

Invitational 7th & 8th Grade Track Meet 2026

Friday, April 10 @ 10:00 am

Coaches Meeting @ 9:30 am

Bigfork ~ Eureka ~ Libby ~ Somers ~ KMS~ Polson ~ Ronan ~ Columbia Falls ~ Whitefish - Stillwater

Thank you for coming to our track invite this year. We hope it will be a great experience for your student athletes!

To Enter Events: All running entries will be made at the starting line and all field events entries will be made at the field event site.

PLEASE NUMBER ALL OF YOUR ATHLETES

Example: Bigfork = B1, B2..., Polson = P1, Somers = S1, etc.

Running Events: We would like to see the better athletes run in the first heats when multiple heats are required. Please encourage your fastest runners to step forward and get in the early heats or races. Athletes from the same school should avoid running in adjacent lanes.

PLEASE LIMIT EACH ATHLETE TO FIVE (5) EVENTS MAXIMUM, INCLUDING RELAYS. NO MORE THAN 5 ATHLETES IN ANY EVENT PER SCHOOL BY GRADE/GENDER.

Field Events: Each athlete will be entitled to 3 attempts, and all attempts are finals. We would like to see the better athletes grouped together so that they may compete in a single flight.

Note: Uniform rules and jewelry rules are always in effect for all events.

PLEASE CHECK YOUR ATHLETES' SPIKES. 1/8" SPIKES ONLY!

Concessions: There will be no concessions available for student athletes. **Be sure to have your students bring food and water.**

Hospitality Room: A hospitality room will be available for coaches, event staff, and drivers.

Parking: Spectator parking will be available at the track. Buses can drop their athletes at the track but will have to park below the track where at the bus barn is located.

There will be little to no parking for spectators at the school parking lot as school will be in session, please let your students/parents/fans know.

This is a time trial meet; we will not be presenting awards for place. We want the kids to get a feel for a meet and how it works, as it is the first meet for many schools.

Take care and see you soon,

Charlie Appleby, MS AD
cappleby@bigfork.k12.mt.us

Carol Venegas, MS Activities
cvenegas@bigfork.k12.mt.us

Running Event Order

10:00 am

- 1 100 Hurdles
7 Boys, 7 Girls
8 Boys, 8 Girls

- 2 100
7 Boys, 7 Girls
8 Boys, 8 Girls

- 3 1600
7/8 Boys-Possibly 3 heats
7/8 Girls-Possibly 3 heats

- 4 400 Relay
7 Boys, 7 Girls
8 Boys, 8 Girls

- 5 400
7 Boys, 7 Girls
8 Boys, 8 Girls

- 6 200 Hurdles
7 Boys, 7 Girls
8 Boys, 8 Girls

- 7 800
7/8 Boys-Possibly 3 heats
7/8 Girls-Possibly 3 heats

- 8 200
7 Boys, 7 Girls
8 Boys, 8 Girls

- 9 1600 Relay
7 Boys, 7 Girls
8 Boys, 8 Girls

Field Events

10:00 am

- 1 Discus -
7/8 Boys
Girls to follow

- 2 Shot Put -
7/8 Girls
Boys to follow

- 3 Triple Jump -
West PIT
1) 7 Girls 2) 8 Girls
Boys to follow

- 4 Long Jump -
EAST PIT
1) 8 Girls 2) 7 Girls
Boys to follow

- 5 High Jump -
6/7/8 Boys
Girls to follow

Bigfork: Finish Line Timers, Starter & Clerk