

Pre-Season Sports Physicals Saturday, May 16, 2026

Medical providers at Carilion Clinic are teaming up with area high schools to provide pre-season physicals. They will be held on Saturday, May 16 at one convenient location, the Institute for Orthopaedics and Neurosciences — 2331 Franklin Road in Roanoke.

A **completed VHSL form** is required with a parent signature or a parent must be present during registration.

Carilion Clinic does not charge for these exams; however, individual schools may require payment. This is determined by each school. If payment is required, a school representative will process the payment.

8:30 am	Central Academy Middle School	Hidden Valley High School
8:50 am	Northside Middle School	North Cross School
9:20 am	William Fleming High School	Faith Christian School
9:40 am	William Byrd Middle School	Read Mountain Middle School
10:00 am	Northside High School	James River High School
10:30 am	Glenvar High School	Patrick Henry High School
10:50 am	Breckenridge, James Madison & Woodrow Wilson Middle School	
11:10 am	Lucy Addison Middle School	John Fishwick Middle School
12:00 pm	Lord Botetourt High School	Roanoke Catholic School
12:20 pm	Glenvar Middle School	Cave Spring High School
12:40 pm	William Byrd High School	Franklin County High School
1:10 pm	Cave Spring Middle School	Hidden Valley Middle School
1:30 pm	Walk In	

1. Athletes must sign up during their school's time slot as shown above.
2. Athletes/Schools will not be allowed to enter the building until 10 minutes prior to their scheduled appointment slot to help minimize the number of people in the building.

For questions or more information, please contact Ashley Simpson at 540-512-1074.

Institute for Orthopaedics
and Neurosciences

