Girl Scout Programs

Programs Available to All Scouts

Helmer Nature Center offers several activities for Girl Scouts of any age.
These programs include all activity supplies.

Snowshoeing, $10 per Scout *(Snowshoe rental included),* **1.25 Hours**
Available December – early March (Weather Dependent)
Don't let the winters in Rochester get you down. Come learn about the history of snowshoes in North America and then head outdoors. We offer both traditional wooden and modern style shoes.

Maple Sugaring, $10 per Scout, 1.5 Hours
Available late February – late March
Learn about the history of Maple Syrup all the way back to the Native Americans in our region who first started making it. We will head out to our sugar bush and each scout will help to tap a tree and collect sap. At the evaporator, scouts learn about and observe the boiling process used to turn sap into delicious syrup. We will provide a sample of the maple syrup made on site.

Animal Presentation & Nature Hike, $10 per Scout, 1.5 hours
Meet Helmer Nature Center's Animal Ambassadors! Discover how their physical traits and behavioral instincts help them to survive in the wild. Then, take a trek on the nature center trails to explore wildlife habitats and observe seasonal changes.

Animal Presentation at your location, $80 *(additional charges may apply),* **45 minutes** Meet the animals of the Helmer Nature Center! Have our staff naturalists come to a troop or pack meeting along with some of our resident animals and teach your scouts about the care and behavior of some of our local wildlife. Scouts will get a chance to interact with some of our animals up close. *Designed for up to 25 participants. For larger groups, please contact HNC. Additional fees may apply. Mileage charge applies to trips further than 20 Mi. from the Helmer Nature Center*

Basic 8 Outdoor Skills, $15 per Scout, 2.5 hours
Helmer Nature Center offers 8 basic outdoor skills to scouts from Brownies to Ambassadors. The 8 basic outdoor skills include: Be Prepared -- Dress for the Weather, Outdoor Manners, Protecting the Natural World, First Aid, Fire Building, Outdoor Cooking (plus eating and cleanup), Knot Tying and Knife Safety. All food and materials are included. Just bring yourselves and dress for the weather, because we will be outside for at least an hour.

Badge Programs

Helmer Nature Center offers Skill Builders and Legacy Badge programs for scouts Daisies through Seniors. Each program includes a snack and all activity materials. The program activities are aligned with the Girl Scout Journey badge requirements. Activities are varied and usually include an outdoor portion, so be sure to dress for the weather. Badges are not included in the price, but we can provide badges for an additional fee (at cost.)

All badge programs are $12 per scout, 2 hours

Daisies:	*STEM:* Designs in Nature, Numbers in Nature, Shapes in Nature, Space Science Explorer* *Outdoors:* Eco Learner, Outdoor Art Maker, Trail Adventure
Brownies:	*STEM:* Designs in Nature, Numbers in Nature, Senses, Shapes in Nature, Space Science Adventurer** *Outdoors:* Bugs, Eco Friend, Hiker, Outdoor Art Creator, Outdoor Adventure, Trail Adventure
Juniors:	*STEM:* Animal Habitats, Designs in Nature, Numbers in Nature, Shapes in Nature, Space Science
Investigator:**	*Outdoors:* Camper (does not include overnight), Eco Camper, Flowers, Gardener, Outdoor Art Explorer
Cadettes:	*STEM:* Space Science Researcher** *Outdoors:* Eco Trekker, Outdoor Art Apprentice, Trees
Seniors:	*STEM:* Space Science Expert** *Outdoors:* Eco Explorer, Outdoor Art Expert

*dusk program
**after dark program

How to schedule a Scout Program:

Please call our office for details or questions for your specific program. Programs are scheduled during the school year (September – June). Summer and school break programs are occasionally an option but are subject to staff availability. Programs can be scheduled weekdays after 3:30 and most weekends. All programs require a minimum of 10 scouts and maximum of 20. Groups of less than 10 will be charged the rate for 10 scouts. Two adult chaperones are free plus an additional adult for every five scouts. Additional adults will be charged 50% of the scout rate. Pizza can be provided with any program for an additional fee. A $25 nonrefundable deposit is required to reserve your program. The remainder of the fee is due on the day of the program. Reservation deposits are transferable within 60 days of the scheduled program.

For more information or to schedule a program, please contact us at
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