LYME-OLD LYME SCHOOLS

Regional School District #18

A Private School Experience *in a Public School Setting*

Regular Board of Education Meeting
April 1, 2026

Board Present: Jason Kemp, Chair; Anna James, Vice Chair; Susan Fogliano, Treasurer; Gavin Lodge, Secretary; Scott Brown; Xander Lowry; Sheryl Shyloski; Michael Hansen; Cynthia McCollum

Absent by Previous Arrangement:

Administration Present: Ian Neviaser, Superintendent of Schools; Mark Ambruso, Principal of Lyme-Old Lyme Middle School; Michelle Dean, Director of Curriculum; Melissa Dougherty, Director of Special Services; Allison Hine, Principal of Lyme Consolidated School; Kelly Enoch, Principal of Mile Creek School; Sean Kennedy, Assistant Principal of Mile Creek School; Holly McCalla, Business Manager; Ron Turner, Director of Facilities & Technology; Noah Ventola, Assistant Principal of Lyme-Old Lyme Middle School; Tom Bushnell, Assistant Principal at Lyme-Old Lyme High School; James Wygonik, Principal of Lyme- Old Lyme High School

Others Present: Seven community members from LOL

I. Call to Order
The meeting was called to order at 6:30pm. by Jason Kemp. The Pledge of Allegiance was recited.

II. Consent Agenda
1. Approval of Minutes:
MOTION: Mr. Lodge made a motion, which was seconded by Mr. Lowry, to approve the minutes of Regular Meeting of March 4, 2026 as presented.

VOTE: The Board voted unanimously in favor of the motion.

III. Visitors
1. CABE Communications Awards

Kim Walker, a representative from CABE, presented communication awards on behalf of the Connecticut Association of Boards of Education.
Award Winner for Budget Book and Focus on Education Newsletter

2. Elementary Student Art Recognition
Kelly Enoch, Principal of Mile Creek School, and Allison Hine, Principal of Lyme Consolidated School, proudly recognized this year's 5th grade visual and performing arts recipients. Members of the art and music departments were introduced as they honored the students for their achievements. Jen Pitman, Art Teacher at Mile Creek School, recognized Eli Favello for excellence in visual arts. Matt Guevara, Music Teacher at Mile Creek School, honored Delancey Bushnell for her accomplishments in music. Melissa Rostkoski, Music Teacher at Lyme Consolidated School, recognized Frida Rubino for her accomplishments in performing arts.

3. Student Representatives Isabella Presti and Ainsley Rinoski reported on the following activities taking place at the schools:
At LOLHS: Congratulations to our Robotics team for an outstanding performance at this past weekend's Hartford District Event, where they earned an impressive 4th place finish out of 40 teams and were honored with the Excellence in Engineering Award for their robot's strong design and consistent performance. They are now ranked in the top 5% of teams nationwide for the 2026 season and will advance to the New England Championship in April to compete against the region's top 100 teams. Our Varsity Math Team also excelled, placing second overall in the Middlesex County Math League and qualifying for the state-level competition against 37 Connecticut high schools. Additionally, Student Council successfully hosted its second blood drive of the year in partnership with the American Red Cross—thank you to everyone who donated! We also enjoyed participating in the district choral festival, and with spring sports now underway, there's plenty of excitement ahead.

At LOLMS: At the middle school, March was an exciting and event-filled month for our school community. The month began with our PTO sponsoring our annual Activity Night, which welcomed approximately 175 students. It was a wonderful opportunity for students to connect, have fun, and build school spirit. Our yearly musical was another major highlight, featuring approximately 90 students participating both on stage and behind the scenes. We proudly hosted five performances, including special daytime shows that welcomed preschool students as well as students in grades 3–5 from Lyme and Mile Creek Schools. The event showcased the incredible talent, dedication, and collaboration of our students and staff. In addition, we launched our second semester of Pursuits, which now includes our 6th grade students. This program continues to help bridge connections across grade levels while also providing students with opportunities to build relationships with new staff members. It continues to serve as an important advisory experience and strengthens our school climate. We also celebrated Spirit Week, which culminated in our annual student–faculty basketball game. A special highlight of the event was the participation of our newly formed Unified Sports team, whose involvement brought tremendous energy and pride to the game and truly reflected our school's commitment to inclusion and community.

Elementary: At both elementary schools last month, students in grade five participated in the District Choral Festival. All students participated in a celebration of World Down Syndrome Day on March 20th. They had a "Crazy Sock Day" and engaged in a variety of activities helping student to value the importance of celebrating differences and the individual qualities and characteristics that make us each unique. At Mile Creek School students in grade three facilitated a school-wide vote connected to their study of government. Students and staff cast their votes to name Mrs. Enoch's Vespa. A dramatic reveal is planned for later this week. Many students participated in the PTO sponsored after school enrichment program, and an exciting Book Character Day was held. We were also excited to learn that fourth grade student Miriam Murphy was chosen as our district's elementary winner of Senator Murphy's Martin Luther King, Jr. essay contest. We are looking forward to celebrating Earth Day next month. With the help of our Green Team students will be creating a recycled garden by creating any objects found in a garden utilizing recyclable materials. At Lyme School, we are getting ready for the 5th grade production of Rats. This musical will be performed in front of our students on Thursday afternoon and then for the wider community on Thursday evening. We are gearing up for our Lyme School Circus, which begins on Monday when we will welcome performers from the National Circus Project into our school for the week. Students in all grades will hone their juggling, balancing, and clowning skills and then students in grades 4 and 5 will perform their circus acts to end the week. As you can imagine, there is significant excitement around this highly anticipated event!

In the Preschool Program: March was an exciting month at the preschool! We welcomed families for a STEM activity where we built leprechaun traps out of recycled materials, created lunar landers with our book buddies, and visited the middle school to see this year's production of *Beauty and the Beast*. The middle school performers were excellent! The Audubon Society also visited and led a wonderful lesson about the power of plants. In April, we are looking forward to learning about spring and oviparous animals. We will also take a "Clean-Up" walk to celebrate Earth Day. Students will learn the letters W and X, explore symmetry and sequencing in math, and conduct "egg-speriments" in science. Next Friday, we will show our school spirit with Silly Hair Day, and later in the month, we will celebrate Pirate Day—because X marks the spot! Our color of the month is purple, our shape is the oval, and Lucy Arnold is our artist of the month.

2. Public Comment

No public comments.

IV. Correspondence

Mr. Kemp reviewed a summary of the correspondence that the Board received over the last month. The correspondence is attached to the minutes for informational purposes. *The opinions expressed in the attached correspondence are solely those of the authors. They do not purport to reflect the position of the Regional School District #18 Board of Education or its employees.*

Sender	Date	Subject
Frank Glowski	March 13, 2026	Visitation with Service Dog Complaint

V. Administrative Reports

1. Superintendent's Report

Mr. Neviaser reviewed the March personnel report which reflected the following:

Vacancies 2025-2026	
Instructional Assistants	PreK, Elementary, Middle and High School levels
Secretary	LOLHS
Vacancies 2026-2027	
MTSS Coordinator	Elementary Level
Special Education Coordinator (0.4 FTE)/Special Education Teacher (0.6 FTE)	Transition Program/Mile Creek School

Appointments			
Name	**Position**	**Location**	**Effective Date**
Conner Wyman	(long-term substitute)	LOLHS	March 16, 2026
Ian Martinez-Avila	Custodian	Mile Creek	April 6, 2026
Krista Bergeron	Library Aide (.4)	Lyme Consolidated	March 23, 2026
Moheba Sayed	Director Of School Counseling 2026-2027	LOLHS	July 1, 2026
Tina Mannarino	School Psychologist (.2 FTE) 2026-2027	Center School	July 1, 2026
Sarah Hart	Elementary Teacher 2026-2027	TBD	July 1, 2026
Caitlin Dooley	Elementary Teacher 2026-2027	TBD	July 1, 2026
Sabrina Khan	Elementary Teacher 2026-2027	TBD	July 1, 2026

Resignations			
Name	**Position**	**Location**	**Effective Date**
James Catala	Custodian	Mile Creek	March 27, 2026
Carrie Akarslan	Secretary	LOLHS	April 1, 2026

Mr. Neviaser reviewed the April enrollment report which reflected a total of 1257 students in-house; an

increase of 1 student from this time last month.

Mr. Neviaser gave an update on the progress towards the district goals.
Curriculum
Responsibly leverage artificial intelligence (AI) tools to enhance teaching, learning, and operational efficiency while fostering critical thinking, creativity, and ethical awareness.
Continue to provide bite-sized learning to staff at faculty meetings on ethical/safe use. This month's theme is hallucinations and student data privacy

Human Resources
In alignment with state guidelines, refine and calibrate use of the Region 18 Educator Support Plan with the new single point rubric and gather feedback on the process to inform revisions for future years.
There were 58 respondents to the PDEC survey. 95% agreed or strongly agreed that the goal-setting process is clear. 98% said YES – the single point rubric is clear and easy to understand. 83% stated that the single point rubric is more effective for goal setting and reflection, with 14% saying not applicable.

Community
Streamline effective communication by expanding the use of ParentSquare's advanced features.
Reviewed new learning from Feb. training and investigated website conversion

Facilities
As construction continues, amend and adapt strategies to minimize classroom disruption, adhere to the approved budget and design, and maintain existing facilities via the five-year plan.
Preparing for significant work to be done over April vacation and planning for summer work disruptions

Sustainability
Implement and maintain a composting program at each school to reduce food waste while educating students on sustainable practices.
Sharing information on programming with town committee on recycling

Board of Education
Through professional development, mentorship, and training, transition new members into their roles and share processes and procedures that support the high standards and expectations of Lyme-Old Lyme.
No new updates

2. Business Manager's Report

Mrs. McCalla reviewed the Executive Budget Summary as of March 31, 2026. Fluctuations of note: Special Education has switched from being over YTD as a % to spend for the year, now down 6.4 points to last year. Support Services is down due to the need to contract with an outside nursing agency last year to cover a long-term medical leave. This service is not required this year. Administrative Services is down due the builder's risk insurance policies for the school project required last year. Currently Mile Creek is the only school that still requires one. The variance in Plant Operation & Maintenance is in line with typical years, year to date. Last year, however, we reported less spend than normal, in part due to $150,000 budgeted for a new campus generator that was not spent due to the MC generator being re-purposed. In addition, there's an overall increase in the capital projects/purchased services budget and spend this year. Debt service payments previously scheduled for May have been moved to August as a result of a prior bond refunding.

	2025-2026 Received YTD
Town of Old Lyme	$21,907,010
Town of Lyme	$4,838,939

Mrs. McCalla reviewed the Contingency Maintenance Report. New spending of $5,780 to install a wireless connection to the fire alarm at Waste Water facility. The Remaining Balance is $113,477.

VI. Educational Presentation

LYSB- Results of biennial Youth Voices Count Survey for grades 6-12

Mary Seidner, Director of the Lymes' Youth Service Bureau, Bonnie and Luke Smith of B. Weyland Smith Consulting LLC, gave a presentation on the Youth Voices Count Survey recently administered to Lyme and Old Lyme middle and high school students. A copy of their presentation is attached to these minutes for informational purposes.

VII. Chairman & Committee Reports:

a. *Facilities*. No Report.

b. *Finance*. No Report.

c. *Communications*. No Report

d. *Policy*. No Report

e. *LEARN*. No Report

f. *LOL Prevention Coalition*. No Report

g. *PreK-8 Building Committee*. Presented by Mrs. Fogliano. There is nothing much specific to report, as much of the same activities are continuing. Interior work on the Mile Creek School Phase 5 is continuing on schedule. The balancing and commissioning of the heating systems is also ongoing, troubleshooting where necessary. Punch list items are also being ticked off one by one on the HVAC schools, where they are not held up by supply chain issues. Bookkeeping to close out the three HVAC schools budgets is also ongoing. Much of the emphasis over the last weeks has been on gearing up for the April break when students are out of the building. And much of that work is meant to prepare for extensive summer work to complete as much of the Mile Creek School work as possible. There will be a few weekends in April dedicated to completing the rooftop connections at the Middle School to allow for completion of the air conditioning, now that the snow has melted. The Building Committee will meet again on Monday, April 20th. I anticipate more news to report after the April break, and will update you again in early May.

Mr. Kemp mentioned The Connecticut Association of Boards of Education (CABE) has highlighted Windsor Board of Education member and past CABE President Leonard Lockhart as the new President of the National School Boards Association. Also, there is a Legislative wrap up on May 12th and a financial webinar series.

VIII. New Business

1. Tuition Student Request for Pre-K 4 Program 2026-2027 School Year

MOTION: Mrs. Shyloski made a motion, which was seconded by Mr. Lodge, to approve the tuition student request for Pre-K 4 Program 2026-2027 School as presented.

VOTE: the Board voted unanimously in favor of the motion.

2. Tuition Student Request for Lyme-Old Lyme High School for 2026-2027 School Year
3. Tuition Student Request for Lyme-Old Lyme High School 2026-2027 School Year
4. Tuition Student Request for Lyme-Old Lyme Middle School 2026-2027 School Year

MOTION: Mrs. James made a motion, which was seconded by Mr. Lowry, to approve the tuition student requests for Lyme-Old Lyme High School and Lyme-Old Lyme Middle School for 2026-2027 School Year as presented.

VOTE: the Board voted unanimously in favor of the motion.

5. Annual Review of Tuition Policy/Rate
Ian Neviaser reviewed the current policy 5118 confirming that tuition rates are competitive and in line with other districts.

In discussion, Mr. Hansen mentioned adding socioeconomic and ethnic diversity considerations to Policy 5118. After discussion, this will be further reviewed by the Policy Committee.

MOTION: Mr. Lodge made a motion, which was seconded by Mr. Brown, to approved the current tuition rates for the 2026-2027 school year.

VOTE: the Board voted unanimously in favor of the motion.

6. Nonrenewal of Non-Tenured Staff
As part of the annual practice, Mr. Neviaser recommended the nonrenewal of all non-tenured teachers. With written notice to staff and possible reinstatement pending budget approval at referendum on May 5.

MOTION: Mrs. James made a motion, which was seconded by Mr. Lodge, to non-renew the non-tenured teacher contracts at the end of 2025–2026, per the Superintendent's recommendation.

VOTE: the Board voted unanimously in favor of the motion.

7. 2025-2026 School Calendar Update
Ian Neviaser proposed calendar adjustments to address snow days, including making June 18 and 19 half days for students and using June 22 for staff PD. Instructional Assistants may work that day to complete hours. The plan also allows annual construction to begin with classroom moves at MC prior to summer.

This results in a minimal reduction of student days from 183 to 182.

MOTION: Mr. Lodge made a motion, which was seconded by Mrs. McCollum, to approved the proposed updated 2025-2026 calendar as presented.

VOTE: the Board voted unanimously in favor of the motion.

IX. Old Business

There was no old business to report.

X. Executive Session

XI. Adjournment

The regular meeting adjourned at 7:40p.m. upon a motion by Mr. Lowry and a second Mrs. James.

Respectfully submitted,

Gavin Lodge, Secretary

Summary of Communication to Board of Education
April 1, 2026

Sender	Date	Subject
Frank Glowski	March 13, 2026	Visitation with Service Dog Complaint

The opinions expressed in the attached correspondence are solely those of the authors. They do not purport to reflect the position of the Regional School District #18 Board of Education or its employees.

Rooney, Paige

From: Frank Glowski <fglowski72@yahoo.com>
Sent: Friday, March 13, 2026 3:07 PM
To: Brown, Scott (BOE); Fogliano, Susan (BOE); Hansen, Michael; James, Anna (BOE); Kemp, Jason (BOE); Lodge, Gavin (BOE); Lowry, Alexander (BOE); McCollum, Cynthia; Shyloski, Sheryl; Rooney, Paige; Neviaser, Ian; Rooney, Paige
Subject: EXTERNAL: Formal Complaint Regarding Service Animal Access and ADA Compliance
Attachments: Formal Complaint – Disability Discrimination and Denial .docx

Follow Up Flag: Follow up
Flag Status: Flagged

Dear Members of the Lyme–Old Lyme Board of Education and Superintendent Neviaser,

Attached please find a formal letter documenting concerns regarding the denial of access for me to attend and present at an after-school program at Mile Creek Elementary School while accompanied by my service dog.

The letter outlines the relevant circumstances, our conversation on March 13, 2026, and the applicable federal and Connecticut laws governing access rights for individuals with service animals. It also includes my request for written documentation regarding the district's plan to ensure compliance with these legal requirements.

I respectfully request that the Board of Education and the district review the attached letter and provide a written response within fourteen (14) days as outlined in the document.

My intent is to resolve this matter cooperatively while ensuring that the rights of individuals with disabilities are respected and that district policies align with federal and state law.

Thank you for your attention to this matter. Please confirm receipt of this email and the attached letter.

Respectfully,

Frank L. Glowski
42 Bokum Rd
Old Saybrook, CT 06475
860-391-7669

Frank L Glowski
860-391-7669
"In a world where you can be anything, Be kind"
~Unknown

Frank L. Glowski
42 Bokum Rd.
Old Saybrook, CT 06475
fglowski72@yahoo.com
860-391-7669

March 13, 2026

Lyme–Old Lyme Board of Education
Attn: Members of the Board of Education

Superintendent Ian Neviaser
Lyme–Old Lyme Public Schools
49 Lyme Street
Old Lyme, CT 06371

Subject: Formal Complaint – Disability Discrimination and Denial of Access With Service Animal Under Federal and Connecticut Law

Dear Members of the Lyme–Old Lyme Board of Education and Superintendent Neviaser,

I am writing to formally document and request resolution regarding what I believe constitutes discrimination based on disability and an unlawful denial of access involving my service animal under both federal and Connecticut law.

Background

I was invited to speak to an after-school program at Mile Creek Elementary School regarding service dogs and disability awareness. As an individual with a disability, I utilize a trained service dog that performs **scent-detection tasks to alert me prior to a medical episode**. My service dog accompanies me as a necessary medical accommodation.

During the planning of this visit, I was asked to provide documentation regarding my service dog. Under **Title II of the ADA**, public entities are strictly limited in what they may ask regarding a service animal.

Under **28 C.F.R. §35.136(f)**, when it is not obvious that a dog is a service animal, a public entity may ask only two questions:

1. Whether the animal is required because of a disability, and
2. What work or task the animal has been trained to perform.

The regulation explicitly states that a public entity **shall not require documentation, certification, proof of training, or proof that the animal has been licensed or certified as a service animal.**

Despite this prohibition, I was asked to provide documentation. Out of courtesy and in good faith, I voluntarily provided:

- Current vaccination records
- Town dog license
- American Kennel Club Good Canine Citizenship certification

After providing these documents, I was then asked to produce a **"service dog certificate."** I explained that such a certificate **does not exist under the ADA**, as federal law explicitly prohibits requiring certification or registration for service animals.

March 13, 2026 Conversation With the Superintendent

On **March 13, 2026**, I spoke by telephone with Superintendent **Ian Neviaser** regarding this matter.

During that conversation, the Superintendent stated that he was **not denying me access**, but that he would **not allow me to come to the school and give the presentation if my service dog accompanied me.**

The Superintendent explained that the school has a **therapy dog**, and students are accustomed to approaching and petting that dog. He stated he was concerned about **student safety** because he did not know whether my service dog was trained to tolerate that behavior.

During the conversation I explained:

- My dog is a **service dog trained to perform disability-related tasks**, not a therapy dog.
- A central component of my presentation was to **educate students about the difference between therapy dogs and service dogs.**
- Students and members of the public **should not pet or distract a working service dog,** and teaching students this distinction was part of the purpose of the presentation.

Despite this explanation, the Superintendent reiterated that he would not permit me to attend to present **with my service dog.**

Applicable Federal Law

Public school systems are considered **public entities under Title II of the ADA**. Title II requires public entities to provide individuals with disabilities equal access to services, programs, and activities.

Under **42 U.S.C. §12132**:

No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of a public entity.

Federal regulations implementing Title II further provide:

28 C.F.R. §35.130(b)(7)(i)
Public entities must make **reasonable modifications to policies, practices, or procedures when necessary to avoid discrimination on the basis of disability**.

28 C.F.R. §35.136(a)
A public entity **shall modify its policies, practices, or procedures to permit the use of a service animal by an individual with a disability**.

28 C.F.R. §35.136(b)
A service animal may only be excluded if:

1. The animal is **out of control and the handler does not take effective action to control it**, or
2. The animal is **not housebroken**.

28 C.F.R. §35.136(f)
A public entity **shall not require documentation, certification, or proof that the animal has been trained as a service animal**.

Federal guidance from the **U.S. Department of Justice Civil Rights Division** clarifies that **fear of dogs, allergies, or speculative safety concerns are not valid bases to deny access to a service animal**.

Requiring me to present in the program **without my service animal effectively denies me equal access**, as my service animal is a necessary disability-related accommodation.

Applicable Connecticut Law

Connecticut law provides similar protections.

Under **Connecticut General Statutes §46a-64(a)**:

It shall be a discriminatory practice in a place of public accommodation to deny any person full and equal accommodations because of disability.

Additionally, **Connecticut General Statutes §46a-44** provides individuals with disabilities the right to be accompanied by a **guide dog or service animal in places of public accommodation and public facilities.**

Public schools operated by municipal boards of education fall within the scope of these civil rights protections.

Educational Opportunity Lost

The denial occurred in the context of a presentation intended to **educate students about service animals and disability awareness.**

The presentation would have provided students with valuable information about:

- The difference between **service dogs and therapy dogs**
- Appropriate behavior around **working service animals**
- Disability awareness and accessibility

Ironically, the concern expressed by the Superintendent—that students may attempt to pet the dog—is precisely the type of misunderstanding that the presentation was designed to address.

Requested Resolution

In order to resolve this matter, I respectfully request that the Lyme–Old Lyme Board of Education and Superintendent provide the following:

1. **Written documentation outlining the district's plan to ensure compliance with the Americans with Disabilities Act and Connecticut civil rights laws regarding service animals.**
2. **Written documentation outlining the district's plan to provide training or guidance to administrators and staff regarding ADA service animal requirements and disability access obligations.**

3. **Written documentation outlining any review, revision, or implementation of policies to ensure district practices comply with Title II of the ADA and Connecticut civil rights statutes regarding service animals.**
4. **Written confirmation to me of the corrective actions and resolutions adopted by the district in response to this complaint.**

I respectfully request that this written response be provided within **fourteen (14) days** of receipt of this letter.

Notice Regarding Potential Liability

I hope this matter can be resolved cooperatively. However, it is important to note that **Title II of the ADA provides for federal enforcement and legal remedies when a public entity discriminates on the basis of disability.**

If a violation is established, a public entity may be subject to:

- Federal civil rights enforcement actions by the **U.S. Department of Justice Civil Rights Division**
- Administrative enforcement by the **U.S. Department of Education Office for Civil Rights**
- State civil rights complaints filed with the **Connecticut Commission on Human Rights and Opportunities**
- Civil litigation seeking injunctive relief, damages, and attorneys' fees under **42 U.S.C. §12133**

In addition, courts have recognized that **public officials who knowingly fail to comply with clearly established disability rights protections may expose their governmental entity to significant liability, including attorney's fees and court-ordered corrective measures.** It is therefore in the best interest of the district to ensure prompt compliance with federal and state disability law.

Preservation of Records

Because this matter concerns potential civil rights violations, please preserve **all records, communications, emails, internal memoranda, meeting notes, and other documents related to this matter**, including communications among administrators and staff regarding my invitation, my service animal, and the decision to deny my participation with my service dog.

Thank you for your attention to this matter. I look forward to your response.

Respectfully,

Frank L Glowski

Frank L. Glowski

Revised 4/1/26

Lyme-Old Lyme Public Schools · 2025-2026 Calendar

August 2025				3
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

September 2025				21
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				22
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

November 2025				16
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

December 2025				17
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January 2026				18
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
SNOW	27	28	29	30

February 2026				12
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
SNOW	SNOW	SNOW	26	27

March 2026				22
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April 2026				16
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May 2026				20
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

June 2026				15
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Approved by BOE on April 1, 2026

School Hours	
Mile Creek/Lyme	8:45-3:15
LOLMS/LOLHS	7:40-2:10
Preschool (am)	8:50-11:20
Preschool (pm)	12:20-2:50
Preschool (full)	8:50-2:50
Early Dismissal	
Mile Creek/Lyme	12:15
LOLMS/LOLHS	11:10
Preschool	11:20

Date	Event/Holiday
August 22,25,26	Professional Development Day (Full) No school for students
August 27	Opening Day for Students
September 1	School Holiday (Schools Closed)
October 10	Professional Development Day (HALF) Early dismissal for students
October 13	School Holiday (Schools Closed)
November 4	Professional Development Day (Full) No school for students
November 24-25	Elementary and Middle parent conferences. Elementary, Middle and High School students early dismissal.
November 26-28	School Holiday (Schools Closed)
December 23	Professional Development Day (HALF) Early dismissal for students
December 24-January 2	School Holiday (Schools Closed)
January 19	School Holiday (Schools Closed)
February 13	Professional Development Day (HALF) Early dismissal for students
February 16-20	School Holiday (Schools Closed)
~~March 6~~	~~Professional Development Day (HALF)~~ and Elementary Parent Conferences Early dismissal for students
April 3	School Holiday (Schools Closed)
April 13-17	School Holiday (Schools Closed)
May 22	Professional Development Day (HALF) Early dismissal for students
May 25	School Holiday (Schools Closed)
June 18-19	Tentative Final Days Early dismissal for students both days Snow days are added at end of year
June 22	Professional Development Day (Full) No school for students

LYME-OLD LYME
PREVENTION COALITION

Lyme-Old Lyme Youth Voices Count Survey Results for Board of Education,

April 2026

youth VOICES count

B. WEYLAND SMITH
CONSULTING

Response Rate

Sample Response Rates	Sample Count	Population Count	Response Rate (%)
Grade 6	95	99	96.0%
Grade 7	81	85	93.5%
Grade 8	95	95	100.0%
Grade 9	83	87	95.4%
Grade 10	80	85	94.1%
Grade 11	74	87	85.1%
Grade 12	67	99	67.7%
Grades 6-8	271	279	97.1%
Grades 9-12	304	358	84.9%
Grades 6-12	575	637	90.3%

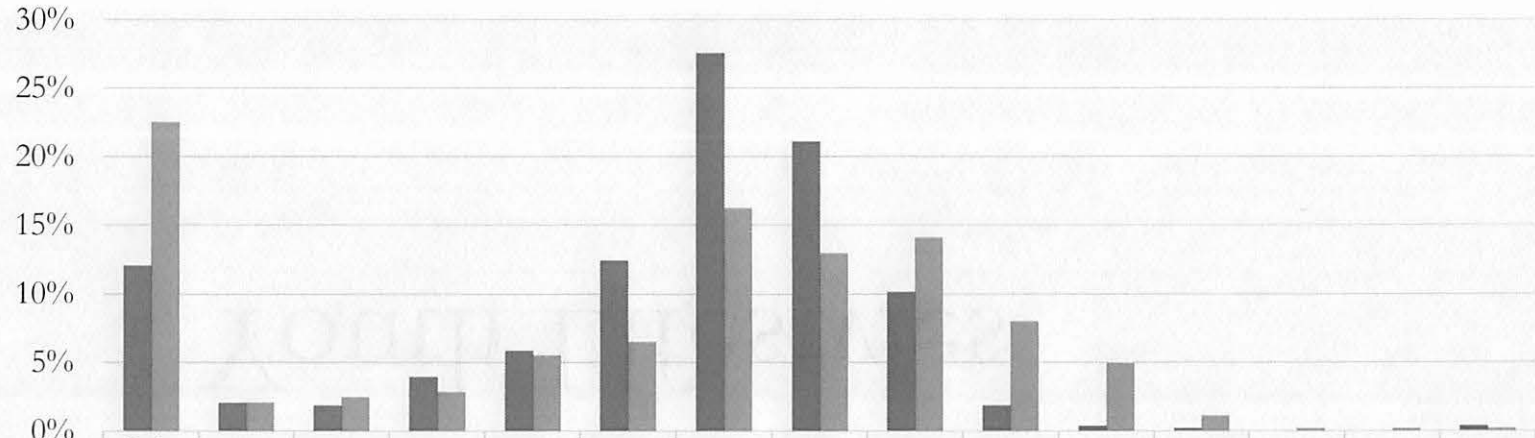


Youth Lifestyles

B. Weyland Smith

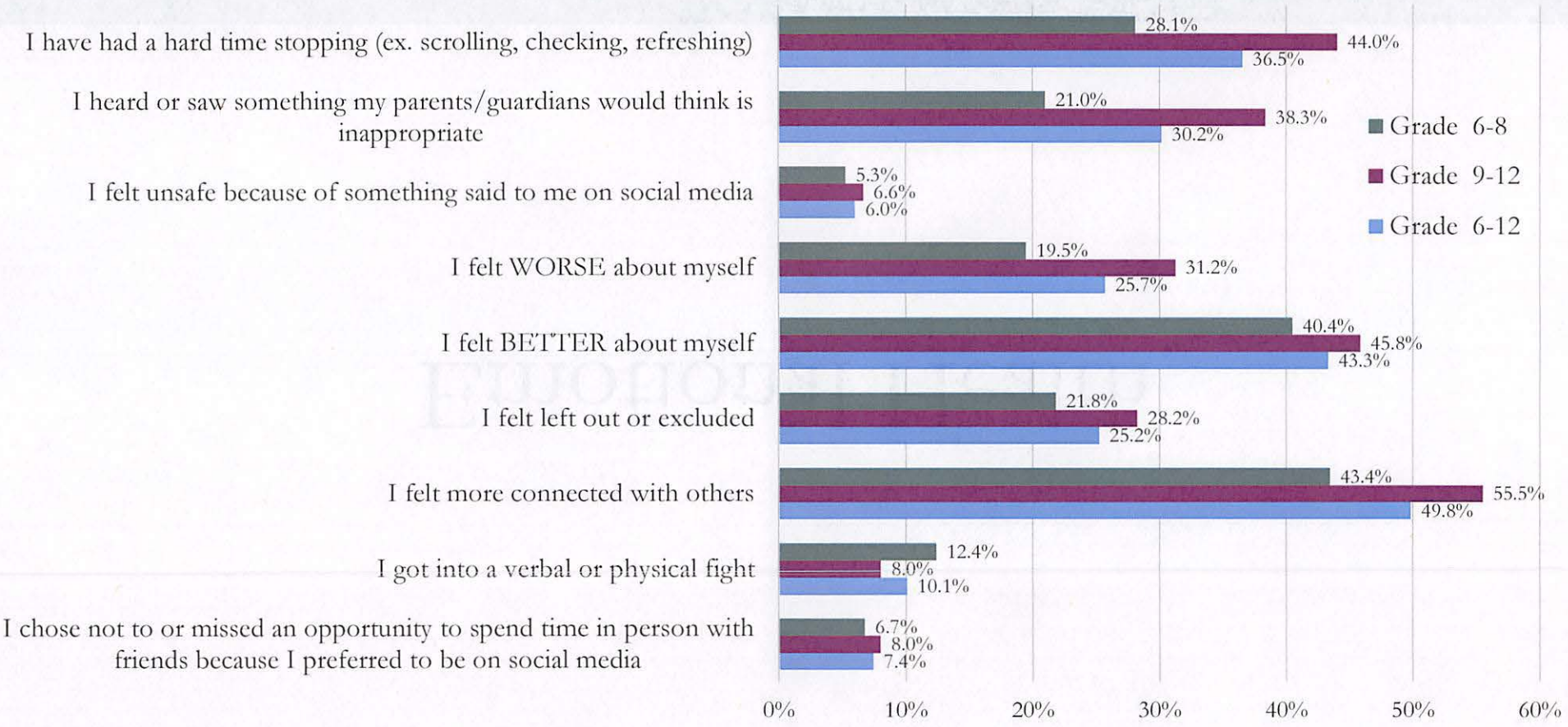
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Smartphone and Social Media Age of Access



	I do not have this	6 or less	7	8	9	10	11	12	13	14	15	16	17	18	19
Smartphone or iPhone - Age	12.1%	2.1%	1.9%	4.0%	5.8%	12.5%	27.5%	21.1%	10.2%	1.9%	0.4%	0.2%	0.0%	0.0%	0.4%
Social media account - Age	22.5%	2.1%	2.5%	2.9%	5.5%	6.5%	16.2%	13.0%	14.1%	8.0%	5.0%	1.1%	0.2%	0.2%	0.2%

Perceived Social Media Assets and Consequences

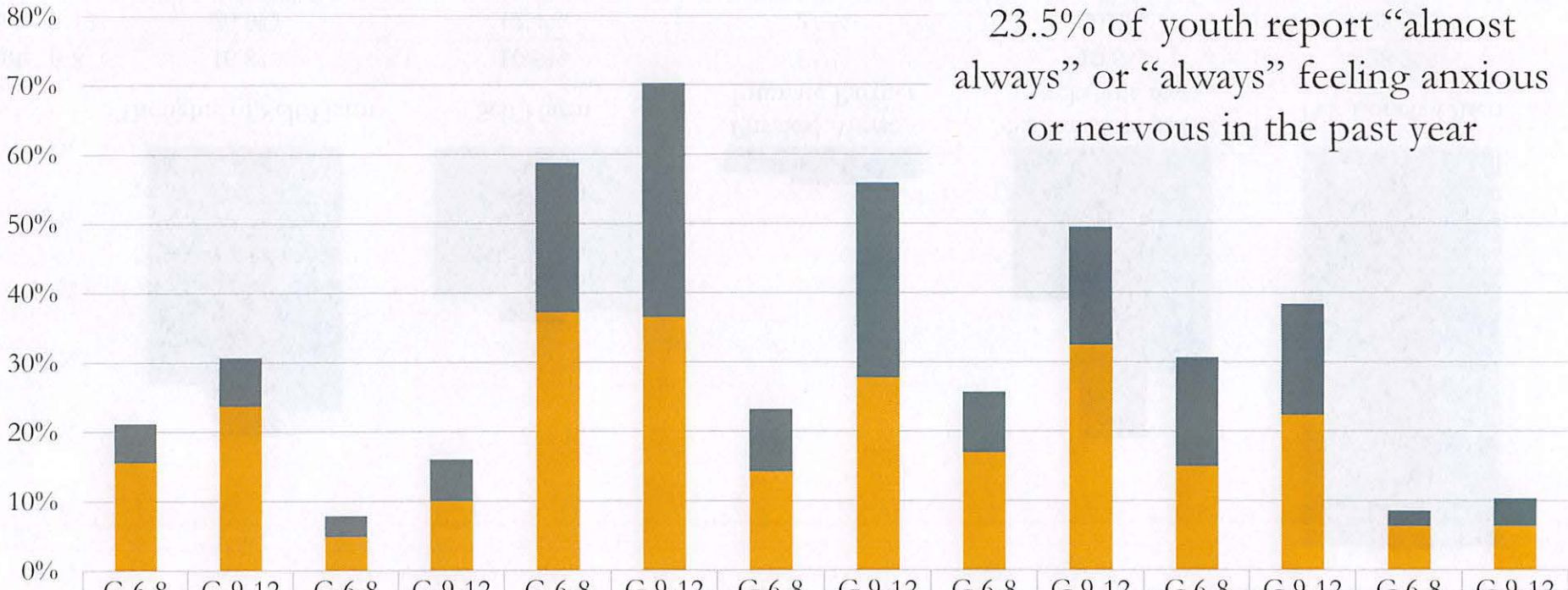


Emotional Health

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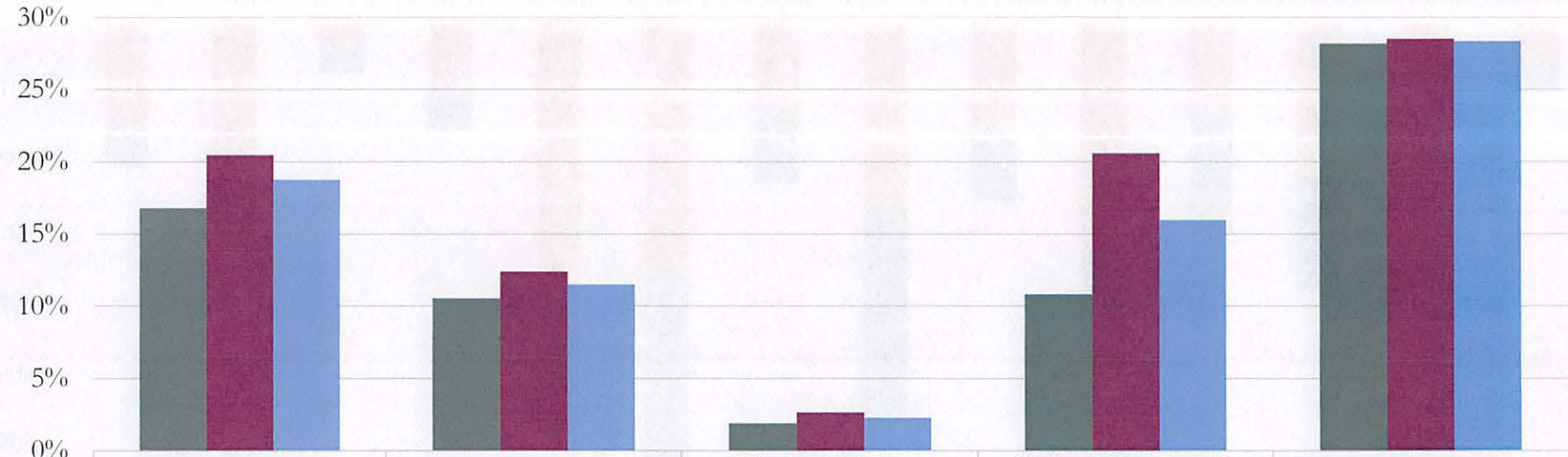
Sources of Stress, Anxiety, or Worry



23.5% of youth report "almost always" or "always" feeling anxious or nervous in the past year

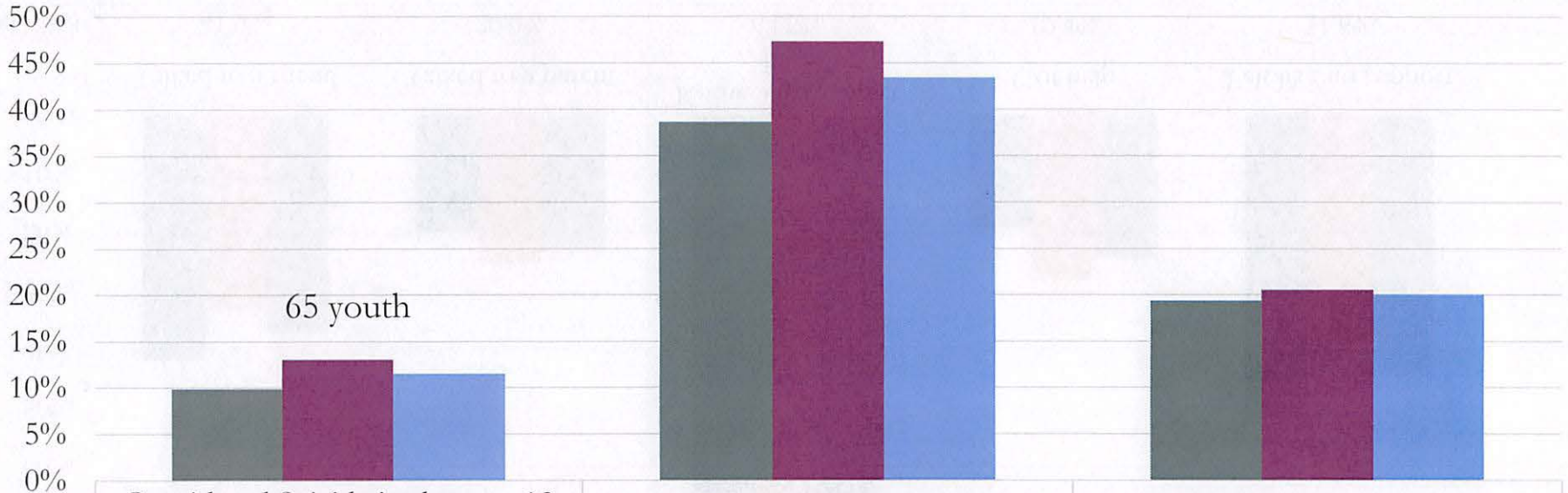
	G 6-8	G 9-12	G 6-8	G 9-12	G 6-8	G 9-12	G 6-8	G 9-12	G 6-8	G 9-12	G 6-8	G 9-12	G 6-8	G 9-12
	Home/family life		Financial Security		Academics		Post High School Plans		Schedule		Peers		Social media	
High	5.6%	7.0%	3.0%	6.0%	21.6%	33.8%	9.0%	28.1%	8.7%	17.1%	15.7%	16.0%	2.2%	4.0%
Medium	15.6%	23.7%	4.9%	10.0%	37.2%	36.5%	14.2%	27.8%	17.0%	32.4%	15.0%	22.3%	6.3%	6.4%

Other Emotional Health Indicators in the Past Year, % Responding "Yes"



	Thoughts of Self Harm	Self Harm	Physical Abuse - Intimate Partner	Sad or Hopeless (2 weeks in a row)	Felt Lonely Often
Grade 6-8	16.8%	10.5%	1.9%	10.8%	28.2%
Grade 9-12	20.5%	12.4%	2.7%	20.6%	28.5%
Grade 6-12	18.7%	11.5%	2.3%	16.0%	28.4%
DRG C	15.4%	9.9%	3.3%	16.6%	27.3%

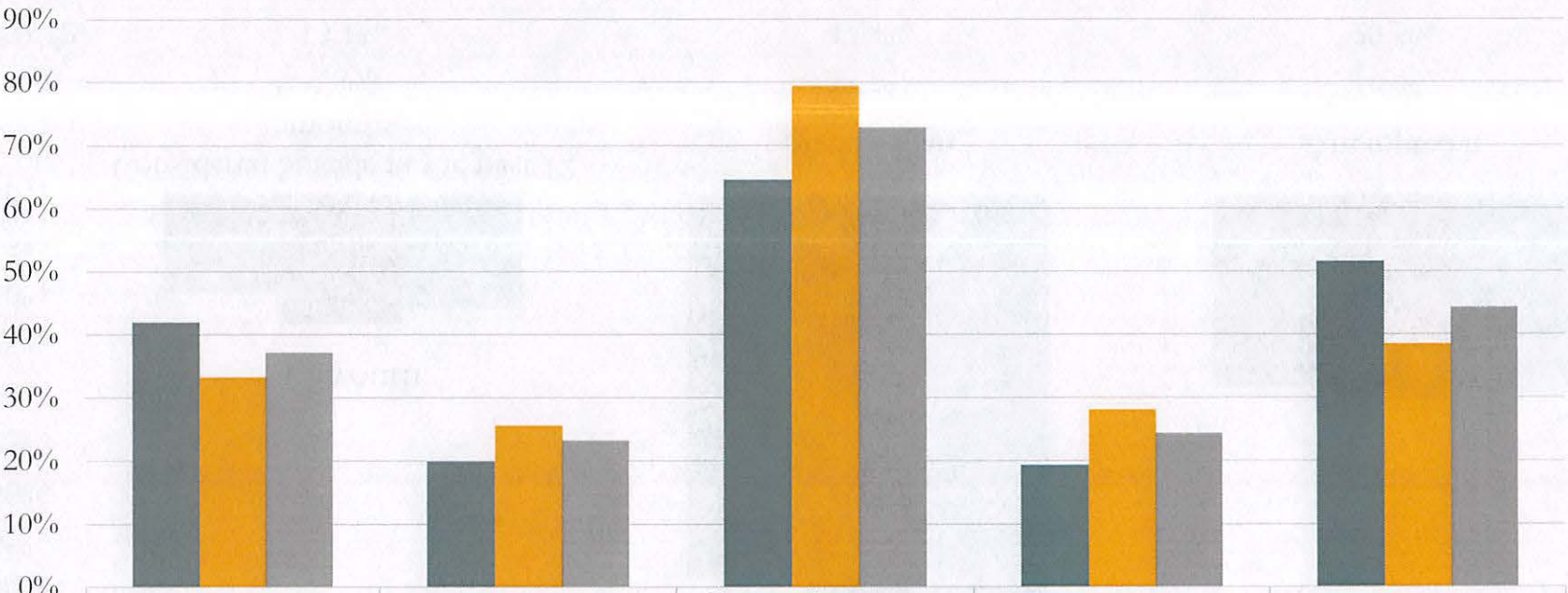
Past Year Thoughts of Suicide



	Considered Suicide in the past 12 months	Made a Plan	Attempted it
Grade 6-8	9.8%	38.7%	19.4%
Grade 9-12	13.1%	47.4%	20.5%
Grade 6-12	11.6%	43.5%	20.0%
DRG C	9.2%		

% of those who considered suicide

Suicide and Perceptions of Supports



	Talked to a friend	Talked to a parent	Know where to get help	Got help	Felt like no support
Grade 6-8	41.9%	20.0%	64.5%	19.4%	51.6%
Grade 9-12	33.3%	25.6%	79.5%	28.2%	38.5%
Grade 6-12	37.1%	23.2%	72.9%	24.3%	44.3%

% of those who considered suicide

Substance Use and Perceptions

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Relationships between L/OL Youth Substance Use and Other Attitudes and Behaviors (selected)

L/OL Middle & High School youth who have used any substance in their lifetime are more likely to:

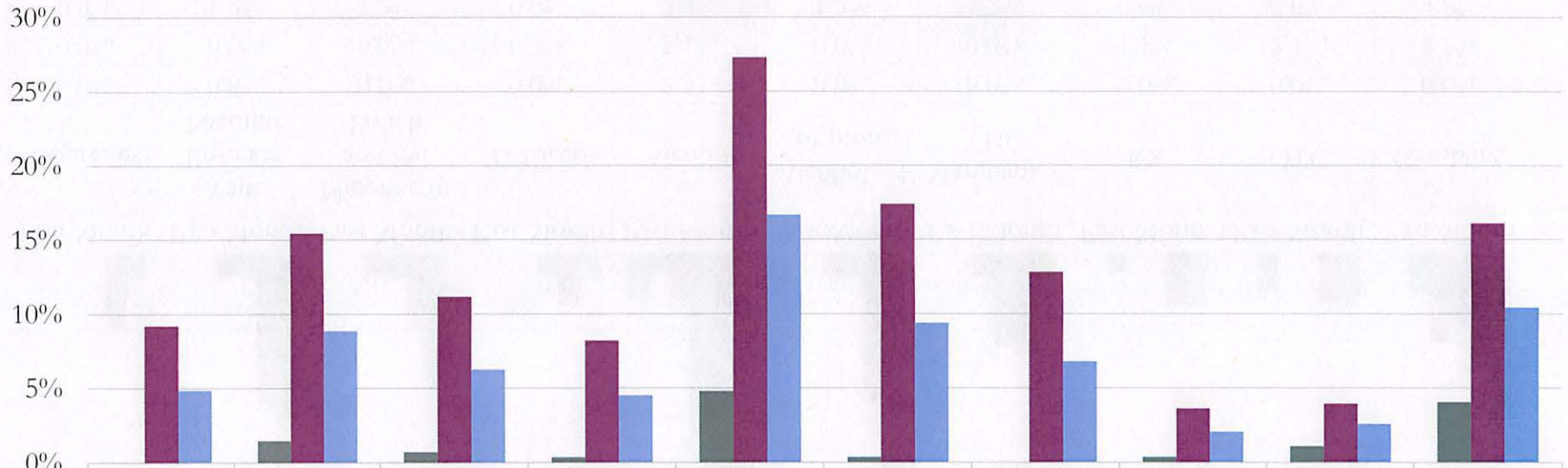
Middle School and High School…

- Use the internet 5 or more hours per day
- Feel worse about themselves because of social media use
- Have their homelife be a source of anxiety
- Have thoughts of self harm
- Believe alcohol is easy to access

High School...

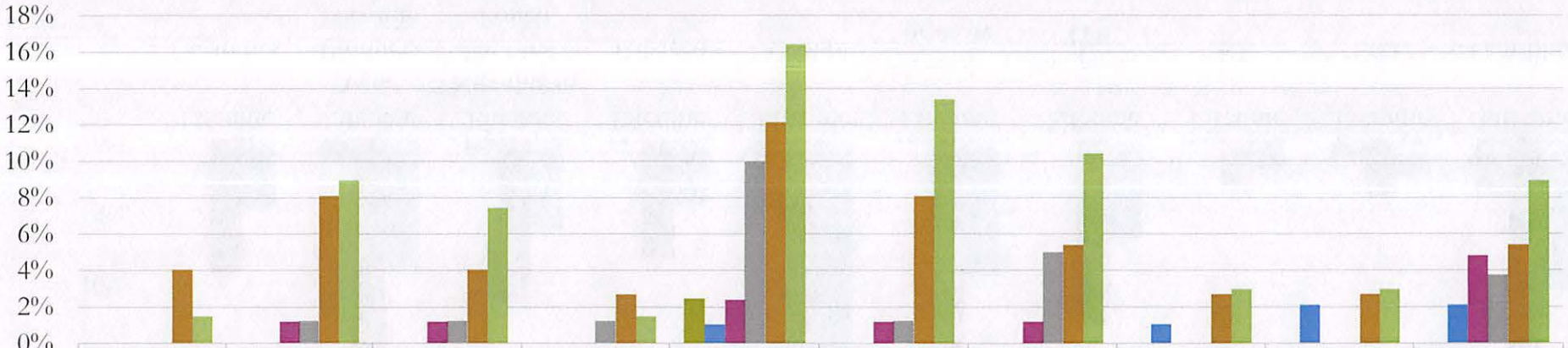
- Feel excluded because of social media
- Experience anxiety in the past year "almost always" or "always"
- Experience depression, loneliness have thoughts of self harm, self harm and considered suicide in the past year
- Report easy access to all substances
- Report a lack of clear family rules about substance use
- Report low peer disapproval and parental disapproval for all substances
- Think most peers use substances

Lifetime Use of CORE Substances and Gambling



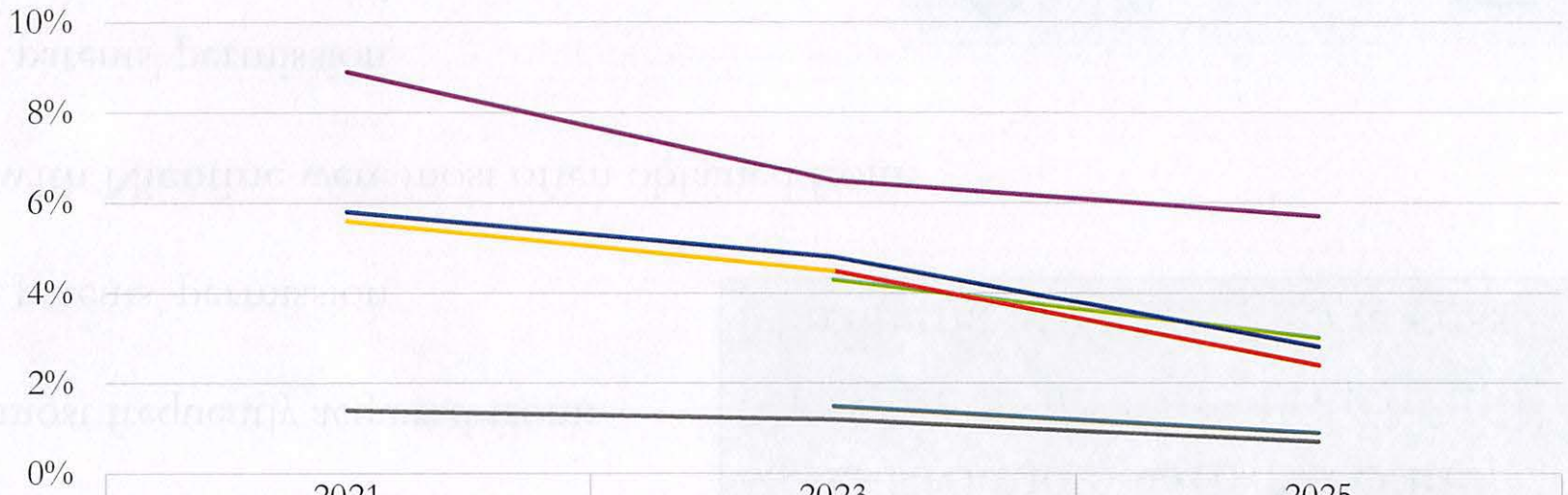
	Lifetime Cigarettes	Lifetime Vape Products Nicotine	Lifetime Nicotine in an Oral Pouch	Lifetime Tobacco	Lifetime Alcohol	Lifetime Alcohol - 4 or more	Lifetime Marijuana / THC	Lifetime RX	Lifetime OTC	Lifetime Gambling
Grade 6-8	0.0%	1.5%	0.7%	0.4%	4.8%	0.4%	0.0%	0.4%	1.1%	4.1%
Grade 9-12	9.2%	15.5%	11.2%	8.2%	27.3%	17.4%	12.8%	3.6%	3.9%	16.1%
Grade 6-12	4.9%	8.9%	6.3%	4.5%	16.7%	9.4%	6.8%	2.1%	2.6%	10.4%
DRG C	3.2%	7.8%	1.9%	3.0%	14.2%	7.8%	7.1%	1.7%	2.0%	10.5%

Past Month Use of CORE Substances and Gambling by Grade



	Past Month Cigarettes	Past Month Vape Products Nicotine	Past Month Nicotine in an Oral Pouch	Past Month Tobacco	Past Month Alcohol	Past Month Alcohol - 4 or more	Past Month Marijuana / THC	Past Month RX	Past Month OTC	Past Month Gambling
7	0.0%	0.0%	0.0%	0.0%	2.5%	0.0%	0.0%	0.0%	0.0%	0.0%
8	0.0%	0.0%	0.0%	0.0%	1.1%	0.0%	0.0%	1.1%	2.1%	2.1%
9	0.0%	1.2%	1.2%	0.0%	2.4%	1.2%	1.2%	0.0%	0.0%	4.8%
10	0.0%	1.3%	1.3%	1.3%	10.0%	1.3%	5.0%	0.0%	0.0%	3.8%
11	4.1%	8.1%	4.1%	2.7%	12.2%	8.1%	5.4%	2.7%	2.7%	5.4%
12	1.5%	9.0%	7.5%	1.5%	16.4%	13.4%	10.4%	3.0%	3.0%	9.0%

Trend Past Month Use of CORE Substances, Grades 6-12



	2021	2023	2025
Alcohol	8.9%	6.5%	5.7%
Binge Drinking		4.3%	3.0%
Cigarettes	1.4%	1.2%	0.7%
Vaping Nicotine	5.6%	4.5%	2.4%
Marijuana	5.8%	4.8%	2.8%
Prescription Drugs		1.5%	0.9%

Sources of Substances Grades 6-12

Alcohol most frequently is accessed from:

- friends/peers
- home with parents' permission
- home without parents' permission

Marijuana was most frequently acquired from:

- friends/peers
- home without parents' permission
- store

Vape products with Nicotine were most often obtained from:

- friends/peers
- home without parents' permission
- store

Youth report
Alcohol,
Vape Products with Nicotine,
Nicotine in an Oral Pouch and
Marijuana are <u>easiest to access</u>



Top Reasons Why Substances are not Used
(Grades 9-12)

Alcohol:

1) Underage
2) Physical Health
3) Fear of Consequences-Police
4) Don't want to lose control/School Work
5) Fear of Consequences-School

Marijuana:

1) Physical Health
2) I don't approve
3) School Work
4) Underage
5) Don't want to lose control

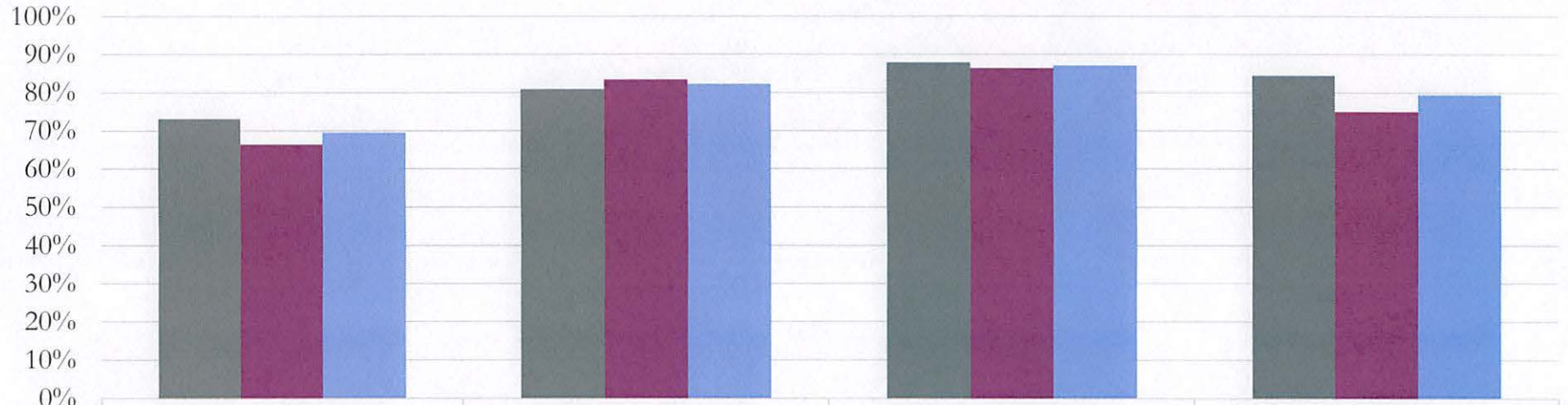
Vaping Nicotine:

1) Physical Health
2) I don't approve
3) Don't want to lose control
4) Fear of Consequences-School
5) Fear of Consequences-Parents

Connected and Thriving Factors

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Connected and Thriving Youth-Direction, Confidence and Supports



	Yes Life- Positive Direction	Yes Supports- School Based	Yes Supports - External to School	Yes Confidence in Future
Grade 6-8	73.2%	80.9%	87.9%	84.4%
Grade 9-12	66.4%	83.4%	86.5%	75.0%
Grade 6-12	69.6%	82.2%	87.1%	79.4%