

Food Services Director: Nathan Shefter

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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritional & make payments. Set up an account to receive low balance alerts.



Fleetwood Area School District

Gluten Free Lunch Menu

April 2026

** Menu Subject to Change**



Meal Prices

Breakfast

Student - free

Reduced - free

Lunch

Student - Elem \$3.10 MS \$3.15 HS \$3.15

Reduced - free

B MEAL OPTION OFFERED WEEKLY	Monday	Tuesday	Wednesday	Thursday	Friday
	6-Apr	7-Apr	8-Apr	9-Apr	10-Apr
Deli Sandwich- Roatating options include- Ham, Turkey, Bologna	No School	Subway	A. Hamburger on GF Bun Lettuce & Tomato	A. Crunchy Tacos w/Cheese, Lettuce, & Tomato Fiesta Beans	A. Hot Dog on GF Bun Daily Veggie
C MEAL OPTION OFFERED DAILY:					
Yogurt Meal: Yogurt, String Cheese, WG Muffin, Graham Crackers	13-Apr	14-Apr	15-Apr	16-Apr	17-Apr
OFFERED DAILY: Fresh Fruits and Vegetables	A. GF Chicken Tenders Salad Greens	A. GF Pasta w/Sauce & GF Meatballs Salad Greens	A. GF Waffles Daily Veggie	A. Hamburger on GF Bun Lettuce & Tomato	A. Gluten Free Pizza Slice Salad Greens
Fruit Options* Apples, Bananas, Peaches, Pears, Grapes, Oranges, Pineapple, Applesauce, Fruit Cocktail 	20-Apr	21-Apr	22-Apr	23-Apr	24-Apr
Daily Vegetable * Corn, Carrots, Green Beans, Broccoli, Cauliflower	A. GF Chicken Tenders Salad Greens	A. Gluten Free Pizza Slice Salad Greens	A. Crunchy Tacos w/Cheese, Lettuce, & Tomato Fiesta Beans	A. GF Pasta w/Sauce & GF Meatballs Salad Greens	A. Meatballs on GF bun Salad Greens
** Fruit & Daily Vegetable will rotate daily, subject to product availability	27-Apr	28-Apr	29-Apr	30-Apr	1-May
MILK CHOICES 1% AND SKIM White Chocolate Skim (Soy Milk is available for students w/dairy allergies)	A. Hot Dog on GF Bun Daily Veggie	A. Gluten Free Pizza Slice Salad Greens	A. Hamburger on GF Bun Lettuce & Tomato	A. GF Waffles Daily Veggie	No School
* Ala Carte Items available to purchase daily including snacks, ice cream, beverages and second entrees. Students MUST have money in accounts, no charging allowed.	**Menu Subject to Change**				*Menu Subject to Change*

The Tiger LUNCH Meal Deal

Choose ONE Entree:

Daily Entree Special
Alternate Meal
Yogurt Meal

Choose up to TWO Sides of Fruit:

Fresh Fruit
Fruit Cup
Fruit Juice (only 1 serving)

Choose up to TWO Sides of Veggies:

Daily Vegetable
Assorted Vegetable Cup

Equal Opportunity
Institution.
Menu Subject to Change.

Don't Forget - Take at least ONE Fruit or Veggie. And at least THREE items total so your meal counts as a complete lunch.

