



# WORKSHOP

WITH MARY ESCHEN, ACC

Parenting Coach and Podcaster

## RAISING RESPONSIBLE AND RESILIENT KIDS: THE HOW AND WHY OF PARENTING FOR GROWTH



28

April 2026

9:00 AM

Menlo Church  
Fireside Room

20455 Herriman Avenue,  
Saratoga

- ✓ Responsibility - How we can get them to “own” their stuff
- ✓ When should we stop managing grades and homework for our kids?
- ✓ What happens when we do too much for our kids?
- ✓ How can we stop ourselves from interfering with their growth?
- ✓ What are affordable mistakes we can let our kids learn from?
- ✓ How can mistakes build resilience?

**SIGN UP**



<https://forms.gle/jKZmsdwPCYkYu8mk7>

Saratoga Education Foundation

is a non-profit supporting SUSD students. In 2025-2026, SEF is collecting \$552,000 to cover all grade-level school field trips and transportation for the 3 elementary schools and Redwood Middle School. SEF will also fund Elementary Makerspace, Elementary Science Labs, seminars for Redwood Middle School students, and workshops targeted to parents and guardians of SUSD students. Learn more at [SEF-ca.org](https://sef-ca.org)