Alumni – Renda Anesthesiology

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Anesthesiology
[Dr. Renda] My name is David Renda. I'm an anesthesiologist. I graduated from here in 1999 and I practice here in Shreveport at Willis Knighton North in anesthesia.	Older gentleman with a fair complexion, and graying short hair. He is wearing a long sleeve shirt with tight blue and gray patterned striped and is sitting in front of a dark blue washed background Text: David Renda, M D Anesthesiology Willis Knighton Health System
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Anesthesiology?
[Dr. Renda] After completing the first couple of years of medical school and doing the family practice clinic. And also, I'd worked for a dermatologist for a couple of years doing my pre-med and through medical school, it just came apparent to me that clinic was not my cup of tea. And so it kind of led me to look at the other specialties such as radiology, pathology, and anesthesiology. And I liked anesthesia the best.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Anesthesiology
[Dr. Renda] Working with the it's a close knit group. We're somewhat sheltered in the hospital. I see the same people every day, and I enjoyed the the surgeries that I get to participate in.	Dr. Renda on camera

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[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Anesthesiology?
[Dr. Renda] The hardest thing about anesthesiology is certainly the aging population, the co-morbidities that we're seeing in our practices now, especially here in the South. And it's just gotten progressively more difficult with the aging population to provide anesthesia. We're also moving out of the operating room into other areas, such as the GI lab, the cath lab area that used to be strictly limited to the operating room or the OB/GYN wards and now as the population has gotten sicker and older, those specialties are demanding our services also.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Renda] What I was not prepared for was you become more of an operating room administrator instead of a an anesthesiologist. We certainly still provide Anastasia, but one of the main parts of our job is moving the operating room along and coordinating people and resources to get the jobs done daily. **[Off Camera voice]** Were you pleasantly surprised to find that? **Dr. Renda** It was unexpected, but yes, I was. I was pleasantly surprised. And, you know, it's something that you adapt to, just as you would in any other field.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How has anesthesiology changed over the years?

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[Dr. Renda] We've moved into being more of a manager, but also the type of anesthesia that we practice. Most of the anesthesia used to be in the operating room done under general anesthesia. And then, of course, epidurals for laboring patients. But now with the narcotic, the opioid crisis that's occurring in this country, we've shifted a large part of that to regional anesthesia, something that I've had to learn myself. We just didn't learn it. That wasn't done when I was in residency. So now for all orthopedic cases and some of our even general cases with big laparotomy, where we're providing blocks for those patients to reduce their opioid usage in the peri- operative post-operative period. So we've you know, you're continually learning as we've shifted in that manner.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?

Audio	Video
[Dr. Renda] One great thing about anesthesia is I don't bring work home. There is no charting to bring home when I leave the hospital, I leave it all at the hospital. And so it gives me an ability to when I am home, I can participate in family life with my children and my wife. And I'm not worried about getting a chart signed or any of that that, you know, I don't have those responsibilities. And then there's plenty of time to exercise in the afternoons. Usually, unless you're on call, you're usually done at a reasonable time around three ish or so, which leaves you the ability to go exercise. **[Off Camera voice]** How much time do you spend on call? **Dr. Renda** Well, that's going to depend upon your group size. So I have a large group with six members and one part time member, and so I'm on usually one week and then taking into account, people are on vacation, so it's usually one day a week and about every fourth or fifth weekend.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle stress?
[Dr. Renda] Well as I mentioned earlier, certainly, exercise helps be able to - I usually leave the hospital and go straight to the to the gym and work out some of those stresses and then the second great thing about anesthesia that some people don't think about is I really don't have any overhead, so I can leave the hospital and go on a vacation. And I'm not worried about who's paying the nurses or the staff. And and so I'm able to take nice vacations.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?

Audio	Video
[Dr. Renda] Something I alluded to earlier would be the fact that I'm more of an administrator and a manager than I am a clinician or - and so you have to, you know, I think we choose our fields by look - what we like to do in medicine. **[Off Camera Voice]** Okay. Can you just elaborate a little bit more on what that looks like as far as you being more of a manager in the operating room? **Dr. Renda** Well, when I arrive in the morning, usually I have a schedule that's written out on a board of probably also an operating room board or you will. And so we have to provide resources, providing Nurse anesthesists and and moving the anesthesiologist around to cover all those cases. And we have to talk to our surgeons because they have varying schedules. Some can't go early. They need to wait till nine. There's a situation with the patient who may be on dialysis or they're getting another procedure done. So you just have to coordinate all these, you know, these factors to keep the operating room moving in a, you know, efficient manner.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you have advice for choosing a specialty?
[Dr. Renda] Well just dig down deep and find out what your personality fits and choose kind of the specialty to your personality. You can't be something that you aren't and you don't want to be, you know, miserable in your career.	Dr. Renda on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in anesthesiology?

Audio	Video
[Dr. Renda] As I mentioned earlier, you need to look at your own personality. Anesthesiologist are typically tucked away. There's not a lot of window access. You're in the you know, in the operating room or in or generally in a cath lab room or a G.I. procedure room. And you're not getting a lot of sunshine or exposure. And, you know, you're kind of in a basement type environment sometimes. So you need to be able to make sure you can handle that. And you know, you need to make sure that you like working with a tight group of individuals and you have multiple not only do you have your patient, as is your quote client, you also have your surgeon as your client that you to have provide service to.	
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor David Renda, Anesthesiology, L S U Health Shreveport Class of 1999. Willis Knighton Health System, 26 hundred Greenwood Road, Shreveport, Louisiana 7 1 1 0 3