LFMS SPRING FOOTBALL 2026 Tryouts

When: April 27th - May 14th

Sign Ups: NOW

- Please use the QR code or this link (https://forms.gle/ZAvUsDYyCunUBkoP7) to access the google form.

- If you have any questions please contact Coach Gregory at Jgregory@bradleyschools.org

Spring Football: April 27th - May 14th please refer to the calendar on the back for times

Black and Gold Game: May 14th, 2026 @ 7:00 PM

Where:

- Lake Forest Middle School Field house

Cost:

- $20 for 3 week full equipment rental, this must be turned in before receiving pads
- This money can be turned into Coach Gregory during homeroom.

Why:

- This is used as our **TRYOUT**. We will be making cuts based on this 3 week evaluation. The only exemption for not being there is if you are playing on another Lake Forest team. (this does not include rec or AAU/travel sports)
- Full Pad/Full Contact camp where athletes can learn basic football skills and have fun.
- We will install our 2026 base Offense and Defense
- If you are on the fence about playing football, come out for 3 weeks and see if you like it!
- Spring football season will end with a Black and Gold scrimmage Friday, May 14th @ 7:00 PM. All athletes are guaranteed to see a good amount of playing time in this game.
- It is your choice not to attend spring football due to rec ball, select ball, or other activities. Preseason depth charts are determined based on spring football evaluations. If you aren't there that means that someone else is, and they are learning and getting better. Commitment is where success starts, and 3 weeks of your time is not a lot to ask if you want to be successful.

Physical information

- You must have an up to date physical in order to participate! You can get a **FREE PHYSICAL** on Saturday, April 11 from 9-12 at LFMS. This is free for our athletes!
- Your **Final Forms** account must be filled out completely before being able to participate.

MORE INFO ON BACK

Communication

- Our primary way to communicate with parents and players is through a text service called Remind please sign up for the appropriate remind for your student
  - current 6th grade- text: @6thsft to 81010
  - current 7th grade- text: @7thsft to 81010

APRIL

26	27 Spring Practice 4:30-6:30	28 Spring Practice 4:30-6:30	29 Spring Practice 4:00-5:30	30 Spring Practice 4:00-6:00		

NOTES

Notes: You must have a TSSAA sports physical to partipate in all school atheltics.
All Physicals must be uploaded to Final Forms
Final Forms must be Completely Filled out prior to particpating in any athletic event.

MAY

May 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 Spring Practice 4:30-6:30	2
3	4 Spring Practice 4:00-6:00	5 No Schoool No Practice	6 Spring Practice 4:00-5:30	7 Spring Practice 4:30-6:30	8 Spring Fling No Practice	9
10	11 Spring Practice 4:30-6:30	12 Lake Forest Honors Night No practice	13 Spring Practice 4:00-5:30	14 Spring Game	15	16

If you make the team there will be a list published on the field house door and in the cafeteria on May 15th