LA CROSSE COUNTY
Health Department
Nationally Accredited

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La Crosse County Food Resources

Food Pantry Resources

Community Care and Share Pantry
Our Savior Lutheran Church
359 N Leonard St, West Salem | 608-786-0030

- Open 10 am- 12pm on Saturdays
- Bring photo ID and current piece of mail
- Serves residents of West Salem, Bangor, Barre Mills, Melrose, Mindoro, Rockland

The Food Basket
735 Sand Lake Rd, Onalaska | 608-783-7722

- Hours: Monday 3:30-5:30pm, Tues & Thur 9-11am, Wednesday 9-11am & 2-4pm
- Service can only be used once per month
- Serves residents of Onalaska, French Island, Holmen, West Salem, Galesville, Ettrick, Trempealeau, Melrose & Mindoro
- Bring mail with current address & photo ID

Holmen Area Food Pantry
St. Elizabeth Ann Seaton Catholic Church
515 N Main St, Holmen | 608-526-4424

- Hours: Tue and Fri 9-11am
- Can use twice per month, Bring photo ID

First Free Church
123 Mason St, Onalaska | 608-782-6022

- 1st & 3rd Tuesday 10am-12:30pm by appointment

Trinity Lutheran Church
1010 Sill St, La Crosse | 608-782-6200
Mondays 5-6pm or by appointment

Legacy Church
1214 County Rd PH, Onalaska | 608-782-2780
By appointment Wednesdays 10am-2pm; Call to schedule.

You can choose to use only 1 of these locations per month.

La Crosse Public Library
800 Main St, La Crosse | 608-789-7100

- Mon-Thurs 9am-7pm, Fri 9am-5pm, Sat 9am-1pm, Sunday 1-5pm
- Take what you need, leave what you can

WAFER
1603 George St. La Crosse | 608-782-6003

- Hours: 10am-12:45pm (Mon-Fri); 4-7:45 pm (Mon, Tues, Thurs) must register 15 minutes before closing
- Service can only be used once a month
- Serves residents of La Crosse County

Wafer Mobile Pantry

- Check the calendar on Wafer's website
- Either choose the main location OR mobile pantry, not both

Place of Grace (pantry & meal)
919 Hood St. La Crosse | 608-782-6224

- Thursday Emergency Pantry 3:00 pm to 5:00 pm only
- Community meal Thursday from 5:00 pm to 6:00 pm

Hope Restores (limited pantry)
231 Copeland Ave. La Crosse | 608-881-6418

- Call for more information & to learn about meal events
- Tuesday 1-4pm or by appointment

Cia Siab Inc
1825 Sunset Ln La Crosse | 608-615-7117

- Coordinates community Rice Pantry, call for distribution dates/time/location
- Can provide language support for Hmoob families to access other resources

Food Pantry for Special Groups

Coulee Recovery Center
933 Ferry St, La Crosse | 608-784-4177

- Tues-Wed-Thurs 1:15-2pm
- Serves CRC participants

UWL Food Pantry
UWL Student Union Rm 2220| 608-785-8866

- Serves UWL students, staff, & faculty

Western Technical College (WTC)
Cavalier Cupboard Student Success Center 2nd floor Rm 201 (inside Learning Commons) | 608-785-9594

- Serves currently enrolled WTC students

Vivent Health
811 Rose St, La Crosse | 608-785-9866

- Serves HIV+ community members

Free Meals in Community

Come for Supper

6th & Division St, La Crosse | 608-782-3468

- Provides supper every Tuesday night 4:15-5:15pm

Monday's Meal (Trinity Lutheran Church) 608-782-6200

1010 Sill St, La Crosse

- Provides carryout supper 5-6pm

The Salvation Army

223 8th St N, La Crosse | 608-782-6126

- Provides lunch daily 11am-12:30pm

RAVE Recovery Avenue

1806 State St, La Crosse | 608-785-9615

- Serves breakfast Mondays 9-11am or until gone
- Serves lunch 3rd Wednesday of the month 1-3pm

Open Door Fellowship (Presbyterian Church)

625 W Franklin St, West Salem | 608-786-0910

- Community-wide free dinner 4th Wednesday of the month, 5-6pm

United Methodist Community Dinner

212 4th Ave N. Onalaska | 608-783-3380

- 2nd Tuesday of the month 5-6pm
- Dine in or carry out

Holmen's Hope

419 1st Ave Holmen | 608-781-4722

- Call to see if meal has resumed

Feed our Children Summer Lunch Program

359 Leonard St, West Salem

- Free summer lunch program for West Salem children June-August
- Tuesdays & Thursdays 11am-12:30pm
- Enter through East Ave door

YMCA Food Programs

For full list of programs, visit https://www.laxymca.org/food-program

Online Map

Click here for a website showing food resources including food pantries, grocery stores, community gardens, meal sites, and locations that accept WIC and SNAP.

Programs that help stretch your food budget

FoodShare

AKA Supplemental Nutrition Assistance Program (SNAP), Food Stamps, EBT, Quest Card

Toll Free: 1-888-627-0430

For local, individual assistance: 608-473-3538

Online Application: access.wisconsin.gov

Ruby's Pantry- Journey Lutheran Church

2703 Sand Lake Rd, Onalaska | 651-674-0009

- 3rd Wednesday of every month
- Cost: $25 Cash Donation for an abundance of grocery Items
- Everyone Welcome: no income or residency requirements

Programs for special groups

School Nutrition Programs

- 608-789-7625 | La Crosse School District
- 608-783-6251 | Onalaska School District
- 608-786-3078 | West Salem & Bangor School District
- 608-526-3578 | Holmen School District
- 608-488-2201 x 230 | Melrose-Mindoro

Many schools offer a food pantry or backpack of food. Please contact your student's school for more information.

Summer Lunch options for kids

- Text: FOOD to 304304

La Crosse County WIC Program

608-205-8755

- WIC food benefits are for children under 5 years old, pregnant women, postpartum moms; Income/eligibility guidelines apply

Little Free Food Pantries

- North Presbyterian Church - 1327 N Salem Road La Crosse
- Avon Street Pantry - 914 Avon Street La Crosse
- St. Elias Orthodox Church - 716 Copeland Ave La Crosse
- North Community Library - 1552 Kane Street La Crosse
- Bridges United Methodist Church (inside) - 310 4th Street S La Crosse
- Our Saviors Lutheran Church - 612 Division Street (parking lot) La Crosse
- Hamilton Elementary - 1111 7th Street S La Crosse
- Hintgen Elementary - 3505 28th Street S La Crosse
- Christ Episcopal Church - 111 9th Street N La Crosse
- Harvest Lane Treasures Thrift Store - W4910 Harvest Lane La Crosse
- Irving Pertzsch Elementary - 524 Main Street Onalaska
- Northern Hills Elementary - 910 East Ave North (C-Entrance) Onalaska

Seniors

La Crosse County Senior Dining Sites

- Holmen Comm. Ctr 600 N Holmen Dr Holmen
- Onalaska Comm. Ctr 515 Quincy St, Onalaska
- La Crosse Southside Neighborhood Ctr 1300 6th St S, La Crosse
- Suggested donation of $4, no income restrictions
- Persons 60 or older or spouses are eligible
- Meal reservation must be made by noon of previous business day by calling 608-785-5775

La Crosse County Home Delivered Meals

608-785-5775

- Hot nutritious meals delivered to home-bound individuals
- Suggested donation $4.50
- Meal reservations must be made by noon of previous business day, no income restrictions.
- Must call 608-785-5775 to determine eligibility for delivered meals

Mobile Meals of La Crosse, Inc

608-784-4623 | www.mobilemealsoflacrosse.org

- Provides nutritionally balanced, low salt, low carb home delivered meals prepared at Mayo Health Systems of La Crosse. Each client can receive up to 2 meals per day.
- Meal Option 1: includes hot meal, salad, vegetable, milk, bread & dessert $4.75/day
- Meal Option 2: includes hot meal, salad, vegetable, milk, bread, dessert, with an additional sandwich & side. $6.25/day

Senior Stock Box Program

The Hunger Task Force of La Crosse 608-793-1002

- Provides free healthy food each month delivered to seniors age 60 and older
- Must meet income guidelines

Senior Share

WAFER 608-782-6003

- Provides food packages for seniors age 60 and older
- Must meet income guidelines

Need to update information on this brochure? Contact us at healthweb@lacrossecounty.org