Alumni – Rosen Radiation Oncology

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Radiation Oncology
[Dr. Rosen] I'm Dr. Lane Rosen. I'm a radiation oncologist. I graduated from LSU Medical School here in Shreveport in 1993, and I practice at the Willis Knighton Cancer Center in Shreveport.	Older gentleman with a fair complexion, with thinning, graying hair and graying goatee. He has dark framed glasses and is wearing a white lab coat and is sitting in front of a dark blue washed background Text: David Rosen, M D Radiation Oncology Willis Knighton Health System
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Radiation Oncology?
[Dr. Rosen] I was always interested in oncology. I did rotations in oncology that I enjoyed, but I also had interest in procedures and I liked the sort of patient communication of psychiatry. And I like dealing with procedures like pulmonary medicine and urology and radiation Oncology was a field that put all of that together and I think also having had a friend that had gone through radiation therapy, had had a large influence.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Radiation Oncology?

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[Dr. Rosen] In radiation oncology, we see the results of our of our work. We're able to cure cancer without seeing a lot of the side effects that sometimes are associated with other types of therapy. So I also like the fact that it's a very team oriented peer middle field. There's a real team approach that flows from the radiation oncologist in and requires a lot of disciplines like biology and physics.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Radiation Oncology?
[Dr. Rosen] Our field can be difficult in the sense that you're dealing with cancer. I mean, that's just the reality is that some patients may not do well. I think you have to have a really good balance between caring for your patient and empathy and being able to create a boundary.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Rosen] Despite the fact that radiation oncology is very technical in the sense that we use very expensive technical equipment. I think you have to be a people person. I think you have to be good at science and physics and biology do play an important role. You have to be somebody who can confidently make decisions that can affect a patient's outcome in life. And I think it draws a certain type of student. You know, you have to you have to want to be a cancer doctor. But in radiation oncology, we don't get distracted with other things. It's sort of a very narrow focus. And so I think you have to be a goal oriented person to go into radiation oncology.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?

Audio	Video
[Dr. Rosen] You know, I think the field itself, for somebody who is trying to to choose a field, has an excellent mix of of personal life and work. Personally, you know, since I was sort of the founding - founded department, I- my work comes home with me every night and I think, you know, that's true in all fields of medicine. So when you become a doctor, you kind of marry your field, even though you have to be able to shut it down sometimes. So I do you know, I do think it's important to take some time off with your family and, you know, whatever it is you enjoy - sports, exercise, reading, but that balance is really an individual's choice and it depends on the more time you put into your practice will determine... I think it's partly determined by how happy you are in your practice.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle stress?
[Dr. Rosen] My my challenge for radiation oncology is probably different than most. I look at what I do as being very, very rewarding. And I'm fortunate that I practice in a department that has a very high end department, and I have a number of medical physicists and some of the best medical equipment that exists. And we have a really, really, really strong team. So I know when I go home at night that I did my best for my patient, and as long as I do that, I am quite capable of going home and sleeping well and not having stress. I think if I didn't have that opportunity, I would need to take a lot more vacations because, you know, you have high rates of burnout in oncology. That's a that's a factor that's known. It's actually common in all fields of medicine. But certainly when you're dealing with emotions like oncology. So I think, you know, taking time off and spending time with family, reading, but in particular, doing your best at work is the best way to go home without stress.	Dr. Rosen on camera

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[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?
[Dr. Rosen] I think our rotations and probably even more so now because of the vast amount of material that's necessary to learn in medical school, especially now, it's hard to do too many rotations. So I think it would have been, in other words, extra sort of rotations with other specialties outside of what the medical schools want you to do. I think it would have been helpful to have more peer interaction for example, to have specialists come and talk to our class or to help to arrange for sort of late afternoon rotations in in various specialties I think would be very helpful to medical students.	Dr. Rosen on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Radiation Oncology?
[Dr. Rosen] Well, first off, you get very little exposure, no pun intended, to radiation during medical school. So I think it's important that you either do some research in oncology or that you get an opportunity to visit with a radiation oncologist or shadow somebody. It's not for everybody. In fact, I find that students either most people enjoy it, but students either love it and want to do it or they like it and have no interest in doing it at all. So I think exposure is important. I also think you have to have a wide variety of experiences in oncology to see if it's the particular branch that interests you.	

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Lane R. Rosen, Radiation Oncology, L S U Health Shreveport Class of 19 93. Willis Knighton Cancer Center, 26 hundred Kings Highway, Shreveport, Louisiana 7 1 1 0 3