

School Health Advisory Council (SHAC) Meeting Notes

Date: Wednesday, April 8, 2026

Time: 12:05 p.m. – 12:48 p.m.

Call to Order: The meeting was called to order at 12:05 p.m. by Assistant Superintendent Shelby Balser.

Opening Remarks: This meeting marked the 4th and final SHAC meeting of the 2025–2026 school year. Appreciation was expressed for the time, effort, and contributions of all committee members.

Agenda Items

1. Physical Education Instruction Update

Presented by Coach Austin Galifaro (Hal Peterson Middle School) and Coach Thirman Dimery (Tivy High School)

- Hal Peterson Middle School offers “Fit for Life” for 7th and 8th grade students, focusing on running and weight training.
- Tivy High School serves 200+ students, including Life Skills students, and uses the FitnessGram as a semester final exam.

2. Legislative Updates Review

- Child Nutrition updates for the 2026–2027 school year
- Health and Wellness Services updates
- Non-prescription medications must be in original packaging and administered per label instructions
- No opt-out for threat assessments when a student is a danger to others
- Child abuse reporting timeline reduced from 48 hours to 24 hours

3. Senate Bill 12 Consent Forms (2026–2027)

Committee members reviewed sample consent forms and shared feedback, ideas, and concerns regarding clarity and parent communication.

Adjournment: The meeting was adjourned at 12:48 p.m.