Alumni – Petterway Pediatrics

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Pediatrics
[Dr. Petterway] My name is Dr. Gretchen Petterway. I graduated from LSU Health in 2006. I am a pediatrician and I practice at Christus Pediatric Associates.	Woman with medium complexion and straight shoulder length dark hair wearing a colorful print dress and a white lab coat. She is sitting in front of a dark blue washed background Text: Gretchen Petterway, M D Pediatrics Christus Pediatric Associates
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Pediatrics?
[Dr. Petterway] I am from a small town. It's Mansfield, Louisiana. It's a country town. So there were no pediatricians. There was only family doctors who saw my grandmother on down to all of her kids. I did not realize I was supposed to be a pediatrician until I rotated through pediatrics in my third year clinical rotations. When I rotated through pediatrics, I fell in love. I knew that this was what God had called me to do.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Pediatrics
[Dr. Petterway] What I enjoy most about pediatrics is that I can be a big kid at heart. Kids, typically they're sick and most of them get well. And so that's what I love most about pediatrics.	Dr. Petterway on camera

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[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Pediatrics?
[Dr. Petterway] The hardest thing about pediatrics is when kids don't get well. I've been practicing for 11 years and I've had some patients who had chronic illnesses that they did not recover from. So for me, seeing a child pass away definitely has been the hardest thing that I've ever encountered as a pediatrician.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Petterway] Yes, I think for me, being loud and crazy is really important and that's what I am. I always have been. So for pediatricians, I think you have to have a bubbly personality because kids gravitate to that and they love that.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work-life balance?
[Dr. Petterway] So that's a good question. I will say I am learning how to be more balanced. When I first started practicing medicine and went into private practice as a pediatrician, I would say that I was heavily, or my work life balance was more leaning toward work, you know. our kids are our priority. I've learned how to balance being a doc-mom, you know, and working along with my my responsibilities as a mother.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?

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[Dr. Petterway] I handle the stresses of my job by laughing, taking vacations. It's really important to me. I think you have to allow yourself to disconnect. And when you disconnect and you know, you you divorce yourself from all the noise, then you're able to you're able to just unwind and build yourself back up. And that's really important because you want to make sure in this field that you are your best self and disconnecting and allowing yourself to be refilled is really important so that you're able to pour your life out to others.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?
[Dr. Petterway] I feel like it's really important not to wall yourself off into one field and to allow yourself to embrace every clinical rotation because you never know. You may be thinking one thing, but your destiny is leading you towards something else.	Dr. Petterway on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Pediatrics?
[Dr. Petterway] I think medical students need to know this one thing: First of all, they need to know that it's important for them not to know and give themselves an opportunity to rotate through each clinical rotation and then whatever feels good to them wherever they're soul has peace is where they supposed to go. I really do believe, especially looking back on my life, that I was born to be a pediatrician. And I feel that we're all called and born to do some unique tasks. And it's important for us to give ourselves an opportunity to discover that.	Dr. Petterway on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Gretchen Petterway, Pediatrics, L S U Health Shreveport Class of 2006. Christus Pediatric Associates, 15 49 east 70th Street, Suite 300, Shreveport, Louisiana 7 1 1 0 5