MCCALLIE SPORTS CAMP

Hi Parents,

We are so glad you have chosen McCallie Sports Camp. Please review the camp check-in procedures:

CHECK IN PROCEDURES AND FINAL DAY OF CAMP

Teams/Roommate lists will be emailed to you two or three days before your Sports Camp session starts.

Drop-off Location: McCallie Sports Camp | 500 Dodds Avenue | Chattanooga, TN 37404

REQUIRED Drop-off times (By Age):
10 am - 10:30 am (9-10 year-olds)
11 am - 11:30 am (11-12 year-olds)
12 pm - 12:30 pm (13-14 year-olds)

Siblings and those families carpooling or flying in can drop off at the time of the younger age. Please try to stay within these parameters.

Directions: Enter campus and park near McCallie Lake. Escort your camper into the Sports and Activities Center Rotunda (SAC) with his medications, prepaid Mastercard (suggested $100), and Camp Mom Gift Bag cash, if ordered (optional $80). Leave the luggage in the car.

ALL CAMPERS and parents must walk through 3 stations: Counselors, Gift Card/Camp Mom, and Nurses.

NO Electronics or Cell Phones Allowed at Camp

Once check-in is complete, **Campers** will then leave with the counselors and fellow campers to start their fun time at camp.

Parents, proceed to the dorms to drop off luggage. Our staff will be on hand to greet you, direct you to the correct dorm, and assist with unloading and setting up your camper's room. Please remain in your vehicle. We'll take care of the rest!

FINAL DAY OF CAMP:
Celebration: Please join your campers for a fun Award Ceremony in the McCallie Chapel from 10:00 am to 11:00 am.

Lunch: After the ceremony, you are invited to the McCallie dining hall for a luncheon with campers, counselors, and fellow family and friends.

Pick-Up: You may pick up your camper's luggage before the ceremony between 8:45 am and 9:30 am or after the ceremony and/or lunch at your convenience.

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INFORMATION SHEET/WHAT TO BRING TO CAMP

DEPOSITS/REFUNDS

The balance of each camper's fees and release forms are due by March 1st.
Before January 1, the camp will refund the initial deposit minus a $50 processing fee. Before March 1, the camp will refund all money paid minus the $250 deposit. On March 1, we will auto-charge your method of payment on file for any balance due. After March 1st, no refunds will be issued except for a documented medical reason, which will have a $250 non-refundable fee.

ACTIVITIES - All included in camp tuition

Campers participate in team and individual sports, white-water rafting, paintball, a Braves game, and many more activities!

HEALTH CENTER

The McCallie Student Health Center is available to all camps throughout the summer. There is a nurse on campus 24 hours a day. On campus we also have a NATA-approved athletic trainer and quality training facilities available during the daytime hours. There are three professionally staffed hospitals including a pediatric trauma center within five minutes of campus. Should your camper get a minor scrape or bruise you will not receive a phone call from the nurse. However, if your camper gets injured or sick and has to stay in the health center for an extended period, needs to go to the doctor, or has a medical emergency you will receive a phone call as quickly as possible from either a nurse or our athletic trainer.

If prior to camp your camper develops an injury or illness that requires medicine or assistance while at camp, please contact the **Student Health Center** to discuss at **(423) 493-5640**.

MEDICATIONS

All medications must be turned in at camp check-in to a McCallie Student Health representative. Campers are NOT allowed to keep any medications or supplements in their dorm room under any circumstances. The Student Health Center will have a booth at every camp check in to drop off your camper's medications. While lines to drop off medication can be lengthy at times, the Student Health Center staff will get you checked in as quickly and safely as possible. This process can be expedited by being sure to leave all unnecessary and over-the-counter medications at home.

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The Student Health Center processes HUNDREDS of medications for each camp session every summer. To give your camper his daily medications as safely as possible we are requesting that you get his medications packaged in blister packs by a pharmacist at your local pharmacy prior to camp. By law we are not allowed to give medications that come in plastic bags, unlabeled containers, expired medications, and/or medications packaged in home medication containers.

Each blister pack must contain your camper's name, date of birth, and all prescription and over-the-counter medications, including medically necessary vitamins/supplements, that your camper takes daily. Medications are given after breakfast, lunch, dinner, and at bedtime by licensed or trained personnel. You will need to have a blister pack for each time slot that your camper takes medication. Medications that do not fit in the blister pack, such as epi-pens, inhalers, liquids, or creams should be dropped off with the nurse in their original labeled container. Please make sure that all medications dropped off have not expired and have your camper's first and last name on them. An image of our preferred blister pack is located below.



As needed (PRN) medications do not need to be packaged in a blister pack. However, these medications do need to come in the original container labeled with your camper's name, medication, and dosage.

500 Dodds Avenue | Chattanooga, TN 37404 | (423) 493-5886
mccalliesportscamp.com | camps@mccallie.org

If your camper has a medication or dose change prior to starting camp, please be sure to obtain a new prescription medication form for camp signed by the licensed provider.

The Student Health Center stocks basic over-the-counter medications that are listed in CampBrain. If your camper takes a daily over-the-counter medication please be sure to include it in your blister pack, see the instructions noted above. Please leave all other over-the-counter medications at home.

IMMUNIZATIONS

McCallie Summer Programs follow the recommendations set forth by the Tennessee Department of Health. Please ensure that your camper is up to date on all vaccinations prior to coming to camp.

INSURANCE

McCallie Sports Camp supplies each camper with supplemental accidental medical insurance coverage. This coverage is designed to take care of remaining expenses if a family's primary insurance coverage does not cover all expenses. Your insurance is the primary coverage. Please let us know if you do not have health insurance.

DORM/TEAM ASSIGNMENTS/ROOMMATES

The boys live and spend most of their time with their team. They sleep in air-conditioned school dorm rooms, and their counselors are on the same floor. Due to highly organized age-level activities and competition, campers are assigned to roommates/ teams/leagues and dorm floors according to age. There are 2 or 3 boys in a dorm room, 8-10 boys on a team, and 4-5 leagues, depending on the number of boys in a certain age group. We cannot accept team requests. However, we do try to honor all parent roommate requests. We notify parents via email of roommates/ leagues/teams on the Friday prior to the camp session.

LAUNDRY SERVICE and PERSONAL HYGIENE

Campers are required to shower daily and have dirty clothes prepared for washing in mesh bags (which we provide) to be washed by the laundry service on three occasions at no extra charge. We provide freshly laundered camp t-shirts daily.

HOMESICKNESS

Homesickness is sometimes a part of the camp experience. Please talk to your son before coming to camp to explain how homesickness can be a normal, natural feeling. Please do not tell him that he can call you and/or that you will pick him up if he is homesick. With the support of our counselors

and staff, who are trained to deal with this issue, 99% of the boys who suffer from homesickness work through it quickly. Resultantly, the campers become stronger and more self-assured young men because of the process.

TRAVEL

If your son will be flying to/from camp, please select the Chattanooga airport (CHA) and contact Nina Keane at (423) 493-5886 for additional arrangements.

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WHAT TO BRING AND IMPORTANT INFORMATION

Toiletry Kit:

soap, shampoo, deodorant, toothbrush, toothpaste, lip balm, comb or hairbrush

Linens:

2 sets long twin bed sheets (or sleeping bag)
1 pillow with a pillowcase
1 blanket/bedspread (the dorm rooms are air conditioned and can get cold)
2 washcloths, 2 bath towels, 1 pool towel

Shoes:

1 pair basketball shoes
pair water shoes for rafting and playing in the river (can be old sneakers) 1 pair running shoes
pair sandals/flip flops (optional but good for shower/pool)

Clothing:

6 pair underpants
6 pair socks
4 pair athletic shorts
2 pair swim trunks
4 t-shirts (no questionable subjects on shirts)
1 loose, long-sleeved/legged clothing for paintball
1 pair long pants or jeans (in case of cooler weather)
1 pair nice short/shirt and belt for our more formal meetings (Dance)
1 pair sleepwear
1 warm-up jacket/windbreaker/sweatshirt (bus rides/return from rafting)

Spending Money:

Campers can bring spending money on a prepaid debit/credit card for snacks/souvenirs at the Atlanta Braves Game or the McCallie Campus Bookstore. Boys do not need cash at camp. Please mark the card in permanent ink with the camper's name.

Optional:

ball cap, swimming goggles, sunglasses, self-addressed stamped envelopes, and stationery. Campers are welcome to bring their personal athletic equipment: tennis racket, baseball glove, etc.

Important Notes:

We will provide sunscreen, water, and sports equipment when playing games.

T-shirts advertising alcohol or tobacco products or that are "crude and rude" are not allowed at McCallie School or in Summer Programs.

Please do not send: Any electronic devices, **including cell phones** (If traveling by plane or bus, they may turn in their electronic devices at check-in.)

Parents are not allowed in the dorms to help set up; our counselors will help assist the campers.

McCallie is not liable for any lost items, and we do not ship any items home. **Please label your camper's belongings.**

Email: Email your camper: campers@mccallie.org. Be sure to include the Camper's Name and Team in the Subject Line

Camp Photos: We will post photos online at photos.mccallie.org. (It takes a few days for each session to begin process)

NO CARE PACKAGES ARE ALLOWED. Please use the Camp Mom Gift Bag service to send your camper any treats.

McCallie Summer Program Travel Arrangements

Fill out **only** if your camper is flying to/from camp. If you are flying with your child and would like for us to pick you up from the airport, please let us know. We are happy to bring you to camp and take you back to the airport.

Camper's name as it appears on the airline ticket: _____
Name of person (on your end) picking up your child at the airport, exactly as it appears on their driver's license:_____
Address (on license): _____
Telephone number of the person listed above: _____

Most airlines are very strict with Unaccompanied Minor rules. If your child is traveling unaccompanied, the child will only be released by the airline to the person listed above.

An additional emergency contact (name & phone number) for the day of the flight:
_____

*****AIRLINE CONFIRMATION CODE: _____*****

ARRIVAL

Date of Arrival: _____Airline Name: _____
From: _____ to Chattanooga (CHA)
Flight #: _____ Time of Arrival:_____ (Eastern Time)

DEPARTURE

Date of Departure: _____Airline Name: _____
From Chattanooga (CHA) to: _____
Flight #: _____ Time of Departure:_____ (Eastern Time)

- ☐ Please check here if your child is flying by himself (Unaccompanied Minor) and contact our office at (423) 493-5886 or nkeane@mccallie.org.
- ☐ Please check with your airline and send payment for the return trip luggage charges with your child.
- ☐ Please email a copy of the confirmation email that you received from your airline.

The Chattanooga Airport (CHA) is serviced by: Allegiant, American Eagle, Delta, and United Airlines.

If you are flying to Chattanooga by private plane, please call and let us know; we are happy to arrange free transportation to/from camp (423) 493-5886.