Special Olympics – 2026
Northwest Navigators

The Northwest Navigators swimming team is a member of Special Olympics Texas. Our program is for Northwest ISD students with cognitive/developmental disabilities ages 14-18. Participants will learn and develop competitive swimming skills and compete in the Area 11 swim meet at the end of the season.

Requirements: Swimmers will need to tryout for acceptance and placement. This is a competitive team, not swim lessons. Swimmers will be asked, to the best of their ability, to swim 25 yards of the pool freestyle while using side breathing. There will be a limited number of spots due to water space/time for practice.

Tryouts: Monday May 4th from 7:00pm – 8:30pm at the NISD Aquatic Center
Saturday May 9th from 11:30am - 12:30pm at the NISD Aquatic Center

After both tryouts are completed, the team will be announced to all tryout participants along with more information for next steps for both those who did or did not make the roster this summer.

Equipment Needs: Swimmers will need a practice suit, goggles, towel, and practice cap if desired. For boys a jammer style suit is suggested but swim trunks will work. For the girls a one-piece suit in any cut will be required.

Costs: Swimmers must purchase their own practice equipment. The team will provide competitive caps and suits for meets.

Practice Schedule:
May 26, 2026 – July 14, 2026
Tuesdays: 12pm-1pm

Meets:
June 30, 2026 Mock Meet during practice at the Northwest ISD Aquatic Center
July 18, 2026 SOTX Area Championships at the Northwest ISD Aquatic Center

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