli	<b>Crispy Chicken Pita</b> WG Pita Chicken Tenders With Diced Tomatoes, Shredded Lettuce, Shredded Cheese Ranch Dressing Glazed Carrots	<b>Build Your Own BBQ Beef Riblet Sandwich</b> Choice of Cheese Slice, Onion, and Pickles With Baked French Fries
	Cheese Pizza Pepperoni Pizza Chicken Buffalo	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	<b>Pasta Bar</b> <b>Chicken Alfredo</b> Penne Pasta, Fajita Chicken, Glazed Carrots, Garlic Breadstick	Cheese Pizza Pepperoni Pizza Meat Lovers Pizza
	<b>Chicken Tenders</b> Carrots Sticks Homemade Bread Stick Assorted Sauces	<b>Boneless Wings</b> Celery Sticks Homemade Dinner Roll Assorted Sauces	<b>Chef Salad</b> Chopped Romaine Red Onions, Black Olives, Cheddar Cheese, Hard Boiled Egg, Julienne Turkey And Turkey Ham Bread Stick	<b>Chicken Tenders</b> Carrots Sticks Homemade Bread Stick Assorted Sauces	<b>Boneless Wings</b> Celery Sticks Homemade Dinner Roll Assorted Sauces
	Chicken Filet Sandwich	Hamburger Cheeseburger Cheese Bosco Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Chicken Filet Sandwich
	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
	Fresh Salad Bar Options				
	<b>Adult Nutri-Bar:</b> Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.				
	<b>Student Fresh Salad Bar:</b> Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.				
	Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director. This Institution is an Equal Opportunity Provider

