

# 2026 Jump Rope Workshop



MONDAY, MAY 4TH

from 6:15-8:30 at Cedar Elementary School

Join the Avon Aerial Orioles Jump Rope Team for a night to learn various jump rope skills.

- All skill levels and ages welcome - from kindergarten to adult
- Learn skills in single rope, long rope, wheel and double dutch
- Bring **tennis shoes, shorts, t-shirt, water bottle** and **a great attitude!**



**Register by April 20th**

**WHEN:** Monday, May 4th  
**WHERE:** Cedar Elementary School  
**COST:** \$40-includes rope and t-shirt

## Registration and Information

For more information contact Coach Jessica or Coach Matt at [avonaerialorioles@gmail.com](mailto:avonaerialorioles@gmail.com) or at 317-902-4719. If payment and registration not received by April 20th, shirt may not be available Online registration and payment. Scan QR code or visit <https://forms.gle/V8qerY99WFJRbqo27>

