



Dear Fourth and Fifth Grade Families:

As part of the Kirkwood School District Health Curriculum and the Human Growth and Development Unit, students learn about the physical and emotional changes that occur during puberty and the functions of the reproductive and endocrine systems.

Within the Human Growth and Development Unit, fourth and fifth-grade students are separated by gender to view a video about puberty. Fourth-grade students watch either [Always Changing Puberty Education for Girls](#) or [Always Changing Puberty Education for Boys](#). Fifth-grade students watch [Always Changing Puberty Education Co-Ed](#).

Following the video, students will be given the opportunity to ask questions anonymously. Student questions are **only** viewable by the teacher. Teachers screen the questions and answer only those that are in alignment with the [Missouri Learning Standards](#) and [House Bill 501](#). We encourage students to speak with their families regarding all other questions.

We invite you to preview the video online to prepare you for any questions your student may have. You may also consider watching the video with your student at home as this may help to alleviate anxiety when watching the video with their peers.

As per Kirkwood School District policy, parents/guardians can choose to have their student/s excluded from viewing these videos and participating in related instruction. If you would like to opt-out for your student, please complete and return the lower portion of this form to your student's teacher.

Please do not hesitate to reach out with any questions or concerns.

Sincerely,

Justin Dibb
Brooke Hadler

Megan Doyle
Tori Tinsley

Jennifer Morgan
Brad Wilds

Clint Presley
Ana Tes

Sam Whiteley
Jessica Collins

Keysor
314-213-6120

North Glendale
314-213-6130

Robinson
314-213-6140

Tillman
314-213-6150

Westchester
314-213-6160

☐ I prefer that my student _____ not participate in learning within the Human Growth and Development unit and that they be provided with an alternate assignment.

☐ I prefer that my student _____ not participate in viewing and learning about The Always Changing Puberty Education video.

Student Name: _____ Parent/Guardian Name: _____

4th/5th Classroom Teacher: _____ Contact Email: _____