

MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> CHICKEN POT PIE STEAMED VEGETABLE FRUIT BUTTERY BISCUIT
<p>4</p> SWEET & SOUR MEATBALLS BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	<p>5</p> BEEF STROGANOFF EGG NOODLES STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT	<p>6</p> CRISPY CHICKEN SANDWICH on a WHOLE GRAIN BUN SEASONED POTATOES BAKED BEANS FRUIT	<p>7</p> LEMON PEPPER TILAPIA RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	<p>8</p> SWISS STEAK MASHED POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL
<p>11</p> PEPPER STEAK BROWN RICE STEAMED VEGETABLE FRUIT DESSERT	<p>12</p> PORK BBQ RIBLET on a WHOLE GRAIN BUN BAKED BEANS STEAMED VEGETABLE FRUIT	<p>13</p> RASPBERRY CHICKEN BREAST RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	<p>14</p> BEEF GOULASH STEAMED VEGETABLE FRUIT BUTTERY BISCUIT	<p>15</p> CHICKEN CHILI STEAMED VEGETABLE FRUIT WARM CORNBREAD
<p>18</p> COLD PASTA TORTELLINI with TURKEY PEPPERONI MARINATED VEGETABLES FRUIT DESSERT	<p>19</p> BEEF LASAGNA STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT	<p>20</p> TURKEY SANDWICH with AMERICAN CHEESE COLESLAW FRUIT BAKED CHIPS	<p>21</p> CHICKEN PARMESAN OVER SPAGHETTI NOODLES STEAMED VEGETABLE FRUIT FRENCH BREAD	<p>22</p> MEATLOAF MASHED POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL
<p>25</p> CLOSED NO MEALS WILL BE DELIVERED	<p>26</p> SLICED HAM AU GRATIN POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL	<p>27</p> STUFFED GREEN PEPPER BROWN RICE STEAMED VEGETABLE FRUIT WHEAT ROLL	<p>28</p> CHICKEN & STUFFING STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT	<p>29</p> MUSHROOM BURGER CHEESY HASHBROWNS STEAMED VEGETABLE FRUIT DESSERT

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

CALL 651 604-3524, THREE DAYS IN ADVANCE, TO ADD A MEAL OR BY 8:30AM TO CANCEL A MEAL