

Requirements for Athletics Participation in CCISD

****Everything listed below must be completed prior to class period participation, tryouts, and/or competition. Please allow up to 2 business days for forms to be reviewed. ****

1. **Obtain a new pre-participation physical. Must be completed on or after April 1st, 2026 unless your child tried out for cheer, those physicals may be completed on or after February 1st, 2026.**
 - a. Must be filled out on UIL form. This form can be obtained from the CCISD athletics website, Rank One Website, or a paper form obtained from athletic trainer (HS) or intermediate coordinator. The form must have doctor signature, physical date, and contact information for provider.
2. **Complete all online forms on Rank One Website.**
 - a. You may upload the completed physical directly to the website. Only upload doctor portion that contains signature, physical date, and contact info for provider.
 - i. This is an approval form. The athletic trainer or intermediate coordinator will review the form and either approve it or flag it if there is additional information needed to approve the form.
 - b. Medical History (Filled out Electronically)
 - i. This is an approval form. The athletic trainer or intermediate coordinator will review the form and either approve it or flag it if there is additional information needed to approve the form.
 - c. UIL Forms/District Policy Forms (Filled out Electronically)
 - d. Emergency Information Form (Filled out Electronically)
 - e. Texting Authorization Form (Filled out Electronically)
 - f. Asthma Action Plan/Anaphylaxis EAP (Only as needed): See Step 3
3. **If Your Student Needs to Carry an Inhaler and/or EpiPen on Campus**
 - a. The Asthma Action Plan (Inhaler) and/or Anaphylaxis EAP Form (EpiPen) must be filled out by treating physician and parent. This is to be turned into athletic trainer (HS) or intermediate coordinator, prior to medication being brought on campus. Required to clear medical history form.
 - b. Both can be found on the Rank One Website when logged into account and on CCISD Athletics Website.
 - c. Please make sure all medication is not expired and in original box.
 - d. Copies will be shared with school nurse.
4. **Rank One Account Creation Instructions**
 - a. Go to Rank One Website (<https://rankone.com/Parent/Parent>)
 - b. You may continue as a guest or create an account. Either way, you will need your student athlete's name as it appears in Skyward and student ID number to proceed to forms. You will need to add each additional student separately.
 - c. The forms are hyperlinks that you will need to click on to fill out the information. There are 5 of the hyperlinks to click through and complete required information.

Additional Information

CCISD offers **OPTIONAL** School Insurance at a cost to the Family. Please visit the athletics website for specific information on how to review and purchase the policies. Policies run from August 1st-July 31st of a given year, so be aware of your purchase date. Ex: If you purchase the policy on July 3rd, 2026, it will expire July 31st, 2026.

*Incoming Freshmen may appear to be zoned to the incorrect high school. It will correct itself by the beginning of August. If you need it corrected sooner, please let your high school athletic trainer know. *