Your health is our priority

Prime Program

Jefferson HEALTH PLAN

Don’t face your health journey alone

HealthReach will connect you with a Personal Health Nurse to support you with confidential advice and insights.

Best of all, it’s no cost to members, spouses, and dependents over 18!



Benefits include:

- One-on-one coaching from your Personal Health Nurse
- Calls with your Personal Health Nurse, at times that work for you
- Educational materials on managing medical conditions
- Support in navigating diagnoses and treatments
- Encouragement in pursuing your health goals
- Digital options for HIPAA compliant updates
- Mobile App option for enhanced nurse communications

Support for a health condition

We have specialized programs for health conditions, including:

- Complete Care
- Diabetes Management
- Heart Healthy
- Clinical Weight Assistance
- Tobacco and Nicotine Cessation
- MaterniCare

HealthReach

Enroll to receive your free HealthReach Welcome Kit

Just like your doctor, everything we discuss is confidential.

We’re ready to help!

Whether you’re looking to boost your energy, enhance mental clarity, or simply feel healthier overall, our personalized approach will support you every step of the way.

Get started today! 3 easy ways:

1. Call toll-free (855) 822-7350
2. Scan the QR code
3. Answer the phone if a Personal Health Nurse calls you!

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