



# LILY DAMATO

SYNERGISTIC COLLABORATOR  
RISK TAKER

## About Me

I attend Nathan Hale Middle School, where I stay very active with academics. I'm a dedicated dancer, and I'm actually more flexible than the average dancer. Every year I look forward to visiting Lake George, which is my favorite spot. Someday, I hope to travel to amazing places like Bora-Bora and Greece. I participate in many sports including tennis, cheer, dance, field hockey, gymnastics, and basketball. I'm a level 5 cheerleader and a level 6 gymnast, I've earned several awards for my hard work. I've won multiple winter club tennis tournaments and I was awarded best teen female athlete in gymnastics. In 2024, I was undefeated in basketball and helped lead the Huskies to a championship victory.

## I am a Synergistic Collaborator when I

bring the same teamwork and energy I use in cheer, dance, basketball, and field hockey into every group I'm a part of. As a level 5 cheerleader and level 6 gymnast, I've learned how important trust, communication, and timing are, and I always make sure my teammates feel supported and confident. Whether I'm helping my basketball team win the 2024 championships or working with others at Nathan Hale Middle school, I love combining everyone's strengths to reach a shared goal. At the same time, I show that I'm a risk taker by constantly pushing myself beyond what's comfortable, from competing in winter club tennis tournaments to mastering advanced gymnastics skills. Being more flexible than the average dancer shows how willing I am to challenge limits and try new things. I'm never afraid to take bold steps, whether that means attempting a new stunt, playing a new sport, or stepping up when my team needs leadership. My achievements come from taking risks and believing in my abilities, like winning best teen female athlete in gymnastics and dominating on the basketball court. Even in my personal life, I love exploring new places, from my yearly trips to Lake George to dreaming about Bora-Bora and Greece. By blending teamwork with courage, I bring both collaboration and fearless determination to everything I do.

**“Great dancers are not great because of their technique, they are great because of their passion” - Martha Graham**

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my basketball  
number

2032

year I  
graduate

1.5

age I started  
dancing

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age I started  
gymnastics