

# Menu Calendar Nutrient Analysis Report - May, 2026

Generated on: 4/2/2026

Site: BHS, FHS, NWRHS

Date: 05/01/2026 - 05/31/2026 - **HIGH SCHOOL SELF-SERVE LUNCH**

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)
<b>HS Lunch W4D5 M9 - ServingDate: 05/01/2026</b>						
Cheeseburger - 4100.1 (1 Cheeseburg)	40	334.91	32.00	3.00	5.50	4.00(M)
Hamburger - 4105.1 (1 burger)	20	279.91	31.00	3.00	5.00	4.00(M)
Hot Ham & Cheese Croissant - LR1006 (1 sandwich)	40	306.93	35.09	2.31	6.20	3.00
Baked Beans - LR1012 (1/2 c.)	15	207.05	39.49	5.45	15.11(M)	6.47(M)
Crinkle Cut Fries - 6110 (1/2 c.)	60	81.00	12.15	1.01	0.00	0.00
Chilled Mandarin Oranges - 6795 (1/2 c.)	60	77.91	20.68	0.89	19.78	0.00
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Assorted Gelatins with Topping - 7580 (1/2 c.)	50	89.81	19.38	0.00	19.38	18.26(M)
Ketchup - 8000 (1 foil pack)	25	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	5	29.64	0.59	0.00	0.00	0.00
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W1D1 M10 - ServingDate: 05/04/2026</b>						
Hot Dog - 4230 Merchants (1 ea.)	25	309.70	29.00	3.00	3.00	1.33(M)
Pizza, Variety - LR1001 (1 slice)	75	329.01	33.23	3.25	4.00	1.00
Glazed Carrots - 5865 (1/2 c.)	10	53.95	8.89	2.86	6.24	2.16
Green Peas - LR1059 (1/2 c.)	15	116.99	18.72	5.76	8.64	2.88
Sidewinder Potatoes - 6167 (1/2 c.)	50	103.70	15.55	1.04	0.00	0.00
Chilled Applesauce - 6555 (1/2 c.)	40	59.25	15.55	1.70	11.86	(M)
Fresh Fruit Bowl - 6715 (1 ea.)	50	90.99	23.70	3.96	14.13	0.00
Rosey Applesauce - 6565 (1/2 c.)	10	70.45	18.27	1.70	14.58	2.72(M)
Low Fat Unflavored Milk - 110 Prairie Farms	25	100.00	11.00	0.00	11.00	0.00

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(1 Carton (8 )						
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Brookie Cookie - 7515 (1 cookie)	60	150.07	23.00	1.00	14.00	3.00
Mayonnaise - 8010 Merchants (1 packet)	10	29.64	0.59	0.00	0.00	0.00
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W1D2 M10 - ServingDate: 05/05/2026</b>						
Chicken Sandwich - LR1037 (1 sandwich)	80	344.07	44.01	2.67	4.67	4.00(M)
Fajita Chicken Wrap - 4345 Merchants (1 wrap)	20	292.34	24.45	2.00	3.73	1.67
Saltine Crackers - LR1054 (2 pkg.)	20	45.00	8.00	0.00	0.00	0.00
Pinto Beans - 5550 (1/2 c.)	10	144.78	26.76	10.67	1.59	0.00(M)
Tater Tots - 6095 (1/2 c.)	60	143.10	16.36	1.02	0.00	0.00(M)
Corn - 6010 (1/2 c.)	30	117.17	21.46	1.26	8.84	3.79
Chilled Peach Slices - 6815 (1/2 c.)	60	57.24	13.36	0.95	12.40	4.77
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	30	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	35	130.00	20.00	0.00	18.00	6.00
Vanilla Pudding - 7645 (1/2 c.)	55	134.17	25.94	0.00	16.02	13.88(M)
Ketchup - 8000 (1 foil pack)	35	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	5	29.64	0.59	0.00	0.00	0.00
<b>HS Lunch W1D3 M10 - ServingDate: 05/06/2026</b>						
Chef Salad - LR1041 (1 salad)	10	246.46	17.79	2.40	8.72	3.71(M)
Chicken Salad on a Croissant - 4280 Merchants (1 ea.)	10	356.34	33.19	2.22	5.13(M)	4.82
Spaghetti with Meat Sauce - LR1055 (1 serving)	80	268.80	24.47	1.51	5.95	0.00(M)

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Garlic Knot - LR1046 (1 knot)	80	170.00	27.00	3.00	3.00	2.00
Saltine Crackers - LR1053 (6 pkg.)	10	135.00	24.00	0.00	0.00	0.00
Carrots w/ Dip - LR1010 (1/2 c.)	30	39.77	9.93	2.46	5.05	1.00
Savory Green Beans - 5745 (1/2 c.)	30	39.55	4.58	2.27	2.27	0.00
Chilled Pear Halves - 6850 (1/2 c.)	50	51.52	13.74	2.58	10.30	4.29
Fresh Fruit Bowl - 6715 (1 ea.)	50	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Croutons - 7110 (1 pkg.)	20	60.00	9.00	1.00	1.00	0.00
Candy Cookies - 7537 (1 cookie)	55	101.92	18.38	1.87	9.00	8.79
Ranch Dressing - 8080 (1 oz.)	15	56.76	1.86	0.00	0.86	0.00
<b>HS Lunch W1D4 M10 - ServingDate: 05/07/2026</b>						
Chicken Tenders - 3190 (3 tenders)	80	200.00	14.00	0.00	0.00	0.00
Ranch Club Wrap - LR1036 (1 wrap)	20	341.81	29.36	2.38	5.86	2.00
Saltine Crackers - LR1054 (2 pkg.)	20	45.00	8.00	0.00	0.00	0.00
Garlic Toast - 7115 (1 slice)	80	90.00	14.00	1.00	1.00	0.00
Cheese Topped Mashed Potatoes - 6075 (1/2 c.)	50	123.06	17.33	1.14	0.00	0.00
Steamed Broccoli Florets - 5610 (1/2 c.)	20	34.78	3.58	2.15	0.71	0.00
Fresh Fruit Bowl - 6715 (1 ea.)	50	90.99	23.70	3.96	14.13	0.00
Sliced Strawberries - 6940.1 USDA Foods (1 PC Contain)	50	79.73	20.93	1.99	15.95	(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Southern Mud - 7620 (1 square)	50	247.30	45.24	0.90	31.47	28.84(M)
Ketchup - 8000 (1 foil pack)	20	10.62	2.39	0.12	2.01	1.77

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Variety of Dipping Sauces - 8175 (1 packet)	20	40.09	9.06	0.12	7.67	7.59
<b>HS Lunch W1D5 M10 - ServingDate: 05/08/2026</b>						
Cheeseburger - 4100.1 (1 Cheeseburg)	40	334.91	32.00	3.00	5.50	4.00(M)
Fish Sticks - 1540.1 (4 Fish Stick)	40	198.95	20.84	0.00	0.00	0.00
Hamburger - 4105.1 (1 burger)	20	279.91	31.00	3.00	5.00	4.00(M)
Crispy Hushpuppies - 7065 (2 hush puppy)	40	97.70	12.56	0.70	1.40	0.70
Baked Beans - LR1012 (1/2 c.)	15	207.05	39.49	5.45	15.11(M)	6.47(M)
Crinkle Cut Fries - 6110 (1/2 c.)	55	81.00	12.15	1.01	0.00	0.00
Chilled Mandarin Oranges - 6795 (1/2 c.)	60	77.91	20.68	0.89	19.78	0.00
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Tartar Sauce - 8210 (1 packet)	15	44.52	1.32	0.05	1.14	1.11
Assorted Gelatins with Topping - 7580 (1/2 c.)	50	89.81	19.38	0.00	19.38	18.26(M)
Ketchup - 8000 (1 foil pack)	35	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	5	29.64	0.59	0.00	0.00	0.00
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W2D1 M10 - ServingDate: 05/11/2026</b>						
Hot Ham & Cheese Croissant - LR1006 (1 sandwich)	15	306.93	35.09	2.31	6.20	3.00
Pizza, Variety - LR1001 (1 slice)	85	329.01	33.23	3.25	4.00	1.00
Glazed Carrots - 5865 (1/2 c.)	10	53.95	8.89	2.86	6.24	2.16
Green Peas - LR1059 (1/2 c.)	15	116.99	18.72	5.76	8.64	2.88
Sidewinder Potatoes - 6167 (1/2 c.)	60	103.70	15.55	1.04	0.00	0.00
Chilled Applesauce - 6555 (1/2 c.)	40	59.25	15.55	1.70	11.86	(M)

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Fresh Fruit Bowl - 6715 (1 ea.)	50	90.99	23.70	3.96	14.13	0.00
Rosey Applesauce - 6565 (1/2 c.)	10	70.45	18.27	1.70	14.58	2.72(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	30	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	35	130.00	20.00	0.00	18.00	6.00
Red Velvet Cookie - 7557 (1 cookie)	50	160.00	25.00	1.00	13.00	6.00
Ketchup - 8000 (1 foil pack)	15	10.62	2.39	0.12	2.01	1.77
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W2D2 M10 - ServingDate: 05/12/2026</b>						
Chicken Sandwich - LR1037 (1 sandwich)	35	344.07	44.01	2.67	4.67	4.00(M)
Walking Tacos - 1095 Merchants (1 Walking Ta)	65	424.95	37.13	2.43	6.26	1.22
Pinto Beans - 5550 (1/2 c.)	15	144.78	26.76	10.67	1.59	0.00(M)
Tater Tots - 6095 (1/2 c.)	40	143.10	16.36	1.02	0.00	0.00(M)
Corn - 6010 (1/2 c.)	40	117.17	21.46	1.26	8.84	3.79
Chilled Peach Slices - 6815 (1/2 c.)	60	57.24	13.36	0.95	12.40	4.77
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Sour Cream - 8115 (1 Portion Cu)	20	33.08	0.94	0.00	0.94	0.00
Chocolate Pudding - 7640 (1/2 c.)	50	134.17	24.95	0.00	17.01	15.88(M)
Ketchup - 8000 (1 foil pack)	20	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	5	29.64	0.59	0.00	0.00	0.00
<b>HS Lunch W2D3 M10 - ServingDate: 05/13/2026</b>						
Cheesy Chicken over Rice - 3120.1 Merchants (1 serving)	60	374.51	34.25	1.08	3.15	0.17

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Chef Salad - LR1041 (1 salad)	20	246.46	17.79	2.40	8.72	3.71(M)
Manager's Choice Entree - LR1065 (1 serving)	20	(M)	(M)	(M)	(M)	(M)
Garlic Knot Roll - 7141 (1 roll.)	60	170.00	27.00	3.00	3.00	2.00
Saltine Crackers - LR1053 (6 pkg.)	20	135.00	24.00	0.00	0.00	0.00
Carrots w/ Dip - LR1010 (1/2 c.)	30	39.77	9.93	2.46	5.05	1.00
Savory Green Beans - 5745 (1/2 c.)	35	39.55	4.58	2.27	2.27	0.00
Chilled Pear Halves - 6850 (1/2 c.)	60	51.52	13.74	2.58	10.30	4.29
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Croutons - 7110 (1 pkg.)	20	60.00	9.00	1.00	1.00	0.00
Chocolate Brownies - 7510 Briggs (1 piece)	50	169.81	25.89	1.36	18.03	18.03(M)
Ranch Dressing - 8080 (1 oz.)	10	56.76	1.86	0.00	0.86	0.00
<b>HS Lunch W2D4 M10 - ServingDate: 05/14/2026</b>						
Chicken Tenders - 3190 (3 tenders)	70	200.00	14.00	0.00	0.00	0.00
Manager's Choice Entree - LR1065 (1 serving)	30	(M)	(M)	(M)	(M)	(M)
Garlic Toast - 7115 (1 slice)	70	90.00	14.00	1.00	1.00	0.00
Mashed Potatoes - 6070 (1/2 c.)	55	101.46	17.12	1.14	0.00	0.00
Steamed Broccoli Florets - 5610 (1/2 c.)	15	34.78	3.58	2.15	0.71	0.00
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Sliced Strawberries - 6940.1 USDA Foods (1 PC Contain)	60	79.73	20.93	1.99	15.95	(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	30	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	35	130.00	20.00	0.00	18.00	6.00

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Brown Gravy - 8130 Merchants (2 oz.)	35	20.65	3.10	0.00	1.03	0.00(M)
Banana Pudding - 7610 (1/2 c.)	50	157.32	31.23	0.85	18.14	9.61(M)
Ketchup - 8000 (1 foil pack)	25	10.62	2.39	0.12	2.01	1.77
Variety of Dipping Sauces - 8175 (1 packet)	20	40.09	9.06	0.12	7.67	7.59
<b>HS Lunch W2D5 M10 - ServingDate: 05/15/2026</b>						
Cheeseburger - 4100.1 (1 Cheeseburg)	60	334.91	32.00	3.00	5.50	4.00(M)
Hamburger - 4105.1 (1 burger)	25	279.91	31.00	3.00	5.00	4.00(M)
Manager's Choice Entree - LR1065 (1 serving)	15	(M)	(M)	(M)	(M)	(M)
Baked Beans - LR1012 (1/2 c.)	10	207.05	39.49	5.45	15.11(M)	6.47(M)
Crinkle Cut Fries - 6110 (1/2 c.)	50	81.00	12.15	1.01	0.00	0.00
Chilled Mandarin Oranges - 6795 (1/2 c.)	60	77.91	20.68	0.89	19.78	0.00
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Assorted Gelatins with Topping - 7580 (1/2 c.)	50	89.81	19.38	0.00	19.38	18.26(M)
Ketchup - 8000 (1 foil pack)	35	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	5	29.64	0.59	0.00	0.00	0.00
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W3D1 M10 - ServingDate: 05/18/2026</b>						
American Sub Sandwich - 4325.1 Merchants (1 sandwich)	15	348.19	35.58	3.00	6.34	5.00
Pizza, Variety - LR1001 (1 slice)	85	329.01	33.23	3.25	4.00	1.00
Glazed Carrots - 5865 (1/2 c.)	10	53.95	8.89	2.86	6.24	2.16
Green Peas - LR1059 (1/2 c.)	15	116.99	18.72	5.76	8.64	2.88
Sidewinder Potatoes - 6167 (1/2 c.)	50	103.70	15.55	1.04	0.00	0.00

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Chilled Applesauce - 6555 (1/2 c.)	40	59.25	15.55	1.70	11.86	(M)
Fresh Fruit Bowl - 6715 (1 ea.)	50	90.99	23.70	3.96	14.13	0.00
Rosey Applesauce - 6565 (1/2 c.)	10	70.45	18.27	1.70	14.58	2.72(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Brookie Cookie - 7515 (1 cookie)	50	150.07	23.00	1.00	14.00	3.00
Ketchup - 8000 (1 foil pack)	20	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	15	29.64	0.59	0.00	0.00	0.00
Mustard - 8015 (1 pkg.)	5	5.00	0.00	0.00	0.00	0.00
<b>HS Lunch W3D2 M10 - ServingDate: 05/19/2026</b>						
Beef Pepper Jack Quesadilla - LR1058 (1 quesadilla)	30	438.40	23.26	2.36	2.85	1.00
Chicken Sandwich - LR1037 (1 sandwich)	70	344.07	44.01	2.67	4.67	4.00(M)
Saltine Crackers - LR1054 (2 pkg.)	30	45.00	8.00	0.00	0.00	0.00
Pinto Beans - 5550 (1/2 c.)	5	144.78	26.76	10.67	1.59	0.00(M)
Tater Tots - 6095 (1/2 c.)	45	143.10	16.36	1.02	0.00	0.00(M)
Corn - 6010 (1/2 c.)	35	117.17	21.46	1.26	8.84	3.79
Chilled Peach Slices - 6815 (1/2 c.)	60	57.24	13.36	0.95	12.40	4.77
Fresh Fruit Bowl - 6715 (1 ea.)	40	90.99	23.70	3.96	14.13	0.00
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	35	130.00	20.00	0.00	18.00	6.00
Vanilla Pudding - 7645 (1/2 c.)	50	134.17	25.94	0.00	16.02	13.88(M)
Ketchup - 8000 (1 foil pack)	20	10.62	2.39	0.12	2.01	1.77
Mayonnaise - 8010 Merchants (1 packet)	15	29.64	0.59	0.00	0.00	0.00
<b>HS Lunch W3D3 M10 -</b>						

# Menu Calendar Nutrient Analysis Report - May, 2026

Site: BHS, FHS, NWRHS

Date: 05/01/2026 - 05/31/2026 - **HIGH SCHOOL SELF-SERVE LUNCH**

<b>ServingDate:</b> <b>05/20/2026</b>						
Italian Rotini Casserole - 1190 (3/4 c.)	50	350.06	30.08	1.76	5.80	0.00(M)
Manager's Choice Entree - LR1065 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Garlic Knot Roll - 7141 (1 roll.)	50	170.00	27.00	3.00	3.00	2.00
Manager's Choice Vegetable - LR1066 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Vegetable - LR1071 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Fruit - LR1067 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Fruit - LR1070 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00
Candy Cookies - 7537 (1 cookie)	45	101.92	18.38	1.87	9.00	8.79
<b>HS Lunch W3D4 M10 - ServingDate: 05/21/2026</b>						
Manager's Choice Entree - LR1065 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Entree - LR1069 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Vegetable - LR1066 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Vegetable - LR1071 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Fruit - LR1067 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Manager's Choice Fruit - LR1070 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	40	130.00	20.00	0.00	18.00	6.00

# Menu Calendar Nutrient Analysis Report - May, 2026

Generated on: 4/2/2026

Site: BHS, FHS, NWRHS

Date: 05/01/2026 - 05/31/2026 - **HIGH SCHOOL SELF-SERVE LUNCH**

Southern Mud - 7620 (1 square)	40	247.30	45.24	0.90	31.47	28.84(M)
<b>HS Lunch W3D5 M10 - ServingDate: 05/22/2026</b>						
Brunch Entree - LR1072 (1 serving)	100	(M)	(M)	(M)	(M)	(M)
Brunch Vegetable - LR1075 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Brunch Vegetable - LR1076 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Brunch Fruit - LR1073 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Brunch Fruit - LR1074 (1 serving)	50	(M)	(M)	(M)	(M)	(M)
Low Fat Unflavored Milk - 110 Prairie Farms (1 Carton (8 )	25	100.00	11.00	0.00	11.00	0.00
Strawberry Milk - 135 Prairie Farms (1 Carton (8 )	5	140.00	22.00	0.00	22.00	9.00
Chocolate Milk - 125 Prairie Farms (1 Carton (8 )	35	130.00	20.00	0.00	18.00	6.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: High School

Menu Line: Regular

Serving Group: 9-12

Nutrients Option: Diabetic Interest