

THE DISH



⊛ YOUR SCHOOL NUTRITION NEWSLETTER ⊛



April Staff Birthdays

Happy Birthday to our School Nutrition staff members!

Kori B. – SN Dietitian

Judy F. – GDS Kitchen Manager

Jenny F. – SN Substitute



UPCOMING EVENTS

WIN! Ala Carte Winnings Week!

April 20–23rd at MGHS only
Join us for hot lunch for a chance to win a free Bubblr, or other ala carte item of choice, all week long!

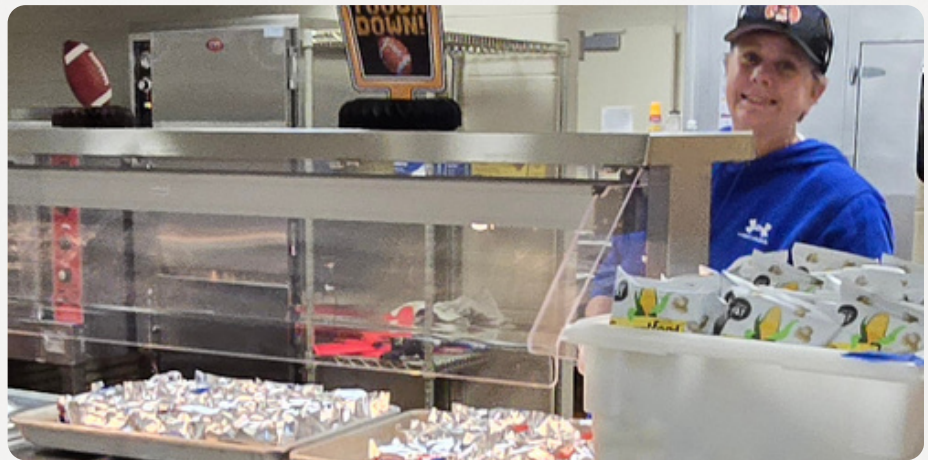
⊛ **Spring Community Dinner**

Thursday, April 30 5–7pm
Our Community Dinner will be at Granite Ridge School. All are welcome. See you there!



Wellness Policy Committee Meeting

Wednesday, April 29th, 5–6pm
Our first meeting will be on the 3rd floor of the MG District Office. This meeting is open to all interested staff & families.



Promotions in our Program

Why does the meal program have promotional days?

We celebrate state and national food-related celebrations and events to add fun into our meal programs. Sometimes this allows us to offer foods we don't regularly serve due to factors like cost, labor demands, or limited product availability. For example, we will be celebrating National Banana Day on April 15th with a fresh banana. Bananas are a popular fruit that we do not often include on the

menu because it can be difficult to predict their ripeness. Variations at delivery make it challenging to determine the best day to serve them when we write the menus.

We've learned that students of all ages enjoy these events! They break up our typical cycle menus. School Nutrition strives to participate in two to three promotional or celebratory events monthly. Be sure to keep your eyes on our menus to see what we are celebrating!

Message from the Dietitian

I hope everyone had a wonderful spring break! This season, we are excited to offer a mix of returning favorites and new menu items. Students can enjoy mini bagels at breakfast, along with chicken and cheese quesadillas and chicken alfredo pasta at lunch.



Local Feature

Spring Community Dinner

Our next Community Dinner will take place at **Granite Ridge School** from **5-7 pm on Thursday, April 30th**. This event is free for all attendees, though we accept cash donations to support future dinners. Our community dinner series is an excellent way for us to highlight partnerships with local growers and

producers in our school meal programs. We enjoy showing families what our programs are all about and what we offer to our students. Learn more about our upcoming Pizza Night themed dinner and RSVP to the event [here](#)! We look forward to seeing you there!



Past Community Dinners!



Food, Family, Fun!
Join Us April 30th



Photo by Chundou Her

Parent/Guardian Feedback Survey

School Nutrition wants to hear from you! Let us know what you think of school meals and what you would like to see more of by taking the survey below.

[LINK TO SURVEY](#)



Local & Scratch-Made

Our school nutrition team is committed to adding more locally sourced, fresh ingredients to our menus and preparing more meals from scratch for our students. These efforts help us serve food that is nutritious, delicious, and sustainable.

Our program is self-supporting and does not receive funding from the school district or local property taxes. This means student participation plays a key role in what we are able to offer. Every meal served helps us continue to grow and make positive changes for our community.

To support this work, we also offer popular items with consistently high participation, such as pizza and chicken nuggets, to help keep the program financially sustainable.

