



Sandra Day O'Connor High School 2026-2027 Athletic Clearance

The AIA requires all athletes to have athletic clearance for each school year prior to participating in tryouts/practices. All registrations must be completed through [RegisterMyAthlete.com](https://www.registermyathlete.com)

Required Documentation

- Proof of Insurance (must be uploaded each school year)
- Brainbook Concussion **AND** Opioid Education completion certificate - These are online courses that can be found at academy.azpreps365.com (once uploaded, remains valid for each year of high school)
- Preparticipation Physical Forms- Student physicals must be completed **on or after March 1, 2026** and **on the 2026-2027 AIA forms. NO EXCEPTIONS. All 6 pages of the physical must be uploaded to the student's Register My Athlete account.** Physical paperwork can be found at <https://aiaonline.org/files/16936/forms-157-a-d.pdf> at [AIAonline.org](https://aiaonline.org) or students may pick up a paper copy at the SDOHS Athletic Office.

Instructions For Returning Users:

If you already have a Register My Athlete account do not create a new one. Login to existing account

If you have never created an account:

- **Create an account:** Go to <https://www.registermyathlete.com> and then select "Create Account"

Register My Athlete Tech Support
Email Support: support@registermyathlete.com
Phone Support: 435-213-1601

<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
Tryouts/Practice Start Dates: 08/10/2026 <i>*See below for Football, Spiritline Dates</i>	Tryouts/Practice Start Date: 11/02/2026	Tryouts/Practice Start Date: 02/08/2027
*Football (08/03/2026) Flag Football (Girls) Cross Country 08/03/2026 Golf 08/03/2026 Girls Volleyball Swim & Dive Badminton (Girls) *Spiritline (07/27/2026) Beach (Boys)	Basketball Soccer Wrestling	Baseball Softball Tennis Track & Field Boys Volleyball Beach Volleyball (Girls)

Sandra Day O'Connor High School Athletic Department
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